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Cross Country

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spective, it is nice to work with someone who is very committed to the program and very committed to the process."

Fein will make his Oregon debut Oct. 10, at the Pre-NCAA Invitational in Lawrence, Kan. He sat out the Mountain West Invitational on Sept. 26 while he waited to become eligible to run.

"This will be his first race, so we'll know more about where he fits in on the team afterwards," Dellinger says. "I have yet to see him run, but going by the times he set a year ago I know he should help the team."

"Earning another all-American honor for cross country, as he did during his freshman year with the Badgers, is something Fein says he would like to do this season. His other personal goal is to work hard and improve his overall conditioning."

"It's a fairly individual sport," Fein says. "I want to keep improving on what I did in the past, and if I do that I'll be fairly successful. I want to bring more excitement to distance running. Hopefully, my role on the team will be to run my best and settle in."

However, Fein is more moved by the goal set by the team than by his personal expectations. He shares the desire with the rest of his teammates to win an NCAA title this season.

"Everyone on the team is focused on one goal: making a run for the National Championship and getting a trophy at Nationals," Fein says. "Everyone is focused on that goal. We have a great chance [to place high in the championships]. We have three cross country all-Americans and

Fein File



WHO: Steve Fein
FROM: Lenexa, Kan.

STATS: Enjoyed breakthrough track season in 1998 lowering his personal best in the 1,500 meters to 3:43 and 3,000 meters to 13:40 ... placed 37th overall at NCAAs as freshman ... finished 47th overall as a Badger last season

an additional track all-American. We're a really deep team, and the chances are good for the Nationals. We'll definitely make a run for a trophy."

Though Fein is not yet running for Smith, Fein recognizes the importance of Dellinger's 32nd and final season.

"There is a lot of excitement this season," Fein says. "That is why everyone is focused on the same goal. We're all teaming up to make this a memorable year for coach Dellinger; I think that's pretty special."

In 1996, Fein ranked as the top freshman in the NCAA following a 37th-place finish at the NCAAs in Tucson, Ariz. The next year he finished 47th overall at the NCAAs in Furman, S.C.

Last March, Fein finished fifth in the 3,000-meter event at the NCAA Indoor Track and Field Championships. In the Outdoor championships, Fein lowered his best time in the 5,000 meters to 13 minutes, 40.86 seconds at the Mt. SAC Relays in April, ranking third among collegians. Last June, he closed the season by finishing 14th in the NCAA Championships, and two weeks later

he placed third among collegians and eighth overall at the USA Track and Field Championships in New Orleans.

Besides following his coach, Fein says he enjoys the city of Eugene because a lot of attention is given to the sport of running.

"People don't run much in Wisconsin," Fein says. "Eugene offers a lot for distance runners. People here are extremely nice, and there is a lot of interest in the sport of running here. It is very motivating for an athlete to have support like that."

The Ducks have welcomed Fein to the team with open arms. He is even living with two of his teammates. He credits everyone on the team for making his move to Eugene as easy as it was.

"They're a great group," Fein says. "So far it's been a smooth transition process, and they made it be that smooth. They're a great group of guys, and I look forward to running with them. I want to run my best. I came in here with a new team and didn't know that many people. I just want to run my best and do well for the team and for the city of Eugene."

While Dellinger is coaching the team, Fein has continued to train with Smith as well as the team.

"Everything [Smith] does works exponentially over a period of time, so unless I get injured or something, I'm fine," Fein says. "He keeps me working exponentially on my fitness, so I'm just trying to keep my feet on the ground."

And Oregon's expectations continue to rise.



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Free one-pot samplers of Seattle's Best Coffee Bistro Blend to the first 40 customers at Erb Essentials convenience store.

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Today at The Marketplace: Orient Express

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Influenza vaccinations will be given at the University Center for faculty and staff every Wednesday, Thursday and Friday from 8:00 a.m. to 9:00 a.m. and for students Monday - Friday from 9:00 a.m. to 4:00 p.m. Beginning Wednesday, Oct. 14

Students \$3.50
Faculty and Staff provided by PEBB

Annual flu immunizations are recommended for the following:

1. Healthy persons 65 years or older.
2. Persons with long-term heart or lung problems.
3. Persons with any of the following: kidney disease, cystic fibrosis, diabetes, anemia, severe asthma and conditions which compromise immune mechanism.

Influenza vaccine may be given to persons wishing to reduce their chances of catching the flu, persons who provide essential community services and students or others in schools or colleges.

For more information, call the University Health Center at 346-4441