

Center holds eating-disorder screening

Counselors will be on hand to answers after the screening process

By Kari Thorene
Higher Education Reporter

The University Counseling Center is holding a free eating-disorder screening Wednesday as part of its Eating Disorders Awareness Week activities.

The awareness week is sponsored by the Seattle-based group Eating Disorders Awareness and

Prevention. This year's focus is adolescent and college-age women and their families.

The screening is a brief questionnaire, said Rachel Shephard, a counselor and University coordinator for Eating Disorders Awareness Week.

"Screening doesn't diagnose eating disorders; it indicates whether or not someone has a problem," she said. "Counselors talk to them about their problems and where they are in terms of seeking help."

Shephard said many people who don't have eating disorders may benefit from therapy.

"Problems with eating and feeling bad about yourself exist along a continuum," she said. "A person could be having serious problems, although not a disorder."

The counseling center offers both individual and group therapy for eating disorders.

More than 5 million Americans have eating disorders, and about 20 percent of those with anorexia will die from it, Shephard said.

Fifty percent of 9-year-old girls and 80 percent of 10-year-old girls have dieted, according to EDAP.

About one out of 10 people with eating disorders are men, Shephard said.

Because of limited resources, outreach efforts regarding eating disorders tend to focus on the 90 percent that are women, Shephard said.

The screening will take place Wednesday from 10 a.m. to 3 p.m. in the EMU Fir Room.

Robinson: Respected in capitol

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ian refugees. He published numerous articles, gave speeches, went on a highly publicized hunger strike and worked with members of Congress and other officials.

"In Washington, D.C., [Robinson] is highly respected for his frankness and integrity, as well as his longstanding commitment to justice," Gassama said.

Robinson received numerous awards and honors for his work, including the Martin Luther King Jr. Center for Non-Violent Social Change Humanitarian Award and the National Rainbow Coalition Inc. Hope Award. He was also an ABC World News Tonight "Person of the Week."

His lecture will take place Wednesday at 4 p.m. in 150 Columbia.

Greek system councils win awards for excellence

The Interfraternity Council won the award for overall excellence

By Michael Hines
Student Activities Reporter

The Oregon greek system tore through the Midwest like a tornado last weekend.

The University Interfraternity Council and Panhellenic Council each made an impressive showing at the Mid-American Greek Council Association Conference in Chicago.

The Interfraternity Council received recognition in seven of

eight programming categories and won the Jellison Award for overall excellence.

Oregon had never before won the Jellison Award, which was named after Dr. Bill Jellison, founder of the Mid-American Interfraternity Council Association, which was a predecessor of the Mid-American Greek Council Association.

"That award for the Interfraternity Council means that our IFC was better than all the other IFCs in the Midwest," said Interfraternity Council President Sam Bessey.

The 1997 Panhellenic Council, which sent four current officers, was recognized in five of eight programming categories, including academic achievement, leadership and educational development, self-governance and judicial affairs, membership recruitment and community service.

Oregon is part of the Mid-American Association because that association is stronger than the Western Association, Bessey said.

The conference attracted 1,100 students, the largest attendance ever.

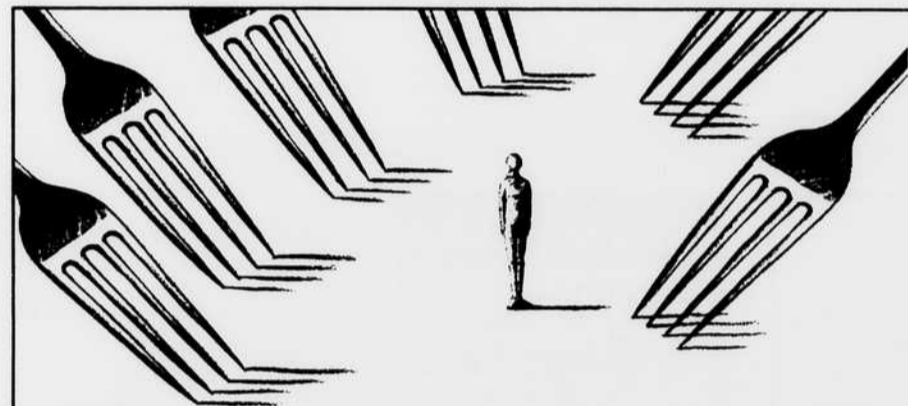
"It gained us quite a bit of re-

spect from the other schools," Bessey said. "It made Oregon look very good at the conference."

The awards, which were based on the 1997 councils, involved work by several Interfraternity Council members, Bessey said.

"Everybody on IFC worked toward this," he said. "There were a lot of hours put into it and it was nice to win it."

The Interfraternity Council beat out six other schools to win the Jellison Award, including Northwestern University, the University of Oklahoma and Ball State University.



Do you...
Weigh yourself every day?
Skip at least one meal a day?
Count calories and fat grams every time you eat?

Trapped by food?

Are food and eating a concern for you or people you know?

Plan to attend the following:

"It's What's Inside That Counts" Fair

EMU—Fir Room

Wednesday, February 25, 10 a.m. – 3 p.m.

Thursday, February 26, 11 a.m. – 2 p.m.

- Eating disorders screening
- See the life—size Barbie
- Get free massages
- Giveaways for aromatherapy, bath oils, candles, and flowers
- Plus people you can talk to and information you can use

Call 346-4456 for more info.

Shared Secrets Theatrical Presentations

Carson—Gold Room

Thursday, February 26, 7 p.m.– 8 p.m.

- Dramatizations of eating disorders, by Peer Health Educators. Followed by a panel discussion with various health professionals.
- Information on how to prevent and provide intervention for people with disordered eating.

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