

PIZZA!



One Large single topping
only
\$9.95!

FREE DELIVERY!

FIND OUT WHY OUR CUSTOMERS SAY IT'S
"THE BEST PIZZA IN LANE COUNTY"

call 334-5000

CHECK IT OUT!!

Not valid with any other
offer. Expires 2/28/98

2310 W. 11TH (NEAR CITYVIEW)

THE FRENCH HORN

L&L GROCERY

cafe • bakery • wine • produce

Show your student ID and receive 10% off
a lunch or breakfast item in the cafe

6:45am-6:30pm M-F • 7am-6pm Sat. • 8am-2pm Sun.

located in the L&L Marketplace

1591 Willamette 343-7473

Need to get rid of that old computer?
Get results with *Oregon Daily
Emerald Classifieds!*
Call 346-4343!



UO: Ducks drop 3 matches to Cal-State

Continued from Page 7
the fourth all season for the senior.

Oregon's deficit grew to 7-0, following a 9-1 major decision against David Perkins in the 126-pound match, before the Ducks began to chip away at Fresno State's lead.

Ensrud, wearing a bandage to protect a shoulder he injured two weeks ago, brought the crowd of 450 people to its feet with a forceful pin of 134-pound Ryan McInerney at two minutes, 30 seconds in the opening round.

The overpowering victory brought the Ducks within one point of the Bulldogs, and more importantly for Oregon, it set the tone for the remainder of the night.

"The match went about the way I wanted it to," Ensrud said. "I'm healthier than I have been in the last couple of matches, and I think that the whole team has done a better job of adjusting to the new weigh-in changes."

Dusty Roberts gave the Ducks their first lead of the match with a 10-3 win over 142-pound Alfredo Frausto. Roberts recorded a two-point take down just over a minute into the first round and nearly brought the house down with a near fall at 50 seconds.

"I haven't seen the numbers or anything, but I'm sure that this team is far ahead of last season's fall total," Finley said. "The guys have come through with falls and major decisions for us all season long. I think that's been the difference."

Daryl Christian and Sean Morgan kept the Ducks in front with

Oregon 28, FSU 13

- 118: Abas, FSU, 9-2 dec. Taylor, UO
- 126: Greene, FSU, 9-1 maj. dec. Perkins, UO
- 134: Ensrud, UO, pin McInerney, FSU
- 142: Roberts, UO, 10-3 dec. Frausto, FSU
- 150: Christian, UO, 6-2 dec. Cornish, FSU
- 158: Morgan, UO, 2-1 dec. DeCarli, FSU
- 167: Nelson, FSU, pin Keeney, UO
- 177: Lee, UO, 17-7 dec. Melior, FSU
- 190: Sonnen, UO, pin Rider, FSU
- Hwt: Polkinghorn, UO, 5-4 dec. Huff, FSU

a pair of slim, hard-fought victories at 150 and 158 pounds, respectively.

The wins increased Oregon's lead to 15-7 — just enough to avoid a major catastrophe by the Ducks as it turned out.

Markese Nelson recorded his 10th win this season with a resounding second-period pin of Oregon's Kevin Keeney. The pin narrowed Oregon's lead to just two points and seemed to bring an uneasy silence to the McArthur Court crowd.

But a commanding 17-7 win by Doug Lee at 177 pounds, and an authoritative 35-second pin by Chael Sonnen over Donny Rider in the 190-pound weight class, returned the rowdy crowd to its feet and brought Fresno State to its knees.

"I think we're all very happy

with the way this match went," said Sonnen, who recorded a team-high 10th pin this season. "We've been wrestling well the entire season, and we seem to be getting back into the groove at the right time. We wanted to be peaking at this point in the season, and I think that we're getting there."

Heavyweight Rich Polkinghorn sealed Oregon's 28-13 victory with a 5-4 decision over Demetrist Huff in the night's final match.

Oregon 27, Cal-State Bakersfield 11

The Ducks lost only three of their 10 matches to Cal-State Bakersfield on Friday, en route to a decisive 27-11 win over their Pac-10 rival at McArthur Court.

Chael Sonnen, the conference's third-ranked wrestler at 190 pounds, recorded his ninth pin of the season just 45 seconds into the first round to give the Ducks a resounding 27-6 advantage over the No. 25 Roadrunners with one match to play.

Earlier, 150-pound Daryl Christian, 158-pound Sean Morgan and 177-pound Doug Lee all recorded major decisions to widen the Ducks' slim three-point lead after three matches into 15 points with only two to play.

Jeremy Ensrud earned a 5-1 victory over Mike Mendoza in the 134-pound weight class, while John Taylor and Dusty Roberts also recorded decisions at 118 pounds and 142 pounds, respectively.

The loss dropped the Roadrunners to 5-2 overall and 3-1 in the Pac-10.

Health Education Workshops Winter 1998

The following workshops are available, free of charge, to currently enrolled U of O students.
Call 346-4456 to register.



Smoking Cessation

Quit smoking this term and celebrate life as a nonsmoker. This 6 week workshop is open to those who want to quit and those who have already quit. Identify triggers to smoke, learn to overcome urges, adopt alternative behaviors, and address fears about possible weight gain.

Tuesdays, 4:00-5:00pm
January 27-March 3
Health Center Medical Library



Easy Vegetarian Cooking

Learn about and prepare quick and healthy meals. The menu will feature dishes from various ethnic cuisines. Come ready to cook and dine.

Mondays, 4:30-6:00pm
January 26-February 16
Health Center Cafeteria



Relaxation Series

Give yourself a break at this relaxation series. Learn about and experience a variety of relaxation techniques such as progressive relaxation, deep breathing and time management. Plan ahead and be there on Wednesdays.

Wednesdays, 4:00-5:00pm
January 28-February 11
Health Center Medical Library



Weight Management

Increase energy, motivation and enthusiasm for life! Heighten self-confidence and learn habits for becoming physically and mentally fit including nutrition, cooking and exercise tips.

Wednesday, 12:00-1:00pm
February 4-March 4
Room 264, Health Center Cafeteria



Walking

A step in the right direction! Join us, rain or shine, for a half hour of low impact exercise.

Fridays noon-12:30pm
Beginning January 30
Meet in front of the Health Center on 13th Ave.

Call 346-4456 to register or stop by the Peer Health Education Office on the first floor of the University Health Center.

UNIVERSITY
HEALTH CENTER
We're a matter of degrees ♦

Open daily 8 a.m. to 6 p.m., except Tuesdays (9 a.m.) and Sundays (10 a.m.).
Appointments: 346-2770 • After hours: 346-4441 • Web: darkwing.uoregon.edu/~uoshc