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Duck: Hebert is an emotional leader

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"We try and use Stacy to shut down anybody on the other team," Oregon head coach Bill Steffen says. "Because of her athleticism, she's not going to get beat by many people as far as speed goes."

"It's a challenge, a different kind of challenge. I think Stacy looks at it that way. She gets to try and shut down the other team's attackers. And put in that mentality, I think it's kind of understandable. She likes to have that kind of a challenge."

Hebert says she likes the opportunities that playing in the midfield provide, but is comfortable as a defender.

"Since I've played so much at both I can't say I prefer one or the other," Hebert says. "I like to get into the attack, and at midfield I can do that, but I get to play defense also. But I like my role as a defender, where I like marking a man and having that person be my challenge. That person is my person to beat."

Besides being blessed with superior quickness and an uncanny defensive ability, Hebert was

blessed with a strong set of vocal chords, something that is important as a captain and something she often puts to use as one of Oregon's main defensive leaders.

"We have strong team unity, so I don't feel like I'm a leader over anyone else," she says. "I happen to be loud and talk a lot, so that part comes into play, where some people come to me and I'm the one who voices the opinion of the team."

It is safe to say Hebert is the emotional leader on the team.

"A lot of times while we're playing we'll get into a mode where we're just playing — kind of like just going through the motions," she says. "I try to help us get out of that by encouragement, by being just crazy out there, talking loud and that type of thing."

"As a defender, I see a lot of the play going on, so it's my role to make sure that I'm talking to the people in front of me about the game, about what's going on."

Hebert is always focused on the field, and she must take that focus off the field to survive an

always-busy schedule as she pursues a business degree as well as performs at an above-average level in two sports.

So, how does Steffen feel about his star defender jumping to the track during the spring, which results in less concentration on spring soccer drills?

"Track is about getting faster, getting fitter, there's no problem with that," he says.

In fact, Steffen seems as if he is rather amazed that Hebert can handle the pressure of being a two-sport athlete and a student.

"It's a credit to her as an individual that she's able to coordinate her time that well," Steffen says.

The fact that she can play two sports was one of the main reasons Hebert finds herself in Eugene today.

"I looked at this school for track and the soccer program was just starting up," she says. "I really wanted to do both. Oregon was kind of iffy. I didn't know if I was going to come here or not, but then they did get the [soccer] program so I decided to come here."

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