

*I like to train and run and lift
train
train
train,
you get the drift.
How do I train and still have knees?
With advanced technologies!*

*It's the hot new Air Max shoe
With a third more air, it's true!
All that light and whooshy air
Cushions my feet everywhere.*

*In Air Max my feet feel good
not like chunks
of nerveless wood.*

So I can train

and I can run,

I may be small

but I have big fun!

