
WUNDERLAND CLAMOR WITH NECKLARS
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VIDEO ADVENTURE
 VALLEY RIVER PLAZA
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 TRY IT - YOU'LL LIKE IT!

Welcome U of O Students & Staff
 Bring U of O I.D.
 Open Arms
 Hot Beef Sandwich
 Available
 of beef gravy with real
 mashed spuds
\$2.49
 Every Thurs. Special
 10am to 9pm
 922 Garfield

BE A DUCK CHEERLEADER!

Oregon Cheerleading is announcing tryouts for the 1994-95 cheer squad

**Mandatory Informational Meeting
 Monday, March 7th, 7-8pm
 Mac Court**

**Tryouts will run from
 Monday, March 28-Thursday, March 31**

Questions? Call Kim Barger at 346-5485

GO DUCKS!

SUMMER SESSIONS '94 UNIVERSITY OF CALIFORNIA



Santa Barbara

**June 20 - July 29
 MAIN SESSION**

A Note from UCSB Summer Sessions:

Summer Sessions at UCSB offers an enriching academic and cultural experience. It is an ideal setting for making new friends and taking challenging and intriguing courses. The classes are smaller, and the campus less crowded.

Students fees have been kept down again this summer. Total fees for the following loads are: 4 units - \$314, 8 units - \$530, 12 units - \$746. The application fee is separate. We are offering over 300 undergraduate and graduate level courses in all disciplines.

June 20 - August 26 (8, 9 & 10 week courses)

Mathematics 108 A-B (Intro. to Linear Algebra)

- Completion of all courses in the following areas constitutes the first full year of study:

Chemistry - Organic Chemistry 8A-B-C

Foreign Languages:

Chinese 1,2,3	Italian 1,2,3
French 1,2,3	Russian 1,2,3
German 1,2,3	Spanish 1SS,2SS,3SS

For a FREE Catalog/Application contact:
 UCSB Summer Sessions, Dept. UO
 Santa Barbara, CA 93106-2010
 (805) 893-2047

NEED A ROOMMATE?

ADVERTISE YOUR VACANCY IN THE OREGON DAILY
 EMERALD CLASSIFIEDS.

UNIVERSITY Seminar to focus on self-esteem

By Lori Bettineski
 For the Oregon Daily Emerald

In a stressful environment where test scores, GPAs and competition among fellow peers prevails, self-esteem often takes a backseat to the aggressively competitive behavior necessary for survival in college.

On Saturday, students can learn how to avoid letting the stress of college life injure their self-esteem when one of the nation's most sought-after consultants and speakers, Jerry Conrath, presents an eight-hour seminar titled "Youth and Self Esteem."

Conrath has written eight books and more than 100 articles that are used worldwide by educators, parents, college classes and a variety of adults who work with discouraged and disadvantaged kids in many different arenas. Conrath serves as a national consultant for schools and districts and has had excellent student attendance from workshops at the University in past years.

"The crowds in the past have been very large," Conrath said. "Students seem very pleased and find the workshop useful to their lives, as well as intellectually stimulating."

Saturday's seminar will provide students with an opportunity to earn one credit while learning

stages of progression from low self-esteem to self-pride; gaining skills and strategies for teaching cause and effect; choice making; and learning internal responsibility and control.

Students will also engage in practice methods of dealing effectively with particularly difficult youth, gain skills in teaching youth conflict management and become experienced with applications of curriculum materials developed for teaching internal control and self-pride.

"Students will learn where they have control in their life and where they don't," Conrath said. "They will also learn that their self-esteem shouldn't be affected in situations they have no control over."

Registration through Duck Call is required for all students and faculty interested in attending the workshop. Course registration numbers are listed under the College of Education in the Winter Schedule of Classes. After Duck Call closes, students may add the workshop up to Friday by completing an add form in Room 170 Education.

Undergraduate students may take the course pass/no pass, but graduate students must take it graded. An additional \$35 registration fee that includes a course packet will be charged.

For more information, contact sponsoring professor Kenneth Viegas at 346-3896.

ET ALS

MEETINGS

AIIEEC will meet for the last time during winter term today at 5 p.m. in Room 332 Gilbert. Members are urged to attend. For more information, call 346-1340.

ASUO Programs Council will meet today at 3 p.m. in EMU Cedar Room E. For more information, call 346-0622 or 346-3724.

Incidental Fee Committee will meet

tonight at 6 in the EMU Board Room for budget hearings for the following groups: University Theatre, Marching Band, Mediation Program, Oregon Student Lobby, OSPIRG and MEChA.

International Adoptee Gathering will meet tonight from 7 to 8:30 in EMU Century Room B. For more information, call 687-2202.

Men and Women Against Rape will meet

tonight at 6 in EMU Century Room F. Everyone is welcome. For more information, call 346-4206.

Student Health Insurance Committee will meet today at 2 p.m. in the Student Health Center cafeteria. For more information, call 346-3702.

Vietnamese Student Association will meet tonight at 6:30 in Room 302 Gerlinger. For more information, call 686-9042.



*Preview
 of Summer
 Classes
 available
 now!*

**UO
 Summer 94**

1994 SUMMER SESSION • UNIVERSITY OF OREGON • JUNE 20—AUGUST 12

SUMMER SESSION OFFICE • 333 OREGON HALL • TELEPHONE 346-3475