

# Natural remedies to be provided

■ **HEALTH:** Cranberries and garlic are available as dietary supplements

By Doug Irving  
Community Reporter

The University's Student Health Center is experimenting with drugs.

Natural drugs. Like cranberries and garlic.

The Health Center is providing natural remedies to students who would like to try them, said Heather Wilson, the director of the center's pharmacy.

"There's a lot more interest in our biochemistry and what people did before the drug industry," she said. "What they did is this."

However, these natural medicines are not meant to replace

necessary treatments, she said. Instead, they should be used as dietary supplements.

"The danger is people would seek other remedies and not get help," she said.

Nonetheless, natural remedies are drawing interest throughout the medical industry, Wilson said.

Cranberries become especially popular during the holidays. But few people realize they may acidify urine, helping cure urinary tract infections, according to the Lawrence Review of Natural Products.

Echinacea, a flower that is fairly common to Eugene, has become one of the more popular remedies at the pharmacy, Wilson said. According to the Lawrence Review, this flower

has been thought to stimulate the immune system.

However, pharmacological agencies can rarely prove the medicinal value of these plants. Because of this, they are marketed as "dietary supplements" and should be used as such, Wilson said.

"We would like to stock things that won't hurt you," she said. "We feel that it won't hurt you. The problem is the standardization."

Long before Advil and Tylenol, people used natural remedies to cure their ailments. Today, many people are coming back to these cures as a way to get back to nature, Wilson said.

"It's a little like hocus-pocus," she said. "But it's not bad hocus-pocus."

## Film Club unites interested students

■ **MOVIES:** The new organization brings together people who were displaced after the elimination of the UO film department

By Tom Potter  
Student Activities Reporter

Students wanting to make movies will now have the opportunity to learn about the film industry, thanks to a new club at the University.

The ASUO Film Club has recently been established to give students a chance to share equipment and resources so film projects can be made.

"The club is operating as a resource for students who want to get into the film industry," said Erik Golts, vice-president of the Film Club.

Golts and Film Club President Alex Calle decided to start the club because of their interests in making a small movie.

"We basically just wanted to make a movie, so we decided to start a club," Golts said. "Also, [we did it] to help other people make their movies, and then we realized that a lot of other people were interested in it."

Another reason they started the group was because the University got rid of the film department after Measure 5 cuts, Calle said.

"The film industry is picking up a lot here in the Pacific Northwest," Calle said. "We thought it would be great because the club can fund raise and network."

The club is open to all students, and club members have a broad range of interests. There are already

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about 25 students who have interests such as producing movies, writing for film, animating films, using computers in movies, and making documentaries.

Organizers said they want to bring in speakers to talk about different aspects of film, including topics such as how to use an 8-millimeter camera.

The ASUO Student Senate approved the club's goal statement, making the group eligible for a budget. Club members said they will also try to fund raise to get money for their projects.

Fund-raising projects will include contacting local companies to donate older equipment or supplies to the club and talking to University alumni in the film industry to try to get them to donate as well.

"If we can get some space and have an editing room, and if there is a lot of support, the ultimate goal would be to get the University to start the film department again," Calle said.

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