

INDEX

Opinion	2
News Digest	3
News	4
Sports	9
Classifieds	10
Crossword	11

TODAY

The Cultural Forum will present the film "Night of the Living Dead" at 11 p.m. on the EMU East Lawn or Willamette 100 in the case of rain.

INSIDE

England native Ali Napier leads the Oregon women's tennis team into the 1996-97 season

Warsaw Sports Marketing Center helps promote Special Olympics Summer Games, wins award



WEATHER

Clear and Cool.
High 60. Low 40.

University of Oregon
Eugene, Oregon

Oregon Daily Emerald

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Lack of light may sadden some students

■ **DEPRESSION:** November workshop attempts to shed light on doldrums

By Tom Potter

Student Activities Reporter

Rainy days are here again.

And with those rainy days come depression for some students. Depression resulting from gloomy weather is known as Seasonal Affective Disorder.

Helping students to understand the disorder and treating it will be the purpose of a workshop being put on from Oct. 31 to Nov. 13.

The workshop was developed by Peer Health Educator Amy Erenberger to help those who suffer from SAD.

Participants will keep a journal of how they're feeling so they can see if problems develop throughout the course of the workshop. Treatment also will consist of using light therapy, where participants will be exposed to doses of light throughout the three weeks. The workshop may include one-on-one counseling if problems resulting from SAD are severe enough.

"My particular interest [in SAD stems] because I suffer from it," Erenberger said.

Erenberger said she noticed she suffered from it when she moved back to Arizona for the summer and her energy levels increased.

The disorder, which mainly affects females, can cause fatigue, weight gain and depression. The cause of the disorder is linked to not getting enough sunshine in higher latitude areas.

"Most people just go on living with it, but I think that people should be aware," Erenberger said. "[They should] get their energy levels increased because it's a real rut."

Representatives from the Health Education Office can be reached at 346-4456.

You can still vote by absentee

Some tips on voting absentee:

■ Contact the county elections office to make a written request for an absentee ballot. It's rapidly becoming too late to mail a request; some counties will accept a faxed request, others may require voters to stop by.

■ Return the completed ballot by mail only if it will arrive by Nov. 5. Otherwise, drop the completed ballot off at any polling location, or drop it by the elections office anytime between now and 8 p.m. Nov. 5.

**Vote
1996
November Election**

THE ROAD TO THE WHITE HOUSE

"The great state of Oregon will put the Democrats over the top."

Al Gore speaks on campus



Vice president Al Gore spoke to a crowd of about 4000 people at Mac court, Tuesday morning. The speech, aimed at college students, focused on education and President Clinton's legislative record of the last four years.

PHOTOS BY MATHEW STIFFLER/Emerald

The Vice President makes a campaign stop at McArthur Court

By Doug Irving

Community Reporter

McArthur Court has always been known as a loud place.

It was deafening Tuesday when Vice President Al Gore took the stage.

The crowd of about 4,000, mostly students, roared with applause. Red, white and blue balloons fluttered up from behind the podium. Posters supporting Clinton and Gore shook everywhere. "12 years more for Al Gore," one sign proclaimed.

Gore's speech was directed at college students, and he concentrated mostly on political issues. America is thriving under a Democratic administration, he said.

"We're making progress, ladies and gentlemen," he said. "We're moving in the right direction."

He pointed to lower poverty rates, lower unemployment, lower crime rates and reformed health care as examples of his and

President Clinton's successes.

"We were in a mess in America [four years ago]," he said. "It was clearly time for change. Change came to Oregon; change came to America."

Gore also spoke at length about higher education, describing the differences in Republican and Democrat plans. For example, Republicans want to cut higher education grants, Gore said.

About 8,000 University students are currently on federal financial aid, Gore said.

"[Republicans] don't know you," he said. "We are at the dawn of a new era. [Democrats] want to invest in your future."

He offered two proposals to expand access to higher education. Hope scholarships would allow a \$1,500 tax credit over a two-year period for a student's tuition at

Turn to GORE, Page 8



Governor Kitzhaber (left) and Rep. Peter Defazio watch on as the vice-president speaks during Thursday.

Backpacks reported lost after Gore rally

■ **THEFT:** Students claim their bags were left unguarded, and several say belongings vanished

By Katie Yahns

Freelance Reporter

Vice-President Al Gore was very well guarded at McArthur Court Tuesday morning.

The possessions of thousands of students were not.

Chaos erupted after Gore's speech when University students and faculty left the arena to find their backpacks, classwork, wallets and other personal belongings strewn along the side halls of the court. People searched up to 30 or 40 minutes for their possessions.

About four backpacks, along with several wallets and stacks of books, remained unclaimed after most people had left the

Turn to THEFT, Page 8



People watch Al Gore's speech, unaware that their backpacks and wallets sit unprotected outside in the hall.