

# CLUB SPORTS

## Crew has successful tune-up for Pac-10s

In its final tune-up before this weekend's Pacific-10 Conference Championships, the Oregon crew club won four of 10 events in a regatta on Dexter Lake, its practice facility in Lowell.

One of the losses came in the novice women's lightweight eight where the Oregon boat was leading Humboldt State by a comfort-

able margin, only to break an oarlock with 150 meters left.

Oregon's four wins came in the varsity men's open and lightweight four, the open eight and the novice women's open eight.

"The men did a really good job, and it's a shame the novice women's eight didn't win," head coach Phil Holmes said. "But overall, everybody came through really well."

Next weekend's Pac-10s are in

Sacramento, Calif., on the American River.

## Baseball takes one of three in playoffs

After a successful opening game in the Pacific Coast Conference Tournament Friday, the Oregon Club baseball team dropped the next two to finish the weekend 1-2.

Friday morning against Western Washington, the Ducks were

down 3-2 in the bottom of the seventh when a Ry McGuckin base hit scored Matt Palaferri to complete a two-run rally.

Mike Ross allowed 11 hits and three walks in seven innings. The win pushed Ross' record to 6-2.

Game 2 Saturday morning featured a starter making his pitching debut for Oregon.

Pete Champion pitched well, allowing four hits and three runs while striking out eight in six in-

nings. However, the Ducks' offense could muster just two hits against Southern Oregon pitching and lost 3-0.

Sunday was a rematch with Western Washington, and it was a slugfest. A six-run fifth inning by Western put the Ducks down 8-6, but they fought back and took an 11-10 lead into the bottom of the seventh.

— compiled by Rob Moseley and Jesse Sowa

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## Howell: More to her life than the javelin

Continued from Page 5

"I'd like to sometime say NCAA champion or go to the Olympics," Howell said. "For right now, I try not to overwhelm myself with that kind of thing and work one meet at a time."

Coming into the year Harmon set a goal for Howell to throw 165.

"I was a little shocked," Howell said. "That's a big improvement."

Howell's not far from that goal now and will have ample opportunity going into the final month of the season. The Oregon Twilight and Pacific-10 Conference Championships will provide good competition for Howell, who currently has the third best conference mark of the season.

And Harmon says it is Howell's character that will help her achieve those goals.

"She has the character of a winner and isn't afraid to excel and isn't afraid to fail," Harmon said.

"I think she's fully capable of being one of the nation's best throwers. She's got all the tools and she's got the right attitude."

Her teammates have had a lot of impact on her success this season and that has translated to a winning environment on and off the field.

"I could not ask for any closer, more wonderful people," she said. "We're there for each other in every aspect of our lives."

Howell said the closest friends she's ever had are fellow javelin throwers Katie Pearmine, Tasha Cooper and Jennifer Cutburth.

"I do believe that's one of the reasons that I'm having a successful year, because I'm happy," she said.

"If I were somewhere else, I really don't know if I'd be doing this well because I like to be happy."

Her parents have been particularly supportive this year by attending every meet except the Drake Relays in Des Moines, Iowa.

"That's been really nice having that support and that comfort zone," she said.

For now Howell would be happy with a good showing at the Pac-10 meet, but if others throw well, she won't let it bother her.

"It's not just the javelin all the time. I go to practice and I throw. When I'm not at practice, I don't really think about it too much," she said.

"I don't like letting it consume my life because I want other things that are important to me."

Howell is leaning toward a general science major with minors in exercise and movement science and mathematics. She would like to be an occupational therapist, physical therapist or physician's assistant.

"I love people, and I really want to be in an environment where I can help other people," she said.

But before Howell starts helping other people, she has three years left to help the Ducks.

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