## Men's cross country Looks to repeat at meet

By Dave Charbonneau

The Oregon men's cross country team hasn't won a meet all season. In fact, the Ducks have only had two runners finish in the top 10 all

But head coach Bill Dellinger isn't worrying, and he's actually confident in his team's chances of successfully defending its Pacific-10 Conference title when the Ducks participate in the conference meet Saturday in Palo Alto, Calif.

"Our guys are ready to run and I expect them to run well," Dellinger said. "But it's not going to an be easy task to defend our title. We're capable of winning, but we need a good team effort.

That team effort starts with Karl Keska and Tracy Hollister. Both are coming off of strong performances at the Jeff Drenth Memorial, where they finished 16th and 17th. They were also the first and second Oregon scorers at the Mountain West Classic.

In addition, the Ducks need Rick Cantwell to pick up where he left off at the Drenth. He was the top Oregon finisher in the race and will be vital to the Ducks' success on Saturday

"If Karl Keska and Rick Cantwell can stay up there in the heat of battle and we can keep the rest of the guys within a 30-second striking distance, we'll have a good chance to win." Dellinger

The Ducks are currently ranked 12th in the nation, Stanford sits right above them at No. 11, and Washington isn't far behind at No. 14. So the Ducks are not the favorite.



Oregon's Tracy Hollister is coming off a strong race at the Drenth Memorial two

but they can't be considered the underdogs they were last year when they upset Ari-

Oregon has struggled to find any kind of consistency from fourth and fifth finishers, though John Dimoff has had two straight impressive races. Jason Humble, Scott Nicholas and Goss Lindsey will also be compete for Oregon in the race.

Two weeks from Saturday, the Ducks will travel to Woodland, Wash., for the District VIII meet and try to earn a berth into the NCAA Championships, which will be Nov. 22 in Bethlehem, Pa.

## Duck women favored at Pac-10s

Ducks have dominated the meet in recent years

By Dave Charbonneau

It's become old hat to the Oregon women's cross country

The Ducks will be the favorite to win their seventh Pacific-10 Conference title in eight years Saturday in Palo Alto, Calif.

After blowing away the field two weeks ago at the Jeff Drenth Memorial in Eugene, the Ducks have climbed to No. 6 in the national poll.

The Ducks already rolled over Pac-10 foes Arizona and Washington early in the season, and their strongest test should come from those two teams and the host Stanford team.

"We're the favorite, there's no avoiding that," Oregon coach Tom Heinonen said. "We have more up-front strength than anyone else. We have to see what Stanford has. They'll come at us with seven strong people. I think we're better than Washington and Arizona at this point, but it's been more than a month since we've seen them.

Oregon has been led this season by freshman Milena Glusac. Glusac has been the top finisher in three of the Ducks' four meets this season. She didn't run in the other. She took fourth overall in the Mountain West Classic, won the individual title in the Sundodger Invitational, and finished third at the Drenth.

Glusac should be in the running for a Pac-10 title, but will have to get past Stanford's Louise Watson and UCLA's Karen Hecox. Both runners are veterans, but that doesn't phase Heinonen's confidence in his young runner.

"Glusac is an 18-year-old vet-



Oregon's Milena Glusac has been the Ducks' top finisher in all three races she's run this year.

eran," he said. "It surprised me a little she ran so well right from the start; but it was not totally unexpected. She'll be in the hunt, I know that.

If Oregon is going to successfully defend its Pac-10 title, it will need a balanced effort. With each meet, the Ducks have gotten closer to the balance Heinonen would like to see from his team. At the Drenth, the women turned in their best performance of the season, placing all five runners in the top 20.

Jenna Carlson has become the consistent second scorer for Oregon, finishing just behind Glusac

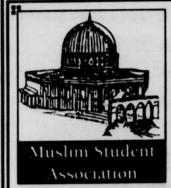
in all three of her wins. Niamh Zwagerman and Melody Fairchild have been consistent scorers this season for the Ducks. Zwagerman has finished in the top 10 twice this season, and Fairchild has been a strong three-four finisher after sitting out for two years.

Jill Callero, Christie Engesser and Joni Wareham will round out the Oregon team

The next meet for the Ducks will be the competition for an NCAA berth at the District VIII meet at Lewis River Golf Course in Woodland, Wash.

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## Salmon voted AL rookie of the year

ANAHEIM, Calif. (AP) While Tim Salmon didn't get off to a spectacular start and his season ended 2 weeks early, the numbers he posted in between were good enough.

The California Angels outfielder hit .283 with 95 RBIs and 31 home runs, tied for ninth in the AL. For that, he became the fourth American Leaguer to win Rookie of the Year honors in a unanimous vote.

Salmon's statistics would have been even more impressive if he hadn't missed the final 2 inning after hitting a grand slam in the Angels' 15-1 rout of Seattle on Sept. 15, Salmon broke his left ring finger while fielding

"After my season was over, and I got hurt, then I could really get away from the game a little bit and look at what my final numbers were, then I said, 'Hey, I'm going to be the one to win he said.

Salmon's victory Thursday completed a sweep by the Los Angeles-area teams. A day earlier, Dodgers catcher Mike Piazza was unanimously voted NL Rookie of the Year. The only other time both awards were won unanimously was in 1987. by Oakland's Mark McGwire and San Diego's Benito Santia-

Salmon, 25, joined McGwire, Carlton Fisk and Sandy Alomar

Jr. as the only AL rookies to win unanimously.

To have the kind of year I had, you can't even describe it. I did not expect that. This is something you dream about achieving, maybe after four or five years in the game, but not in my rookie year.

Chicago White Sox pitcher Jason Bere got 18 second-place votes and was runner-up with 59 points, well ahead of Boston pitcher Aaron Sele, who had 19 points and finished third.

He hit just .177 in 23 games with California in late 1992, but was assured a starting spot in the outfield for 1993.

Salmon said his biggest accomplishments were his 95 RBIs and the 93 runs he scored.

