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HEALTH

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services the policy covers before buying it.

"They need to know what they buy so the student gets the most out of the insurance that they can," she said.

Student policies cover accidents and illnesses but not preventive care, such as immunization shots or pap smears for women, Alley said.

"We have accident and illness coverage so that students don't have to leave school due to unexpected and high medical bills," she said.

Alley said the health center is trying to keep up with the rest of the country by moving to a managed care policy.

"By going to managed care, it keeps premiums down because insurance companies contract a number of doctors and hospitals to provide care at a cheaper rate," she said.

Premiums are the initial cost of an insurance policy, she said,

adding they have decreased by \$10 a year on the single student plan and the international student plan.

A new policy aimed toward students who have insurance but are not covered when at school has been developed because preferred providers are in different areas.

"These students have insurance but it will only cover them in San Francisco or Los Angeles, etcetera," Petit said.

Alley said the students targeted for this insurance are covered by an HMO or health maintenance organization, which holds down costs by contracting with a select group of doctors to provide coverage to its clients at a discounted rate.

The new policy will be available this fall and will pay 70 percent of services covered by the plan if the services are provided by the health center, Petit said.

Visits to doctors off campus are not covered and the policy has no deductible, Alley said.

ASUO Women's Center Presents

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PILL

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students are aware that the option is available to them, she said.

Emergency contraception was created in the 1950s for women who had been raped.

Jones said the pill has few side effects. Most women will feel nauseous after beginning the treatment, and some women will experience breast tenderness or spot bleeding before menstruation. Menstruation will usually occur at its normal time.

Emergency contraception is inexpensive for students. The health center charges \$3 for the treatment, while Planned Parenthood charges \$55 and All Women's Health Services — formerly the Feminist Women's Health Clinic — charges \$50.

Women who need emergency contraception can call the health center for an appointment. The health center makes a point of seeing students at risk of carrying an unwanted pregnancy as soon as it possibly can, Jones said.

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■ ET ALS

MEETINGS

ASUO Programs Finance Committee will meet today at 5 p.m. in the Student Senate office, EMU Room 28. For more information, call 346-0623.

RELIGION

Center for Jewish Learning will sponsor a lecture, "The Chosen People: Racism or

Responsibility?" tonight at 8 at the Center for Jewish Learning, 2548 Willamette St. For more information, call 334-6772.

MISCELLANEOUS

Educational Opportunities Program will sponsor a stress management workshop today from 2 to 2:50 p.m. in Room 101 Cascade. For more information, call 346-3232.

STUDENT ADVISORS WANTED

Need committed and creative student volunteers to advise the Student Health Center regarding programs, services, finances and health insurance for next Fall.

These students will spend an average of 1-2 hours per week as members of the evolving Student Health Advisory Committee (SHAC) helping to guide the Student Health Center in promoting a healthy campus through the storm of health care reform.

Successful participants will gain an in-depth understanding of health care delivery and its financing, will learn about health issues of students, and will develop interpersonal skills and confidence.

Routine meetings are scheduled at 3pm Fridays, so members can plan their class schedules accordingly.

Applications can be picked up at the Student Health Center front desk or outside the ASUO office.
Applications should be submitted to the Student Health Center or ASUO office. Review will begin June 2, 1995.



For any questions,
please call 346-4447.



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