

CLIMBING

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an advanced climber like himself to train, but also a good place for a curious beginner that has never climbed before.

"It's tailor-made to teach people to climb," Grosowsky said. "I think it's going to be very popular."

Catering to the beginning climber is a goal of both Vickrey and Rider as they both agree that rock climbing tends to intimidate potential climbers that don't know how to get started.

"People often times become intimidated by rock climbing and people involved with it," Rider said. "We've made a very conscientious effort to eliminate that and make everyone, regardless of their ability, feel comfortable coming in."

Crux offers a variety of special programs for all ages of rock climbers. Lessons are available for the beginning climber, and special kids' programs and women-only groups are a few of the many features that Crux has developed in its first month and a half of existence.

When asked how Crux compares with other forms of entertainment in the Eugene area, Rider is quick to point out the rewards of rock climbing as not only a sport, but also a healthier form of excitement.

"Spend \$30 and get a hangover, or spend \$15 and climb something overhanging. It's a great way to work out."



Adam Grosowsky clings to the ceiling of 'the Cave', a room with a padded floor where climbers can test their skill on overhangs.

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