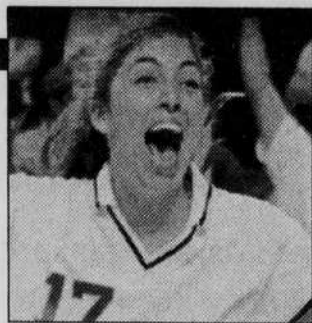


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TODAY

Senator Ron Wyden will speak at 3:00 p.m. in the EMU Fir Room to encourage students to vote in the Nov. 5th election.



INSIDE

Women's volleyball beats out Oregon State in five-game Civil War

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University library system offers discussion series on technology and the workplace

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WEATHER

Light rain.
High 60. Low 50.

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OSPIRG members clean river

■ STREAMWALK: Native plants also brought back to the Willamette's banks at this year's clean-up

By Kristin Bailey
Student Activities Editor

Armed with trash bags, clippers and a lot of water-proof clothing, OSPIRG volunteers took to the river Saturday in their second annual Streamwalk Project at Alton Baker Park.

"The river bank needs some work," University Streamwalk Organizer Kristin Lee said. "There's lots and lots of trash that accumulates with city life. And [last] February's floods carried stuff downstream."

OSPIRG members from both the University and Lane Community College also worked on removing invasive plants and non-native species — such as scotchbroom, Himalayan blackberries and ivy — from areas along the river bank at Alton Baker Park.

"We're trying to preserve and renew the native habitat here," LCC Streamwalk Organizer Amy Carlson said. "Scotchbroom was brought into Oregon for road stabilization. But between the birds and people carrying it on their shoes and clothes, it has spread everywhere. We're trying to prioritize some areas [at Alton Baker Park] with native habitat. In spring, native species will hopefully have a chance to compete."

The volunteers organized Streamwalk in conjunction with a local environmental education group called Nearby Nature and Alton Baker Park officials.

"Streamwalk is basically about restoration," Streamwalk Project Leader Michael Rounds said. "A lot of these people out here are environmental studies majors just trying to keep Alton Baker Park nice so hikers and bikers don't see a lot of trash. The idea is also to get to a point where native species can get a foothold and fight."



OSPIRG volunteers Aaron Foster (left) and Gil Koresh remove non-indigenous plants from the forest floor during the second annual Streamwalk project.

Volunteers armed with clippers cut away at some of the invasive plants. Although the fight against the obtrusive plants will be an on-going battle, Rounds said he hopes the work will be worth the trouble.

"We're just trying to even up the odds," he said.

Community members also pitched in to help OSPIRG. Local donors provided the group with juice, bagels and some money.

"It was thrown together real quick," LCC Streamwalk Coordinator Trevor Russell. "We're pretty happy. We got a lot of good support."



Student organizer Amy Carlson removes scotchbroom from Alton Baker Park during Saturday's Streamwalk.

Photos by ANDREW BRACKENSICK/Emerald

Help available for all eating disorders

■ SERVICES: Counseling Center and Health Center offer necessary support and information to people dealing with food issues

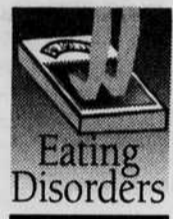
By Angie Suchy
Student Activities Reporter

Recording thoughts in a journal may not seem therapeutic to some, but it's just one way to recognize negative thoughts that go hand in hand with disordered eating.

Free services available on campus suggest a variety of methods — journal writing, setting small goals, talking about image problems and meeting with other students with the same problems — to help individuals gradually overcome their disordered eating patterns.

"We help women get back in touch with eating in response to hunger," said Britta Dinsmore, psychology doctorate student and eating disorder specialist. "And to accomplish this, women have to move at their own pace."

University students with disordered eating typically know they have a bad approach to food and go to either the University Counseling Center or the University Health Center to seek help, Dinsmore said. But many students with disordered eating patterns first go to the health center due to physical ailments that are a result of an eating problem. Signs may include dizziness, inability to concentrate, preoccupation



■ FRIDAY: Recognizing & understanding eating disorders

■ TODAY: Getting Help

■ TUESDAY: Preventing Eating Disorders

Turn to SERVICES, Page 6

Activists will talk tonight about stopping sweatshop conditions

■ STRUGGLE: Speakers hope to bring attention to the problems of unfair pay and working situations

By Angie Suchy
Student Activities Reporter

Global sweatshops may be the current media buzz, but four Latin American activists say they want to divert attention to stopping the sweatshops and striving for economic justice.

Tonight three women activists from the Authentic Workers' Front will discuss their struggle for unionizing without the control of the Mexican government. Each of the women collaborate in educational programs and organiza-

tional work to strive toward fair wages for workers.

"It's peculiar that it takes something like Kathy Lee Gifford's clothing line under fire to make sweatshops a media phenomenon," said Geof Garner, member of the steering committee of The Committee in Solidarity with the Central American People. "It's important that attention is drawn to people like those speaking who are working to change the sweatshops."

The speeches tonight will all be centered on the theme "Same Struggle: Fair Wages in Mexico and the U.S." The speeches will highlight how sweatshops are not limited to foreign countries and how sweatshop conditions can be

changed.

Garner, who has traveled to Central America and seen sweatshops, said poor working conditions are universal. Raising the minimum wage in the United States and establishing a "working wage" in countries in need of wage standards are crucial steps toward the economic justice the women will be speaking about, he said.

Another Latin American activist speaking on campus this week is Guatemalan activist Francisco Cali. His lecture, "Human Rights in Guatemala," will focus on the state of post-war Guatemala. Cali is with the Center for Human Rights Legal Action, and has worked to call attention to the human rights violations

against Guatemala's indigenous population.

Cali currently works with the Center for Human Rights Legal Action on projects such as working with elected indigenous mayors to apply indigenous law to conflict resolution. He will also speak about current democratic activists in Guatemala and how peace negotiations are helping end the country's 35-year war.

"None of these speakers will be saying we're 'bad Americans' because we may buy goods produced in sweatshops," Garner said. "They just want to increase awareness about how people work 15-hour days and lands are taken to produce goods — injustices indeed."

SPEAKERS THIS WEEK

■ TODAY: Three Latin American Activists speak about sweatshops at 7 p.m. in 100 Willamette Hall.*

Reception with the three activists from 5:30 to 7 p.m. in the Willamette Hall Atrium.

■ WEDNESDAY: Guatemalan activist Francisco Cali will be in the ASUO Multicultural Center at 3 p.m.

■ THURSDAY: Francisco Cali will speak at 7 p.m. in 100 Willamette Hall.*

*CISCAP will provide child care in 30 Pacific Hall during these speeches.