

Learn How To Save A Life C.P.R. Workshop Get Certified NOW!

\$10 Fee Includes:

- 4 Hour Class • Instruction Booklet
- Red Cross C.P.R. Certification Card
- For registered UO students only
- Cancellations must be 24 hours in advance or student will be charged for workshop
- C.P.R. classes held in Student Health Center Cafeteria

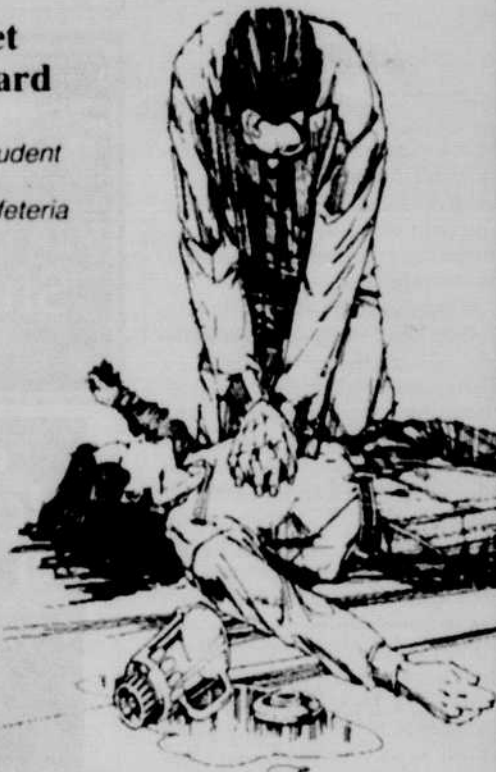
CPR Classes

Jan. 12 - 5:00 pm	Feb. 3 - 5:00 pm
Jan. 18 - 5:00 pm	Feb. 7 - 5:30 pm
Jan. 19 - 5:30 pm	Feb. 9 - 5:00 pm
Jan. 20 - 5:30 pm	Feb. 10 - 5:30 pm
Jan. 24 - 5:30 pm	Feb. 15 - 5:00 pm
Jan. 26 - 5:00 pm	Feb. 21 - 5:30 pm
Jan. 27 - 5:30 pm	Feb. 22 - 5:00 pm
Feb. 1 - 5:00 pm	Mar. 1 - 5:00 pm
Feb. 2 - 5:00 pm	Mar. 3 - 5:30 pm

First Aid Classes

Feb. 16 - 5:00 pm
Feb. 23 - 5:00 pm

To enroll in a First Aid Class, you must also sign up for a CPR class or be certified.



Register Early! • 346- 2770

Sponsored by the Student Health Center Lifestyle Planning Program

HOPE won't change nature, LGBA says

By Stephanie Sisson
Oregon Daily Emerald

If it ain't broke, don't fix it. That's the Lesbian, Gay and Bisexual Alliance's response to the new Oregon Citizen's Alliance program, called Help One Person Escape.

HOPE, originally designed as a support group for family members and friends of homosexuals, has expanded to include homosexuals who want to get out of that lifestyle.

"We started getting some phone calls from homosexuals who have struggled with the lifestyle, and who want to find out how to get out," said Sue Willard, director of HOPE. "It's not really counseling. We're just trying to give them support."

Jodi Mai, co-director of the University LGBA, shrugged her shoulders when she talked about HOPE.

"The Oregon Citizens Alliance feels it's a choice, it's an illness," Mai said. "It's basic human nature. It's our nature. They are attempting to change somebody's human nature. I consider that brainwashing."

To provide an example, Mai talked about a lesbian friend of hers who had been "helped." Mai said it worked for a while. Her friend got married and started a family, but had to take antidepressants to keep from committing suicide. Eventually, she realized that in spite of her tremendous effort, she still felt like a lesbian. She ended up going back to her old lifestyle.

"Current evidence supports that 'counseling for curing' homosexuality may allow a person to suppress it, but it does not change who they are," said

LGBA office manager Steve Jarvis.

HOPE's first meeting will be in Canby Jan. 13, with meetings on the first and third Thursday every month. It is being coordinated by six volunteers, including family members of homosexuals and at least one ex-homosexual.

Richard Weller, who was a homosexual for 19 years, said he was "recruited into it" when he was 17 years old.

"I spent years trying to make it right and I couldn't make it right," Weller said.

"My goal now is to get the truth out," Weller said. "You can come out of it and be a happier person. We're not necessarily trying to turn homosexuals into heterosexuals. We're interested in helping someone who wants to escape."

Weller has been straight for a few years, but he says he has only been completely confident that homosexuality is wrong for a little over a year. He is now dedicated to helping others who, like himself, believe they were talked into a lifestyle they want to get away from.

In November 1992, the OCA-sponsored Ballot Measure 9, which would have required Oregon government to discourage homosexuality, created a conflict between Oregon conservatives and the homosexual community over the issue of gay rights.

The OCA, whose 1992 ballot measure failed by 56 percent, has re-drafted the measure to make its wording less stringent and is in the process of gathering signatures to put it on the 1994 ballot.

Tie 'em on and

Get **a**ctive



SCHEDULE OF CLASSES

Fitness	Day	Time	Locale	Fee
EHEP Low Imp. Aerobics	MW	12:00 p.m.	GerX 352	\$20
EHEP Low Imp. Aerobics	UH	12:00 p.m.	Esl 36	\$20
EHEP Low Imp. Aerobics	MW	5:15 p.m.	GerX B50	\$20
EHEP Low Imp. Aerobics	UH	5:15 p.m.	GerX B50	\$20
Power Works	MW	3:35-5 p.m.	GerX 352	\$24
Aerobics	UH	3:35 p.m.	GerX 352	\$18
Bench Aerobics	UH	3:35 p.m.	Ger 220	\$24
Abdominal Workout	UH	4:35 p.m.	GerX 352	\$18
Funk Aerobics	MW	6:35 p.m.	Ger 220	\$18
Bench Aerobics	UH	6:35 p.m.	GerX 352	\$18
Aerobics	MW	7:35 p.m.	Ger 220	\$24
Bench/Interval Aerobics	UH	7:35 p.m.	GerX 352	\$18
Aerobics/Body Sculpt	MW	8:35 p.m.	Ger 220	\$20
Bench/Body Sculpt	UH	6:35 p.m.	Esl 47	\$20
Women's Wt. Workout	UH	5:35 p.m.	Esl 77	\$20
Yoga				
Hatha Yoga	UH	5:35 p.m.	Esl 77	\$20
Dance				
Country Line Dance	H	6:30 p.m.	GerX 350	\$18
Country Line Dance	H	7:30 p.m.	GerX 350	\$18



102 Esslinger
Phone # 6-4113

Class Registration
Registration: Jan. 5 & 6, 2:30-4 p.m.;
Jan. 7, 2:30-3:30 p.m.
Late Registration: Jan. 10-14,
8 a.m.-4:30 p.m.

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