

Ducks drop season-ending match

■ **VOLLEYBALL:** The Ducks finish the season with a 1-17 record overall

By Andrea DeYoung
Sports Reporter

Many of the Ducks goals this season came to a screeching halt on Friday night as Oregon finished the year with the same 1-17 record as last year.

Stanford came into town with a perfect record in Pacific-10 Conference play and the conference title wrapped up. Although Oregon put up a fight, the Ducks were swept by the Cardinal in three games 15-8, 15-4 and 15-6.

Offensively, Oregon had a tough time getting attacks past the 4th-ranked Cardinal. Junior outside hitter and kill leader Amy McNeel had only five kills

and sophomore outside hitter Alison Pepe had four. The team ended up with a total of 19 kills compared to Stanford's 50.

Head coach Cathy Nelson was pleased with the Ducks' performance against such a tough team.

"I think that we were seriously outmatched against Stanford, that's no secret," Nelson said. "In order to beat that team we would have had to played the absolute perfect match and we just don't have that match in us right now. That's okay."

"What I wanted our team to do was play as hard as they could," she said, "and try to relax and have fun and just go for it, go as hard as we could. I thought we did a pretty good job of doing that."

With the season over, the

Ducks have time to reflect on the 1-17 records they have recorded the past two years. But if you look past the surface, it's obvious that there is no comparison between the past two seasons, said sophomore setter Casey Crisler.

"Last year it was constant quarrels and there were little cliques in the group," Crisler said. "This year everyone was together. Even though the record was the same, we had a different mentality of what happened this season. [The coaching] brought a fresh, new outlook."

Both Crisler and McNeel attributed the better season to Nelson and the rest of the coaching staff, and look forward to next year when all of the starters will return.

Oregon State wins 7th rugby Civil War match

■ **RUGBY:** Second half leaves Beavers with 49-0 victory

By Ryan Frank
Freelance Reporter

Six years of frustration turned into seven years of frustration for Oregon's rugby club team on Saturday.

For the seventh straight time Oregon State defeated the Ducks, this time 49-0.

After trailing 17-0 at half-time the Ducks were unable to contain Oregon State in the second half as they exploded for 32 points.

Oregon State seemed to score at will in the second half, scoring six times in the final 40 minutes of play on

saw progress with the Ducks.

"They don't have the experience that we have," Webber said. "But they are taking the right steps. I was pleased with what I saw in them."

Injuries also played a part in Oregon's loss. Three Duck starters suffered injuries that put them out of the game. But Lampe was sure to give credit where credit was due.

"[The Beavers] came out here and did exactly what they wanted to do," Lampe said. "They are the best team in the Pacific Northwest."

The Pacific Northwest League, made up of only Division I teams, contains Washington, Washington State, Central Washington, Western Washington, Oregon State and Reed College.

Oregon is currently a Division II team, but if the Ducks can field two teams, an A team and a B team, while playing competitively with the Division I teams from the Pacific Northwest League, they will move up to Division I. And that is something that Webber said he thinks they can do.

"I think they will win the Division II title and get into the play-offs, then hopefully move up to Division I," Webber said.

Oregon's fall season ended with the Civil War game, and their winter season doesn't begin until January.



Beavers to play a speed game. Instead, the Ducks got caught playing Oregon State's physical style, which is a new look for the Beavers.

"This is the first time all year that we have played this physical," said Mark Webber, Beaver head coach. "This is far and away the best game we have played all year."

At the same time Webber

Grapplers start the season off with strong wins

■ **WRESTLING:** The Ducks' first match produced several impressive performances

The Oregon wrestling team had four individual champions, two second-place finishers and two third-place finishers as they began the season at the Southern Oregon Open on Saturday.

In a group of teams that included seventh-ranked Oregon State, Portland State, and the host team Southern Oregon, the Ducks' four first-place winners were the most individual champions on any team.

Senior Kevin Roberts, a two-time All-American, won the 118-

pound championship by defeating Southern Oregon's Chris Bettendenski 11-9. Roberts defeated unattached wrestlers in non-counting victories on his way to the championship.

Senior James Stephens beat unattached wrestler Adam Burk in the second round and Southern Oregon's Mark Morris in the semifinals on his way to the 126-pound championship match, where he earned the title by defeating unattached Oregon State wrestler Troy Sabot 9-7.

In the 134-pound championship, sophomore Jeremy Ensrud defeated Oregon teammate Blake Tompkins 6-3 to win the title. Ensrud had victories over Portland State's Derek

Hayes, Southern Oregon's Jason Martnick and unattached Chris Lipton before beating Tompkins for the title.

Oregon's defending Pacific-10 Conference champion Scott Norton won the 150-pound championship in impressive fashion as he shut out unattached Jim Kutz 6-0. The Ducks' second-place finishers were Tompkins and Nathan Sullivan at the 190-pound weight class. Sophomores Rich Polkinghorn, a heavyweight, and John Tayler, a 126-pound wrestler, were Oregon's two third-place finishers.

Oregon returns to action next Saturday at the Mat Town Classic in Lockhaven, Pa.



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World AIDS Day Is December 1

As you consider how to get involved, bear in mind these facts:

GLOBALLY: As of June 30, 1995 1,169,811 cumulative AIDS cases in adults and children have been reported to WHO since the onset of the pandemic.

NATIONALLY: The U.S. has the highest reported rate of AIDS in the industrialized world. Through December 1994, 441,528 people had been reported with AIDS to the Centers for Disease Control and Prevention. CDC estimates that approximately one million Americans—or 1 in every 250 people—are infected with HIV.

WOMEN: In the U.S., AIDS is the third leading cause of death for African American and Hispanic women. In addition, 75% of women with AIDS are within these populations.

For more information about World Aids Day or the AIDS pandemic, contact the **Health Education Program** at 346-4456.

Thanksgiving

Have a healthful holiday season!

Thanksgiving is just around the corner and many people become worried about gaining weight. One way to begin dealing with the holiday frenzy is by anticipating and accepting that holiday dining may be higher in fat and calories and different than your normal eating style... **and that it is only short term.**

Create a plan of action and develop personal strategies to deal with difficult situations. Maintain some physical activity and consider food choices wisely. But remember that even if you do overindulge at a few holiday meals, you can easily pick up where you left off and resume your regular eating pattern.

Enjoy yourself and have a healthful holiday!



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