

Eugene Mayor Candidates

This is the third story in a four-part series about the nine candidates for Eugene mayor.



Frank Soifer

"I would establish a commission to improve communications between the student population and the administrative bodies of the city."

URBAN GROWTH:

"Objectively, growth is inevitable," Soifer said, "but it has to be managed — you can't let it run loose." Also, Soifer said growth must be managed in relation to the infrastructure, which includes transportation, sewer systems, schools, hospitals and, especially, housing.

PUBLIC SAFETY:

If you improve public safety you have to see where it emanates from, Soifer said.

"Does crime start on Kincaid Street? Does crime start in the Downtown Mall?" he said. "While you have to tackle this crime down below, you have to see what the example is on top. How are the adults in our society behaving?"

HOMELESSNESS:

Soifer said he believes housing should be a human right. "There is an economic factor to

homelessness; therefore, we need to start somewhere by raising the minimum wage," he said. "In the meantime, we need to operate a car camp, so people don't have to live under bridges."

HIGHER EDUCATION:

Soifer said he also believes that education is a human right. He said we should receive free schooling from birth to grave; from grade school to graduate school. "We use our education to help the corporations earn profits, so they should pay for it."

CITY/STUDENT RELATIONSHIP:

Soifer said that if he is elected mayor, he will be an advocate for the University because there has to be communication between the young and the old.

"I would establish a commission to improve communications between the student population and the administrative bodies of the city; therefore, we'll be in constant communication," he said.

EXPERIENCE:

Soifer is a retired iron worker and former president of Local 790 International Iron Workers Union. Soifer is also a member of the Eugene/Springfield Solidarity Network.



James "Izzy" Whetstone

"I would be an advocate for higher education in any way possible."

URBAN GROWTH:

Whetstone said he is concerned about uncontrolled growth. "We have a good quality environment here that we need to maintain."

PUBLIC SAFETY:

We need more aggressive policing on East 13th Avenue, Whetstone said. He also believes there needs to be a greater degree of precaution taken on campus than perhaps anywhere else in town because "young blood runs hotter."

HOMELESSNESS:

"I would push towards allocating for a place for the homeless to be," Whetstone said. "We need

agencies to help these people because they are in a lot of trouble and they don't know how to get out — they have lost survival skills like gardening."

HIGHER EDUCATION:

Whetstone said he would lend the dignity of the mayor's office to the enhancement of education by trying to increase scholarships and spending for education.

"I would be an advocate for higher education in any way possible," he said.

CITY/STUDENT RELATIONSHIP:

Whetstone said he would continue to attend student functions and promote individual participation to events on campus. "I like being on campus because there is a vitality there like no where else in town."

EXPERIENCE:

Whetstone is a railroad yardmaster for Southern Pacific Railroad and has served on the Western Railway Supervisors Association, a nationally recognized union.

Each candidate was asked the same five questions regarding issues that affect students.

Compiled by: Sherry Rainey

Men who snore more likely to gain weight than quiet sleepers

NEW ORLEANS (AP) — Zzzzzzzkx. Skarf. Zzzzzzzkx.

That could be the sound of a few pounds gathering around your waist.

Older men who snore gain more weight than silent sleepers, a study has found.

Many people who snore also stop breathing for a few seconds, a condition called sleep apnea. The lack of breath wakes the sleeper — often so briefly he or she does not realize it — and can leave them feeling sleepy.

Previous research has indicated that obesity can contribute to sleep apnea; one possible explanation is that the sleeper's fat pushes down on the airway, interfering with breathing.

The new research indicates that sleep apnea may also cause weight gain, said Dr. J.W. Weiss, lead author of a study presented Tuesday at a meeting of the American Thoracic Society and the American Lung Association.

Weiss theorized that apnea sufferers are too tired to want to do much, and start gaining weight.

"It makes us rethink the way we look at obesity and sleep apnea," said Dr. Norman H. Edelman, the ALA's consultant for medical affairs and a professor at the State University of New York at Stony Brook Medical School.

Sleep apnea affects 4 percent to 5 percent of adult men. For some reason, men appear twice as likely as women to develop the disorder.

The research involved 508 vet-

Stranger Than Fiction

erans taking part in a long-running Veterans Administration study on aging. They ranged in age from 47 to 90 at the start of the research.

In the early 1990s, Weiss and three other Boston-area doctors added questions about sleep. The questions were asked whenever a participant visited his doctor. Participants were weighed then, and again three years later.

After taking into account the veterans' ages and initial weight, the researchers found that after three years the snorers gained a few pounds more on average than the quiet sleepers.

Other questions indicated that the symptoms of sleep apnea dated back many years for many of the men. "If you can extrapolate back, it's likely that the cumulative weight over time may well be substantial," Weiss said.

Weiss is from Beth Israel Hospital and Harvard Medical School. His colleagues are at Channing Laboratory and Brigham and Women's Hospital.

Sleep apnea is not the only cause of sleepiness, and many things can contribute to weight gain. However, since many of the people in the study were retired, work schedules and second jobs were not causing the sleep problems, Weiss said.

Edelman said the study suggests that weight gain and sleep apnea increase each other: "The whole thing kind of feeds on itself in a loop."

Why in the world don't people like Schott?

NEW YORK (AP) — Marge Schott has an explanation for why she's fallen drastically in popularity polls in Cincinnati.

"I think somebody is trying to get me out, honey, somebody that wants to buy the team," the Reds owner told *Sports Illustrated* writer Rick Reilly in an 11-page profile published in the May 20 issue. "It's a kind of vendetta against me, honey. It's kind of like a woman thing."

Is she ready to give up and perhaps sell the club?

"Nah, I don't want to cave, baby," she said. "I've been through bad times before. Besides, I'm always best when I'm battling."

Schott was battling as recently as last week when she repeated her sentiments that Hitler was "OK in the beginning" but later "went too far."

Schott is quoted on a variety of other subjects in the *SI* story: —After seeing a group of high school-aged Asian-Americans walking down the street, laughing and talking, she said: "Well, I don't like it when they come here, honey, and stay so long and then outdo our kids. That's not right."

—In recounting a meeting with Japanese Prime Minister Kiichi Miyazawa in 1991, Schott, using what the magazine said was a "cartoonish Japanese accent," said: "He says to me, honey, he says, 'No want Cadillac, no want Lincoln, want Mosh Shott Boo-ick.'" Schott owns a Chevrolet dealership in Cincinnati.

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