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 Spring Term Weekend Seminars

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Dr. Robert Hackman is a University of Oregon professor who specializes in weight management and sports nutrition. He has helped thousands of people lose weight and feel great through innovative teaching and information. Dr. Hackman has advised Olympic athletes for 12 years and is currently the nutrition adviser to the Kansas City Chiefs NFL football team and the U.S. Olympic Wrestling Team.

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Work: Alternative gifts are day off, pay bonus

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More people participate in Professional Secretaries Week than any other workplace observance, said Susan Miller, executive assistant for the Eugene area Chamber of Commerce, and secretary for the local chapter of Professional Secretaries International.

"A lot of people are under the impression that secretaries are the low man on the totem pole or at the bottom of the heap, but that's not true at all," she said. "They are the people that keep everything going."

Christine Leonard, personal secretary to Dave Frohnmayer, said she believes it is important

to have a designated week and day during the year to let secretaries know they are appreciated, but recognition of their work should be given throughout the year.

Secretaries commonly receive flowers, cards and candy on Professional Secretaries Day, but Professional Secretaries International encourages employers to award their secretaries with more professionally oriented gifts, such as professional education classes, new office equipment or business gifts. These kinds of gifts are often overlooked but give a more personal touch and are longer-lasting, Miller said.

IDEAS TO LIVE BY

A list of gifts to show your appreciation to your secretary during Professional Secretaries Week:

- A subscription to a professional secretaries' magazine
- Professional education classes
- New computer hardware or software
- A therapeutic chair
- New office equipment
- The day off
- New reference books
- Desktop nameplate
- A paycheck bonus

MATT GARTON/EMERALD

Education: Technology fair to display latest devices to help disabled people

■ Continued from Page 1

other perspectives.

"If nothing else, I hope it will make people more aware [of the issues]," she said.

Those same issues, however, must be dealt with every day by the 500 physically disabled people on this campus. Often, just an average day can lead to unforeseen problems, like a broken elevator for those people who use wheelchairs or a new construction site for those who are visually impaired.

After the 1973 Rehabilitation Act and the Americans with Disabilities Act in 1990 passed by Congress, however, life was made a lot easier for people with disabilities at public institutions.

Sower said the University has done a good job implementing the changes required in the laws, especially those detailing physical access.

"I find the University is really willing to listen to what the needs be," she said.

However, with decreased funding, many problems still exist, like Johnson Hall and many of the dorms, which still have no elevators. Gerdes said however, that while things are constantly improving, the worst problem is a general lack of knowledge.

"People are afraid to approach people with physical challenges, and they don't need to be," Sower said. "The less ignorant we become, the less fear we will have."

Ceremony: Eligibility often can't be verified

■ Continued from Page 1

soon," Hudzikiewicz said. Individual University departments will have their own graduation ceremonies either immediately before or after the University commencement service, Hudzikiewicz said. Students should talk to their department to find out the requirements for those graduation ceremonies, she said.

The chemistry department requires students to contact a faculty member before they can participate in the graduation ceremony, said Ralph Barnhardt,

assistant department head of chemistry.

"The graduation ceremony is an important part of the college experience," Barnhardt said. "We make exceptions for students because they should not have to miss out on the ceremony just because they graduate in the fall."

The School of Architecture and Allied Arts requires students who haven't applied for graduation to talk with their department head before they can participate in the graduation ceremony, said Julie

Foster, assistant to the associate dean of the school of architecture.

"We receive pre-printed name cards from the Registrar's office for the students that have applied for graduation," Foster said. "Other students must have their department head fill out a name card for them right before the ceremony. That way we know they are going to be graduating soon."

"There is no way to control that everyone in the ceremony has met the requirements for graduation," Mowdy said. "If Frog shows up, he can march."

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