

# Resources available for survivors of rape

By Abby Collins-Sears  
Emerald Contributor

Victims of rape, as well as their friends and loved ones, are often at a loss as to what to do in the aftermath.

The University's Unwanted Sexual Behavior Task Force makes recommendations to survivors and those they confide in.

## If you are raped or sexually assaulted:

- Go to a safe place.
- Tell someone you trust so you are not alone.
- Call one of the resources available to sexual assault victims if you don't want to press charges.
- Consider reporting the crime. The police can help you get specialized medical care, gather and preserve evidence and resolve concerns about personal safety and security. The University's conduct coordinator can also offer assistance.
- Attend to your immediate medical needs. However, do not change clothes, take a shower or bath, brush your teeth, use mouthwash or comb your hair before going to the hospital, in order to preserve evidence.
- Seek an advocate. A 24-hour advocate can talk with you and accompany you to the hospital if you choose to get checked for physical injuries, pregnancy and sexually transmitted diseases. Call Sexual Assault Support Services or the police, who will provide you with an advocate from Victim's Services.
- Believe in yourself. Give yourself time to heal. Recovery from sexual assault is different for everyone. Counseling may be an avenue for healing.
- Men who are assaulted should know they are not alone. Ten percent of reported rape victims are men.

You may never experience sexual assault yourself, but you may know someone who has. Forty-two percent of rape victims tell no one, so if a friend has been sexually assaulted and turns to you for support, appreciate how difficult that is.

The most important thing you can do is listen. Help your friend reclaim control. Believe your friend. Survivors need their pain and their experience legitimized.

Don't blame or judge the victim. Most people who have experienced an acquaintance rape end up blaming themselves anyway. What they need is unconditional support and understanding that it was not their fault.

Ask what your friend needs and how you can help, but don't take control of decisions. Let your friend make the choices. You don't need to "fix" things or be a therapist.

Take care of yourself. You may need to talk to someone about how the incident has affected you. The resources available to rape victims are available to you as well.

## ET ALS

### MEETINGS

Japanese Student Organization orientation meeting today at 3 p.m. in EMU Room Cedar A. For more information, call 687-1682.

Federation for the Advancement of Conservative Thought meets today at 11:30 a.m. in Room 121 of the law school.

EMU Budget Committee meets today at 2 p.m. in EMU Room Century D. For more information, call 346-3720.

Student Senate meets today at 5 p.m. in EMU Room Century D. For more information, call 346-0630.

### RELIGION

Intervarsity Christian Fellowship Bible

study for graduate students tonight at 7:30 at Emerald Baptist Church on Hilyard between 18th and 19th. For more information, call 345-8089.

Deadline for submitting Et Als to the Emerald front desk, EMU Suite 300, is noon the day before publication. The news editor does not have a time machine. Et Als run the day of the event unless the event takes place before noon.

Notices of events with a donation or admission charge will not be accepted. Campus events and those scheduled nearest the publication date will be given priority. The Emerald reserves the right to edit for grammar and style. Et Als run on a space-available basis.

## REPORTS

Continued from Page 1A

ed crime on campuses nationwide, according to the FBI. Statistically, one-in-four women will be sexually assaulted during their college careers.

Students are using the forms, but OPS Director Tom Hicks said there is no evidence that people are using the forms as a substitute for reporting the actual crime to a law enforcement agency.

"The forms are often a first step for victims to report the incident and it can spur them on to report to us or to the Eugene police," Hicks said.

According to the unofficial report forms, there were 10 rapes during the 1991-92 school year and 18 sexual harassment incidents.

An OPS internal memorandum stated there was just one rape and nine sexual offenses.

Hicks said the inconsistency in the numbers of reported rapes is probably due to some overlapping in the official and unofficial record keeping of sexual assault incidents.

Hicks said other advantages of the forms is that they can alert the OPS as to where to direct its resources and show patterns of assault.

DeGidio agreed. "If people don't say what is happening then it's hard to improve on it," she said.

Unofficial sexual assault forms are available in the Women's Center, the University Crisis Center, the Counseling Center, the OPS office, the Dean of Students office, and the ASUO office.

Eventually, there will be form display racks in nine high-traffic areas such as the EMU, the library and Prince Lucien Campbell Hall.

Some of the confidential counseling and support services include the University Crisis Center, 346-4488; University Counseling Center, 346-3227; Gay and Lesbian Hotline, 683-2428; Sexual Assault Support Services, 484-9795; and Whitebird, 687-4000.

## DIM SUM

Every Sun.  
11 am-3 pm

This Week's Luncheon Specials

Bakwan & Surabaya \$4.75

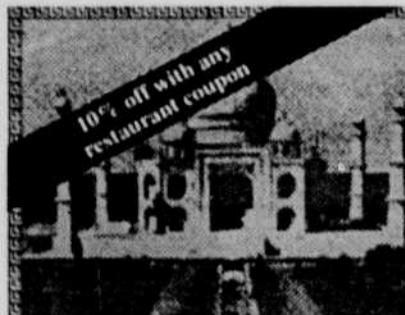
Rice noodle soup, Fish Ball, Fried Wonton, and Fish Roll



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\*Offer expires November 30

Lunches Mon-Sat 11-2:30  
Dinner Sun-Thurs 5-9 p.m.  
Fri-Sat 5-10 p.m.

## OPEN HEARING

### All Members of the University Community

An Opportunity to Comment on the Proposed Policy Change for Family Housing/Apartments Eligibility Requirements and Priority for Assignment

### WHO

• Family Housing/Apartments, University Housing •

### WHAT

An opportunity to comment on proposed changes in the eligibility and assignment of Family Housing/Apartments

### WHEN

• On Thursday, December 3, 1992 •  
• Beginning at 12 pm noon and concluding at 3 pm •

### WHERE

• The Ben Linder Room (formerly the Forum Room) in the Erb Memorial Union •  
• Written Comments may be submitted and must be received by University Housing on or before 5 pm on Thursday, December 3, 1992 •

### WHY

• To provide non-traditional University students access and opportunities for housing assignments in the Amazon, East Campus, and Westmoreland Family Housing areas •  
• To ensure that assignments give priority to applicants who are eligible for financial aid •

University Housing

An Affirmative Action, Equal Opportunity Institution, Committed to Cultural Diversity

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Also, we have a large selection of jewelry making supplies and beads for those who like to make their own earrings - All at rock bottom prices!!

- Close-outs and factory seconds at below wholesale
- Handcrafted sterling silver and goldfill earrings
- Up to 80% off retail prices
- Great for stocking stuffers
- Large selection of jewelry making supplies at rock bottom prices
- Free pair of earrings with this ad

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December 20th

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