

Be cool...  
Make a better world.  
**RECYCLE!**



**Expense-Paid International Internships**

**MICRONESIA &  
SOUTH PACIFIC PROGRAM**

**INFORMATION MEETING**

Tuesday, November 14  
5:00-6:30 p.m. 204 Condon Hall

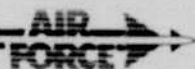


**AIM  
HIGH**

**OPPORTUNITIES  
FOR AIR FORCE  
DENTISTS ARE  
"OPEN  
W-I-I-I-D-E"**

The word for college seniors about to begin a dentistry career is opportunity-of the kind only the Air Force can offer. Run a state-of-the-art practice without the heavy investment of setting up an office yourself. Enjoy excellent compensation, vacation and benefits. Explore your opportunities with the Air Force. Call

**USAF HEALTH PROFESSIONS  
TOLL FREE  
1-800-423-USAF**



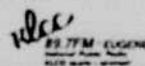
**WORKING  
MUSICALS  
UNIVERSITY  
THEATRE**

From the book by **STUDS TERKEL**  
Adapted by Stephen Schwartz and Nina Faso

Robinson Theatre  
8:00 P.M.  
November 3, 4, 9, 10, 11, 17, 18, 1995

Special Benefit Matinee for the Homeless Action Coalition  
2:00 P.M., Sunday, November 12, 1995

Request for accommodations related to disabilities should be made to the University Theatre Development Office, 346-4190, at least one week before the performance.



**BOX OFFICE 346-4191**

**Holiday: Kwanzaa celebrates African cultural heritage**

Continued from Page 1

she said. "Collectively we could all change the world and how it's going — when it becomes everybody's problem."

Luvert said when we make our sisters and brothers' problems our problems, we can work on them together.

She used homelessness as one example. Alpha Kappa Alpha sorority sponsored a food and clothing drive during the week to benefit WomenSpace, an abused women's shelter, and New Roads Looking Glass program, for homeless youth. Saturday night they also presented a \$50 check to each organization to purchase personal hygiene products.

Kwanzaa was created in 1966 and means, "first fruits of the harvest" in Swahili. It normally runs from Dec. 26 through New

Year's Day; the BSU celebrated it early because of winter break. It is not meant to replace Christmas and is not a religious holiday.

Luvert told the audience, "I hope that this is a holiday that you can celebrate."

Traditionally a different candle is lit each day to represent the different principles, simple, homemade gifts are given to family members and drinking from a communal cup is a way to pay homage to someone or something.

Nadirah Ansari, the BSU director at South Eugene High School, said during her speech that Kwanzaa is a time to join with family and friends. "So much of our cultural heritage has been forgotten to us," she said. "Kwanzaa is a way to remember."

**Test: Officials say early detection of diabetes can help with prevention**

Continued from Page 1

Symptoms of diabetes included excessive thirst, frequent urination, fatigue and dramatic weight loss. The symptoms are sometimes so subtle that the disease is diagnosed through other lab tests such as high cholesterol screening, Siemsen said.

Test results are most accurate if the test is taken two hours after eating, Wilson said.

If the test reveals a high blood sugar level, another test will be scheduled to ensure accurate results.

The free testing is an attempt to diagnose diabetics early in the hopes of preventing the disease's serious effects, Wilson said.

"If you find it in your 40s, and you could have found it in your 20s, there's a lot of damage that could have been prevented," she said.

Siemsen said it is estimated

**"**  
If you find it in your 40s, and you could have found it in your 20s, there's a lot of damage that could have been prevented.

— Heather Wilson  
Pharmacy manager, Student Health Center

**"**  
that 90 percent of all lower extremity amputations from diabetes are preventable.

Wilson said people shouldn't think a diabetes diagnosis means they will become insulin dependent.

"The perception that if you were diabetic, you need insulin is not true," she said. "Nine out of 10 diabetics don't even need insulin."

Diet and exercise are used to manage the disease, Wilson added.

If you are:



**CONDUCKTOUR  
CROSSING**

Sponsored by Office of Admissions

You are invited to volunteer as a

**ConDUCKtour**

Campus Tour Guide for the Winter-Fall 1996

As a ConDUCKtour, you will:

- Help prospective students and their parents learn about the UO
- Improve interpersonal and communication skills
- Gain valuable experience that will enhance your resume and may lead to other campus leadership opportunities
- Have lots of fun, and meet new people

Applications available at the tour booth  
1st floor, Oregon Hall Lobby  
Deadline for applications: **Wednesday Nov. 22**

**PUT YOUR COLLEGE DEGREE TO WORK**

**"I've Always Wanted To Run My Own Business. So I Joined Enterprise."**

Todd Towers  
B.S., Psychology  
University of Oregon, 1991  
Branch Manager, Tigard, OR

Enterprise only hires hard-working, entrepreneurial individuals. People who want to learn every aspect of running a business, from customer service to personnel management.

Enter our fast-paced business as a Sales Management Trainee, and we'll reward your dedication and sales ability with raises, promotions and the opportunity to go as far as your talent will take you.

**Sales Management Trainee**

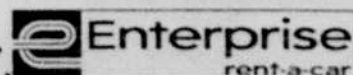
To share in our success throughout Oregon & South Washington, you'll need:

- BS/BA Degree Preferred
- Strong communication skills, enthusiasm and drive
- Retail/sales experience a plus
- Good driving record

If you want to learn all aspects of running a business while enjoying full pay and benefits, join the Enterprise team. Please visit our booth at the Career Fair in the EMU. We are accepting resumes at the booth, or send them to:

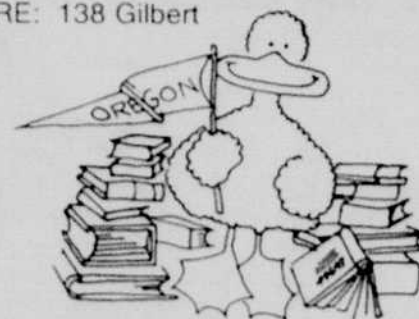
20400 SW Teton  
Tualatin, OR 97062  
Attn: Barbara Rybicki

An Equal Opportunity Employer



**An event you can't miss!**

WHAT: All-FIG Academic Advising Workshop  
WHEN: Tuesday, November 14 at 4pm  
WHERE: 138 Gilbert



Jack Bennett, from Academic Advising and Student Services, will help you in the planning of your Winter Term Schedule. Still confused about the University's graduation requirements? Jack and the 1995 F.I.G. Leaders will also review these requirements and answer any questions. Also, students from organizations all over campus will tell you how they got involved, how they manage their time and how you can too!

This event is sponsored by the Freshman Interest Group Program. For more information contact Jack, Job, Kersten or Michele at 346-3211



Be cool... Make a better world.  
**RECYCLE!**