

The birth control pill that's in tune with your body. And your skin.

Ortho Tri-Cyclen® is the only contraceptive proven to
help eliminate blemishes and maintain clear skin.

Ortho Tri-Cyclen is clinically *proven* to treat acne in women 15 or over who have reached menstruation, are seeking contraception, have no known contraindications to birth control pills, and who are unresponsive to topical acne medication.

In fact, nearly 9 out of ten women tested saw significant improvements in their skin. Because this pill lowers the levels of hormones that are likely to cause acne. Now that's a clear benefit. And so is this: Ortho Tri-Cyclen gives you the right amount of hormones throughout your cycle to prevent pregnancy—delivering three levels instead of just one. So you get the lowest dose possible—much lower than the pills of the 1960s.

What's more, Ortho Tri-Cyclen is *more than 99%* effective when taken correctly. Also, pills like Ortho Tri-Cyclen work with your body to reduce cramps, increase regularity, and lighten your flow.

There is evidence that they might actually provide women with protection against developing ovarian cancer and cancer of the lining of the uterus. In addition, the Pill may decrease the incidence of acute pelvic inflammatory disease—a condition which, if

left untreated, can cause infertility. Iron-deficiency anemia and ectopic pregnancies may also occur less frequently. The Pill does not, however, protect you from sexually transmitted diseases.

Of course, oral contraceptives are not for everybody. Most side effects of the Pill are not serious. And those that are, occur infrequently. Serious risks, which can be life threatening, include blood clots, stroke, and heart attacks, and are increased if you smoke cigarettes. Cigarette smoking increases the risk of serious cardiovascular side effects, especially if you're over 35. Women who use oral contraceptives are strongly advised not to smoke.

Some studies have reported an increase in the risk of developing breast cancer among women who use oral contraceptives. However, the majority of studies have found no overall increase in this risk.

You should talk to your doctor or health-care provider about how this risk relates to your use of the Pill. Some women should not use the Pill, including women who have blood clots, certain cancers, a history of heart attack or stroke, as well as those who are or may be pregnant.



Ask your doctor or healthcare provider or
call now for your free Ortho Tri-Cyclen Information Kit.

1 800-472-9056

See additional information on following page.

ORTHO • CARING ABOUT WOMEN'S REPRODUCTIVE HEALTH FOR OVER 50 YEARS