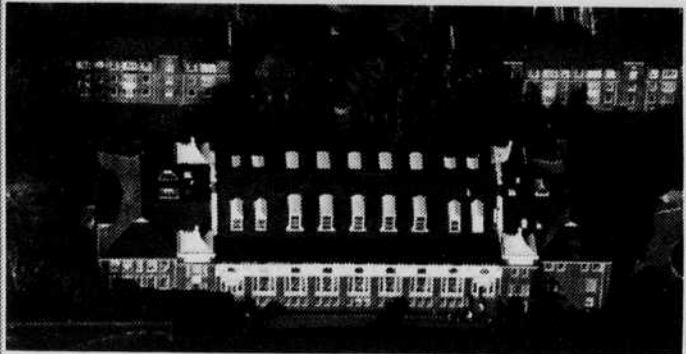


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Lecturer: Carmel Budiardjo

"Freedom and Democracy for Indonesia: Independence for East Timor and West Papua"

A British woman tells about Indonesian human rights issues based on her experiences.

She is an Indonesian human rights activist and director of TAPOL, the Indonesian human rights organization based in Britain.

**Friday, October 18th
7:00p.m. • Condon 204**

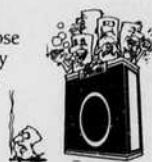
Health Education Workshops Fall 1996

* The following workshops are FREE to registered students *

Smoking Cessation

This is a six-week educational support group to assist those who are ready to quit tobacco and for those who have already quit. The final session will follow the Great American Smoke Out, which is Thursday, November 21st.

Tuesdays, 4:00-5:00 p.m.
October 22-November 26
Medical Library, Student Health Center



Weight Management

This four week workshop is designed to assist participants in improving eating habits and adopting a healthy and more balanced lifestyle.

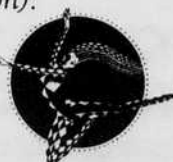
Thursdays, 5:30-6:30 p.m.
October 24-November 14
Medical Library, Student Health Center



NIA-(Neuromuscular Integrated Action):

This exercise class combines dance, martial arts and yoga to create a mind-body movement form. NIA is wonderful for all levels of fitness and is a relaxing, fun way to start the weekend.

Fridays, 4:00-5:00 p.m.
October 25-November 15
Room 219, Gerlinger



SAD-(Seasonal Affective Disorder):

The goal of this class is to increase awareness of the physiological and psychological effects of seasonal change and to offer alternatives to cope with this stress, including full spectrum lights, optimal diet and exercise.

Wednesdays, 4:30-5:30 p.m.
October 30-November 13
Medical Library, Student Health Center



Call the Health Education
Office at 346-4456 to preregister.



Student Health Center
Health Education Program



Ryan Franklin, a senior in geology, examines the wreckage of a truck demolished during a drunk driving accident. It was brought on campus by Elite Towing and Peer Health Education to call attention to National Collegiate Alcohol Awareness Week. The truck, which is sitting in front of Johnson Hall, will remain until Friday.

Wreck discourages drunk drivers

■ DANGERS: Elite Towing brought wrecked vehicle to show effects of driving drunk

By Tom Potter

Student Activities Reporter

The twisted metal of a wrecked truck is being used to demonstrate the dangers of drinking and driving.

The truck, the end result of a drunk driving accident, can be seen on E. 13th Avenue through Friday as part of National Collegiate Alcohol Awareness Week, which promotes alcohol awareness on college campuses.

"We brought it to campus to raise awareness," Peer Health Educator Melanie Weber said.

The truck was provided by

Elite Towing, which works with Mothers Against Drunk Driving to promote alcohol awareness.

Elite Towing takes demolished cars and trucks from drunk driving scenes and displays the vehicles at schools.

"It's just to show kids what happens when you drink and drive and that it can happen to you," Tim Paulk of Elite Towing said. "We're involved to help save a life."

The truck is also being used to promote the resources that are available to students, such as the Designated Driver Shuttle.

"It shows people the dangers of drinking and driving. It makes it more visual, more tactile," Peer Health Educator Emilie Hart said.

Other activities for the week will include information tables at the EMU Terrace today and Thursday. Representatives of Alcoholics Anonymous, MADD, the Office of Public Safety, the Student Health Center and Sexual Assault Support Services will help staff the tables from 10 a.m. to 4 p.m.

Members of the Pi Beta Phi sorority will also participate in the week by wearing buttons that read "Choices Are Limitless, Make Healthy Ones."

Nationwide members of Pi Beta Phi will use the week to showcase healthy lifestyles free from abuse of alcohol and to combat negative stereotypes about college drinking behavior.

Commission wants review board

■ HUMAN RIGHTS: Review board would act as watchdog for Eugene police department

By Ben Kwasney

Higher Education Reporter

The creation of a citizens' review board for the Eugene police department is one step closer to becoming a reality.

On Tuesday evening, the Eugene Human Rights Commission unanimously voted in favor of motion that will form a committee by the Eugene City Council to look into the establishment of a review board for citizens concerned about the accountability of the police department.

A number of citizens raised concerns over the accountability of the police department and the need for more cooperation. A citizens' review board would act as a partner between the community and the police department. Citizens could voice their concerns about relations with Eugene police.

Community member Charles Dalton said it is important to have a partnership between the community and the police department.

"A citizens' review board gets

us closer to that kind of relationship of equals working to solve crime in our community," he said. "It's also all of us in the community [who need] to help them [police officers] feel they are supported by the community."

Former mayoral candidate Ron "Misha" Seymour said the current situation gives businesses their own security, referring to the recent police sweeps in the West University neighborhood.

"It's kind of like what Hitler did," said Seymour. "Hitler had his own private army," he said, referring to the businesses.

Seymour said it is not right that people cannot sit down where they choose without receiving a \$200 fine and a misdemeanor charge on their record.

Human Rights Commissioner Ron Chase, who made the motion for a committee to be formed by the city council, said he has been convinced in recent weeks by what he has seen and heard from the community that a citizen's review board is necessary.

He said 60 to 80 percent of citizen review committees typically stem from a specific incident involving people of color.

Commissioner Gretchen Miller said she thinks the mechanisms

for better police accountability need to be investigated, but it's important not to trash the police department in the process.

The commission asked in the recommendation to the city council that representatives from the National Association for the Advancement of Colored People, Latino Coalition, Homeless Action Coalition, American Civil Liberties Union, Human Rights Commission and other interested parties be included in the committee to form a citizens' review board.

The motion calls for a study and possible implementation of the citizens' review board.

Concerns about the participation from the Office of Public Safety were addressed.

"I can't imagine a discussion of implementation of a citizens review without the OPS," said Chase.

No details regarding the structure of a citizen's review board have been made. A committee composed of representatives from the above mentioned groups will study and evaluate review boards in other cities, as well as the complaints from citizens to determine Eugene's need for one.