

Nutritionist offers full-time help, services to students

Health: Kristin Olmos works with referrals to create new, healthy nutritional habits

Colleen Pohlig
Oregon Daily Emerald

After Student Health Center administrators began seeing a rise in the number of students coming to the center for nutritional needs, they decided it was time to hire a full-time nutritionist.

Kristin Olmos, who received her master's degree of public health from Loma Linda University in California, was hired last fall not only to meet with students mostly on a referral basis, but also to plan programs to increase student awareness of the value of a healthy lifestyle.

Olmos works from four referral areas: medical practitioners in the center, the counseling center, the athletic department and self referrals.

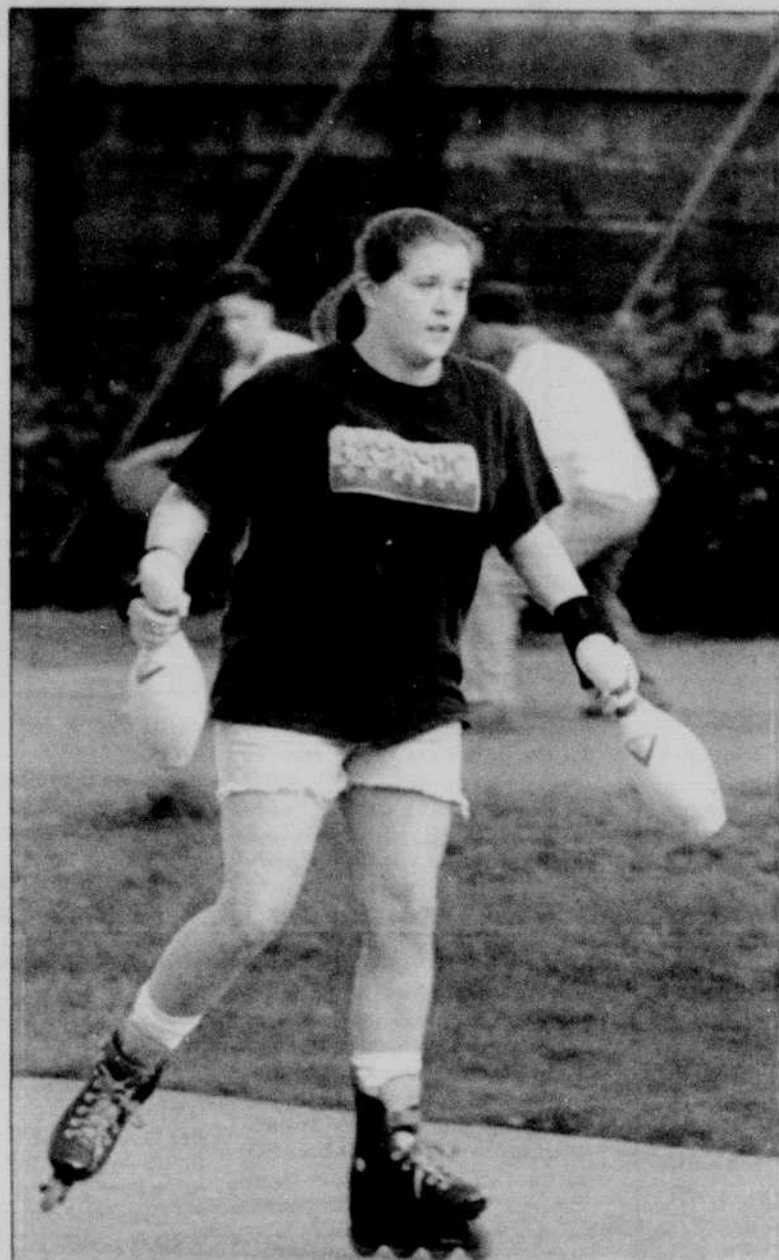
Practitioners refer students to Olmos for various reasons, but she said she sees many for weight loss, which could decrease high cholesterol level and lead to better health. The counseling center usually maintains on-going treatment of anorexia and bulimia patients, but often refers them to Olmos for individual nutritional plans.

Additionally, Olmos works with some athletes who have weight gain or loss issues.

While Olmos also sees students on a self-referral basis, she recommends that unless students have specific needs, they should see the peer health education counselors in the center.

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Fun in the sun



Freshman Angle Housley is not late for roller blade bowling 101 she is just helping out a friend by taking some props to Villard Hall. The props will be used in a rehearsal of the play *More Fun Than Bowling*.

GARY GRASS/Emerald

New Institute will research child violence prevention

Education: University will provide funding for the first two years of study

Colleen Pohlig
Oregon Daily Emerald

The Oregon State Board of Higher Education unanimously approved a University proposal to implement a new Institute on Violence and Destructive Behavior at Friday's monthly meeting.

The institute, which will open its doors early next month in the Education building, will study the conditions and factors relating to the development and prevention of violence among children and adolescents.

University Professor Hill Walker, also the director of the Center on Human Development, said he initiated the idea to combine community, campus and state efforts to research violence and destructive behavior among children and youth.

"We wanted to provide a formal platform to access federal and state grant support to develop effective solutions to this problem that is consuming our society," Walker said.

For the first two years of operation, the University will fund the institute, which will need \$40,000 to \$50,000 annually to operate and meet the in-kind match requirements of federal and state grant applications.

Funding will come from returned overhead and other unrestricted funds that the University receives on various research grants. For example, the federal government pays the University overhead on its grants to cover administrative and other research-related costs.

"The University has made the decision to support the institute through these funds," said Steadman Upham, vice provost for research and graduate education. "It's a good thing because it's a kind of investment for the University; we're investing dollars that will likely bring in more research grant money."

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GOOD MORNING

► **NEW ORLEANS (AP)** — Gummi "worms" hide in crumbled chocolate cookie "dirt." Mouth Muck makes you foam at the mouth. S.N.O.T. drips out of a plastic nose.

Is there nothing too gross for kids to buy?

"No. Well there probably is, but I don't know what it is," said Lori Bassett, of Sherman Confections Inc.

Her display at the American Wholesale Marketers Association's 36th National Winter Convention and Candy Exposition included Super Nauseating Obnoxious Treat, sold in a nose-shaped container. Sherman also makes Spew, which foams and stains the spewer's mouth, and Mad Dawg Super Spew Bubble Gum.

Then there's the high-tech option: bubble gum in plastic CDs, CD players and boom boxes, toy beepers and cellular phones with candy inside.

Add the more straightforward Reese's Peanut Butter Cups, M&M's, Snickers, Hershey's Kisses, Butterfingers and

Mounds — you have a fraction of the sweet treats at the convention, which is the world's biggest candy shop.

It's clear that tasting good isn't good enough for kids today.

Candy makers have a word for sweets that make people say, Eeuwww, gross.

No, not revolting. Interactive.

Kids want to play with their candy.

Amuroi Confection Co. sells a viscous, neon-colored liquid in a clear squeeze bottle shaped like a lava lamp. The display trumpets, "Lava Lick: A great taste eruption!" There's Gobble-D-Goo, day-glo goo in a glue bottle.

"When I was in Europe, they had excrement-shaped candy, and it was selling like hotcakes," said John Schultens, of Triple C. Inc., a Canadian distributor. "They also had a product called Barf."

Triple C. doesn't sell those.

"We actually have certain standards," Schultens said.

Black Panthers visit University

Lecture: Speakers discuss history and purpose of organization

Jessica D. Mahoney
For the Oregon Daily Emerald

Two members of the highly controversial and feared African-American group, the Black Panther Party, were on campus this weekend.

The speakers, David Hilliard and Ericka Huggins, participated in a lecture titled "Black Panther Party Revisited" as part of the Black Student Union's ongoing Black History Month Celebration.

The lecture and dinner Saturday evening included a poetry reading, two vocalist performances and a youth presentation, in addition to the two keynote addresses.

The BSU used the presentation to educate students about the activities and platform of the Black Panther Party.

The Black Panther Party was a highly visible political organization in the 1960s and 1970s

which rallied for oppressed people, specifically targeting the inner-city poor and the underclass.

Huggins focused on the educational goals of the organization.

"If you want to change society you need to educate yourself about yourself," she said. "You need to educate yourself about your history."

The Black Panthers hoped to enable minority students to become educated in the ways that they desire, she said.

Hilliard gave a brief overview of the organization and discussed the reasons the party often used sensational tactics in its movement.

In the 1960s and 1970s, Hilliard served as the chief of staff for the Black Panthers and participated in every major activity of the organization. Hilliard has also written a book, *This Side of Glory*, which is a personal narrative of his own experiences with the party.

He explained that although many of the party's activities

// *If you want to change society you need to educate yourself about yourself.*

— **ERICKA HUGGINS**
Black Panther Party member

were controversial, all were lawful. Additionally, Hilliard gave details of the organization's 10-point program, which it used to combat racism.

Zeenab Johnson Fowlk, director of the BSU led the group through the BSU's motto: "Harambee! Let's pull together, to uplift our race and embrace our heritage," and reminded the assembly that the celebration of black history goes beyond this month.

Other events scheduled for Black History Month include an "Intelligence and Race" forum on Feb. 22, from 5:30 to 7:30 p.m. in the EMU Ben Linder Room.