



Hwang's **Martial Arts**

Tackwondo - Olympic sport of both physical fitness and self-defense. MWF 7:30 PM - TTHF (beg.) 4 PM.

do - Olympic sport using strength, balance, leverage and momentum. Excellent overall conditioner. MWF 5 PM - TTHE (IR) 5 PM.

Hapkido - Personal self-defense combining techniques of Judo, Toekwondo, pressure points and more. MWF 6 PM.

Master Hwang - Formal Education at Korea Judo College. Black Belt Master Degrees In all 3 disciplines. "A Eugene Tradition Since 1972"

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