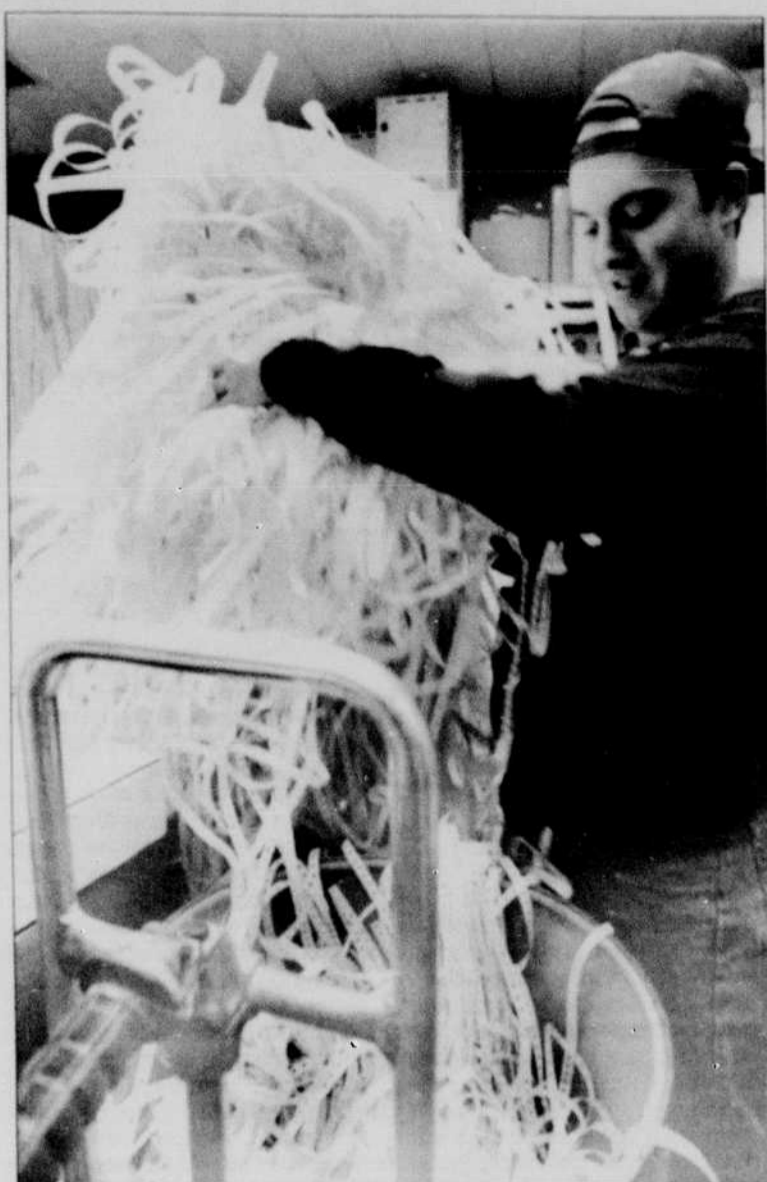


# EARTH DAY



NATALIE MONTGOMERY / Emerald

Sweeney tries to fit an overflowing barrel of computing paper into another barrel, which he then takes out to the waiting recycling truck.

## Recycling ON Campus

"Students are instrumental in this recycling program," said John Davis, who leads the paper recycling crew. "They are what has made this program work so well." Recycling occurs all day, every day. In addition to the paper crew is a housing crew and a student van crew.



NATALIE MONTGOMERY / Emerald

Sweeney compresses the paper by climbing into the barrel and using the weight of his body.



NATALIE MONTGOMERY / Emerald

Once the paper has been collected, it is loaded into the truck. Then Sweeney and senior Allison Welland drive to the next pick-up point.

### GRAND OPENING SPECIAL

Dr. Louise F. Lee  
Dr. Hou T. Leong

# OPTOMETRISTS



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## Eugene Welcomes The Newest Macheezmo Mouse Restaurant

**EUGENE** — A new breed of quick service restaurants offering healthy, Mexican food has arrived in Eugene. The newest Macheezmo Mouse Restaurant — located at 5th & Pearl in Station Square — is now open!

A concept for the decade, customers will be delighted to find an affordable, quick service restaurant committed to high quality 'good for you' food that tastes great. Prepared fresh daily, our food is baked, grilled or steamed. You can count on clean calories that are lean and lower in fat, cholesterol and sodium, with no M.S.G. We use black beans, brown rice, skinless chicken, low-fat jack cheese, fresh salsa and homemade sauces. Two thirds of the menu items meet the American Heart Association guidelines for fat, cholesterol, and sodium. Our promise is a high carbohydrate, vitamin-rich plateful that not only satisfies your palate, but is affordable, too.

Listed below are a few items from our menu, to give you a taste of what we are all about!

### SALADS

#### CHICKEN SALAD

Fresh greens, brown rice, chicken, low-fat jack cheese, salsa, sour cream blend, Boss Sauce. Calories 445 - 23% from fat

#### VEGGIE TACO SALAD

Fresh greens, brown rice, black beans, low-fat jack cheese, chips, guacamole, salsa. Calories 655 - 20% from fat

#### VEGGIE POWER SALAD

Fresh greens, brown rice, black beans, steamed broccoli, marinated veggies, salsa. Served with low-fat mustard dressing. Calories 200 - <1% from fat

#### CHICKEN POWER SALAD

Veggie Power Salad with grilled breast of chicken on a stick. Calories 275 - 3% from fat

\*Meets guidelines of the American Heart Association • 30% or less calories from fat • 300 mg or less cholesterol • 2400 mg or less sodium

\$4.00

\$5.25

### BURRITOS

Choice of flour or wheat tortilla filled with brown rice, black beans, and low-fat jack cheese topped with Boss Sauce, salsa, fresh greens

CHICKEN OR CHILI - skinless chicken or all beef chili. Calories 580/605 - 17%/16% from fat

COMBO - all beef chili/chicken. Calories 630 - 17% from fat

VEGGIE BURRITO - wheat tortilla/veggies. Calories 655 - 11% from fat

\$4.00

### ENCHILADAS

Wheat tortilla filled with brown rice, smothered with Santa Fe Red sauce. Topped with low-fat jack cheese, sour cream blend, Mexican cheese, cilantro

CHICKEN OR CHILI - skinless chicken or all beef chili. Calories 545/561 - 26%/25% from fat

VEGGIE - beans/rice. Calories 635 - 20% from fat

\$4.00

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**HEALTHY MEXICAN FOOD**

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199 East Fifth • 345-3114



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