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TODAY

Don't forget to pick up a ticket at McArthur Court or the Casanova Center for this Saturday's Washington football game.



INSIDE

The University Outdoor Program is among many groups that offer a biking experience

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The Women's Center is sponsoring a three-day Women's Health Symposium that begins today

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WEATHER

Scattered Showers.
High 50. Low 60.

University of Oregon
Eugene, Oregon

Oregon Daily Emerald

An independent newspaper
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Religious debate ensues on EMU Courtyard lawn

■ **MESSAGE:** Some people were upset by the group's portrayal of morals

By Tom Potter
Student Activities Reporter

Yesterday on campus, preachers and students locked in a battle about ideas, lifestyle and what is deemed morally right.

A group of men who "believe in the gospel of Jesus Christ," including "Bible Jim" Webber, visited the University Monday afternoon in the EMU Courtyard. They said their goal was to reach students with their message.

"We believe that university campuses are where the future leaders are," said Nathan Lawrence, a gospel supporter from Portland. "What happens on campuses, philosophy and so forth will shape the societies of the world."

Although the group tried to preach their message to students, some students said they felt the group was only damaging.

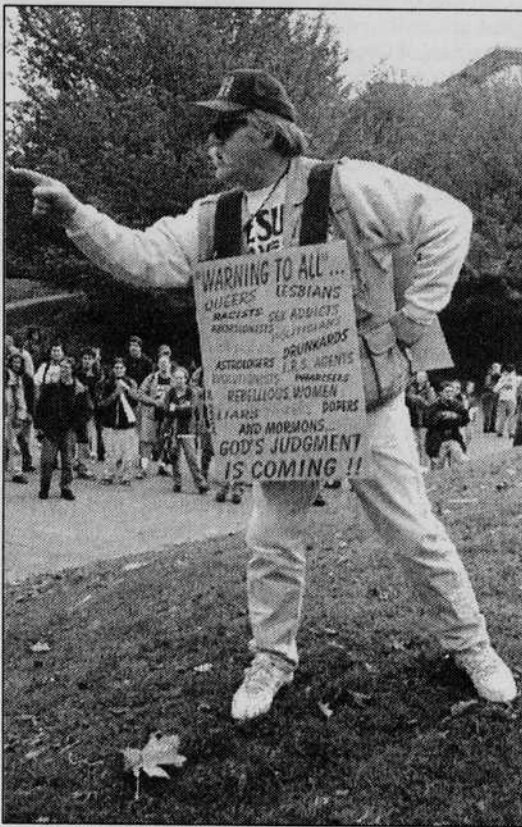
"I think that [Bible Jim] has the right to stand up there and make as big a fool of himself as he wants to," said Michael McCarthy, a gay alum of the University. "The problem is when they engage in a free speech lynching of people like me."

Students with religious convictions said they felt the preaching did not really follow what Christians believe either.

"I'm a Christian on campus, and frankly, it's a little unnerving," said Bill Reid, a graduate student. "It's completely contradicting everything Christians stand for."

One University student said he felt the preaching forum was healthy as long as the ideas presented could be

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Jim Webber, a.k.a. "Bible Jim," returned to campus to one of his biggest crowds ever. Webber makes a yearly appearance at the University where he preaches salvation and judgement to a usually uncooperative crowd.

PHOTOS BY MATHEW STIFFLER/Emerald

Students' vote needed, Wyden says

■ **RALLY:** The Oregon Senator spoke to more than 50 students in the Fir Room in the EMU yesterday

By Jennifer Schmitt
Community Editor

The presidential election this year will be important in defining priorities for the 21st Century and students need to use their voting power to make education a top priority, said Senator Ron Wyden at a Rock the Vote Rally on Monday.

"We've got to make sure that people understand the measures. We've got to make sure that people understand the stakes," Wyden said to a group of over 50 students in the Fir Room in the EMU. "We need a congress that finally gives students a fair shake. It is critical that education does not get thrown overboard this time."

Wyden said students need to focus on three things to make the election a success. He urged students to read about the ballot measures and the politicians running for office. He told students to get other students "pumped up" about getting involved and voting and reminded students to go to the polls to vote.

"I think a lot of people may be confused since we just had a vote-by-mail election," Wyden said. "But everyone needs to go to the polls to vote. Just remember that."

State representative Cynthia Wooten stressed the importance of students using their votes to improve Oregon education and keep public schools from "becoming country clubs for the rich."

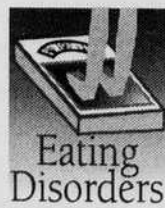
"Oregon contributes the least of any state in the United States to education," she said. "No other state contributes as little as Oregon. And I think that is a shame."



WYDEN

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Raising self-esteem key to ending disordered eating, say health experts



Eating Disorders

■ **FRIDAY:** Recognizing & understanding eating disorders
■ **MONDAY:** Getting Help
■ **TODAY:** Preventing Eating Disorders

■ **WEIGHT:** Images of Kate Moss and many other thin models shown in the media can distort women's views of their own bodies

By Angie Suchy
Student Activities Reporter

Preventing disordered eating sounds easier than it is, experts say.

Counselors and doctors at the University agree on who is affected most by disordered eating: women.

Self esteem and the ability to cope with problems are key to eating healthy, health experts say.

"Though there are a variety of influences — emotions, interpersonal relations and other stressors — many women tend to transfer negative feelings to body image," said University Nutritionist Kristen

Olmos.

Food as a way to ease stress may be a difficult thing for women to overcome, but doctors emphasize the need for a revised approach to how society as a whole views women.

"University women are influenced by the societal emphasis on beauty," said Judy Sonnenburg, University psychologist and eating disorder specialist. "Society conveys the message that in order for young women to be beautiful, they need to have the proportions of [model] Kate Moss."

Women also equate thinness with happiness, Sonnenburg said. But women who lose weight and show all the symptoms of disordered eating typically end up in a worse emotional state than before the disorder, at which point they usually admit their disorder and seek help.

"Women often ask for help in regaining the nor-

malcy of their approach to food and themselves," Olmos said.

But women's body image tends to be the most important aspect of their self-esteem, Olmos said. In order for women to shift focus away from their looks and instead view the merits of their achievements as markers of success, society has to place less emphasis on women's beauty.

"Women tend to receive compliments on how they look rather than their successes," Olmos said. "With this kind of feedback, women are always subjected to 'lookism.'"

Student Health Center literature suggests that combating negative personal feelings can be done by educating young people about advertising strate-

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