

Howington highlights Twilight

By Dave Charbonneau
Oregon Daily Emerald

With a few exceptions, it was a relatively quiet day for the men in Saturday's Oregon Twilight track meet at Hayward Field.

Although the meet's marquee event is traditionally the Twilight Mile, the marquee performances took place in the field events.

Oregon's Heath Howington set personal records in both the shot put and the discus, and his throw of 180-10 in the latter event was an NCAA provisional qualifying mark, only the second such mark for the Ducks this season.

Howington seemed to be a little shocked by his performance.

"I don't know what happened today," he said. "The discus has been getting progressively better, but the shot's been going kind of downhill all season. I just hit a good one today. I wish I wouldn't have done it on my first throw because it made it look like a fluke, but hopefully it wasn't."

In the hammer, Eugene's Lance Deal fell just short of surpassing his own meet record of 266-0 with a toss of 265-1.

With the Pacific-10 Conference meet coming up this weekend, Oregon was hoping to add a few more qualifiers to its Pac-10 squad, but Howington and 400-meter hurdler Erik Ylitalo were the only two Ducks to break Pac-10 standards.

Ylitalo finished second in the hurdles with a 52.57 time, three tenths of a second under the qualifying mark.

The meet was also a showcase for former Oregon athletes. Hurdler Bob Gray won the 110- and 400-meter hurdle events. Shannon Lemora took first in the Twilight Mile but fell short of breaking the four-minute mark. Pedro daSilva won the triple jump, Art Skipper led the way in the javelin, and Dan Nelson and Danny Lopez went 1-2 in steeplechase.

Oregon freshman LaMont Woods won the battle of Duck sprinters with a time of 10.58 in the 100, followed by Ronnie Harris (10.64) and LaVon Pierce (10.64).

Harris won the 400, and Pierce finished second. Oregon head coach Bill Dellinger said things didn't exactly pan out as he had expected.

"I'm not going to say I'm disappointed," he said, "but I think it was a so-so meet for us."



Photo by Jeff Paslay

Oregon's Heath Howington set personal records in both the discus and shot put events at Saturday's Oregon Twilight meet.

Distance runners shine for women

By Steve Mims
Oregon Daily Emerald

Oregon seniors Nicole Woodward and Erika Klein earned NCAA provisional times in distance races Saturday night, highlighting the women's competition in the Oregon Twilight meet at Hayward Field.

Woodward, who already has a provisional qualifying time in the 3,000 meters, moved up to the 5,000 meters Saturday and covered the course in 16:21.9, more than 20 seconds ahead of the NCAA provisional time.

Klein made it more exciting than Woodward, qualifying in

the 1,500 meters with a time of 4:23.7, two tenths of a second inside of the NCAA provisional time.

Woodward finished in fifth place in the 5,000 meters, behind such former Oregon greats as Annette Peters, Liz Wilson and Lucy Nusrula. Peters, running for Nike, won the race by 23 seconds in a time of 15:49.5, far behind her meet record of 15:17.7 set in 1991.

Peters, who ran in the 1992 Olympics, broke out of the pack near the middle of the race and was never tested in the end. Peters is coming off of an injury

to her right leg and has only been training for three weeks.

"I am not where I would like to be," Peters said. "But it is a start. My rhythm was uncomfortable, and I started feeling tired at the end. I went a little harder than I should have; if I had been more gradual, it wouldn't have been so bad."

Wilson and Nusrula, former teammates at Oregon, finished third and fourth with times of 16:13.4 and 16:19.7, respectively.

Another former Olympian,

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Blair sets Pac-10 mark

Oregon's Kelly Blair won five of seven events and set school and Pacific-10 Conference records in the heptathlon at the Pac-10 Championships Saturday in Berkeley, Calif.

Blair scored 5,989 points, easily defeating second-place Marieke Weltman of UCLA, who finished with 5,275 points.

Blair won the long jump, 800, 100-meter hurdles, high jump and the 200, breaking her previous school record of 5,713 points.



Kelly Blair

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