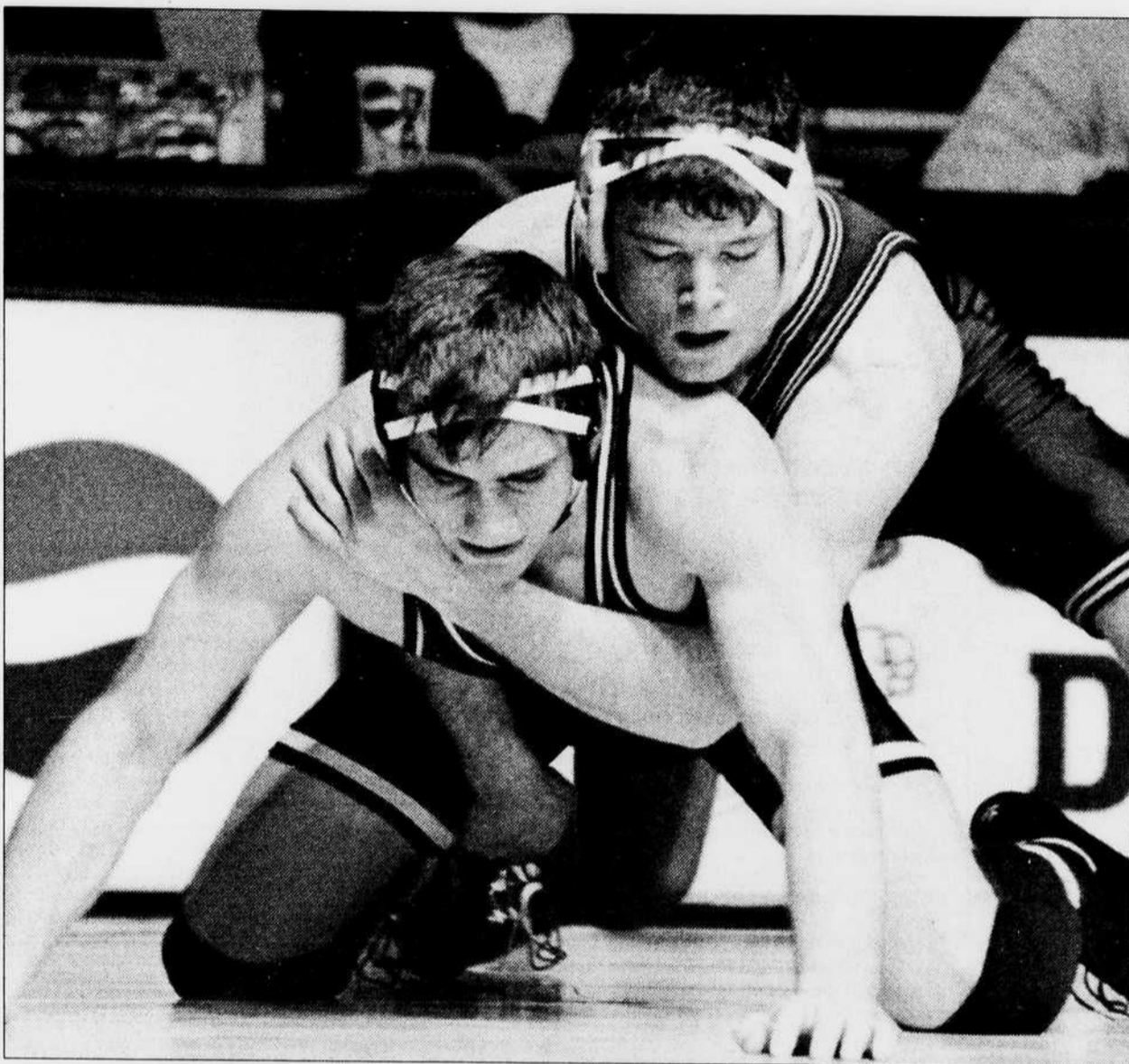




NBA:
L.A. Lakers at Phoenix,
TBS (3), 5 p.m.

NCAA CHANGES



CHAD PATTESON/Emerald

Daryl Christian (top), who scored a major decision over Lock Haven's 150-pound Dave Murray at McArthur Court on Jan. 10, is one of the Oregon wrestlers who now has to abide by the NCAA's new weigh-in policy.

Wrestlers adjust to NCAA rule changes

The NCAA's latest rules ban the use of saunas, rubber suits and diuretics for weight loss

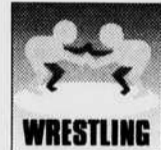
By Joel Hood
Sports Reporter

Oregon's Daryl Christian has to work out in a 90-degree room, four nights a week, to trim down to his wrestling weight of 150 pounds. He has to run, he has to lift and now, following a new NCAA weigh-in rule passed last week, he will have just two hours to replenish his body before competition.

Fueled by the recent deaths of three wrestlers trying to make weight, the NCAA announced rule changes last Tuesday that put new restrictions on the ways wrestlers can drop pounds before compe-

tion.

Among the changes that are currently in effect are restrictions on the ways wrestlers can cut weight. Wrestlers may not use saunas for water loss, and rubber suits and diuretics cannot be used for any reason.



The NCAA has already barred laxatives, fluid restriction, self-induced vomiting, hot rooms, hot boxes and steam

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"The rule certainly bit us hard. It's hard to make a big change like that ..."

Rich Polkinghorn
University wrestler

Madden likely to play in Arizona game

Forward Henry Madden sat out Monday's practice as a 'preventative measure,' head coach Ernie Kent said

By Chris Hansen
Assistant Sports Editor

Forward Henry Madden sat out Monday's practice with a slightly sprained right wrist that he injured Saturday against Washington State on a hard foul by Cougar center Leif Nelson.

Sitting out practice is a preventative measure, said head coach Ernie Kent, who doesn't expect the team's leading scorer to miss Thursday's game against defending national champion Arizona.

The play occurred in the first half when Madden was going up for a dunk on a fast break. Nelson slammed into Madden, sending him to the floor. Nelson was charged with an intentional foul, and Madden converted both free-throw attempts.

Madden came back in the second half to score 12 of his 18 points, making all five of his field-goal attempts.

More Madden

One of the forward's second-half baskets was a hard-fought layin in which he was fouled by Washington State forward Carlos Daniel. After the play, an emotional Madden turned toward a group of players and unleashed a verbal diatribe.

Madden was hit with a technical foul by the referee, who thought he was talking to Daniel. Madden claimed he was talking to teammate Jamar Curry.

The incident occurred two plays after Daniel and a teammate emphatically bumped chests after a Daniel dunk.

After the call against Madden, Kent got into a colorful exchange with the referee.

"My comment to him was, 'These are athletes of the 90s. Sometimes athletes of the 90s trash talk each other,'" said Kent, referring to players on the same team. "You see it a lot where guys are bumping chests and knocking each other around."

If you need any proof of that, watch Oregon's starting lineup get introduced before the game.

But Kent said that his team will not trash talk opponents.

"We don't do that," he said. "I'll sit a guy in a minute if I see anything like that."

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University officials complete athletic department study

The NCAA study's purpose is to "open the affairs of athletics to the university community."

By Ryan Frank
Sports Editor

Members of the University administration have completed a self-study of the athletic department for a new Division I Athletics Certification that was instituted following the 1993 NCAA convention.

The 400-page report was scheduled to be available for public access in the Knight Library's Reserve Room on Tuesday afternoon, but according to Duncan McDonald, University vice president for public affairs and development and the director of the committee, the release was delayed until 9 a.m. Wednesday morning because of scheduling difficulties.

The self-study mandated by the NCAA

has four evaluation sections: governance, academic integrity, fiscal integrity and equity.

Each sub-committee was led by a member of the University faculty. Ralph Barnhard, assistant head of the chemistry department, led the governance committee; Martha Pitts, director of admissions, academic integrity committee; Sherri McDowell, director of business affairs, fiscal integrity; and Ken Lehrman, director of affirmative action, equity.

"I feel as if the University athletic department looked very good," McDonald said in a phone interview Tuesday afternoon.

McDonald said he did not want to dis-

cuss the specifics of the report, but he did mention that the study revealed that the graduation rate of student-athletes is higher than the graduation rate of the overall student body.

The report will next be reviewed by a peer review team, chaired by Utah State University President George Emert, when they visit the University April 7-10.

The NCAA has three options when evaluating the University: certified, certified with conditions and not certified.

Through last year, 120 of the 305 Division I universities had gone through the self-study process and been reviewed by

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"I feel as if the University athletic department looked very good."

Duncan McDonald
University vice president