

WHY DON'T DIETS WORK?

What Does Work?

Come find out at

Drop-In Weight Management & Nutrition Classes

When: Every Tuesday, 12:00-1:00

☆ Starts October 13th ☆

Where: Student Health Center

Downstairs in the Medical Library

Sponsored by the Lifestyle Planning Program, Student Health Center-

Volleyball team goes south for UCLA, USC

While the Oregon football team must wait a week to play the number one team in the country, the volleyball team gets its shot at "number one" tonight as the Ducks play UCLA at Pauley Pavilion.

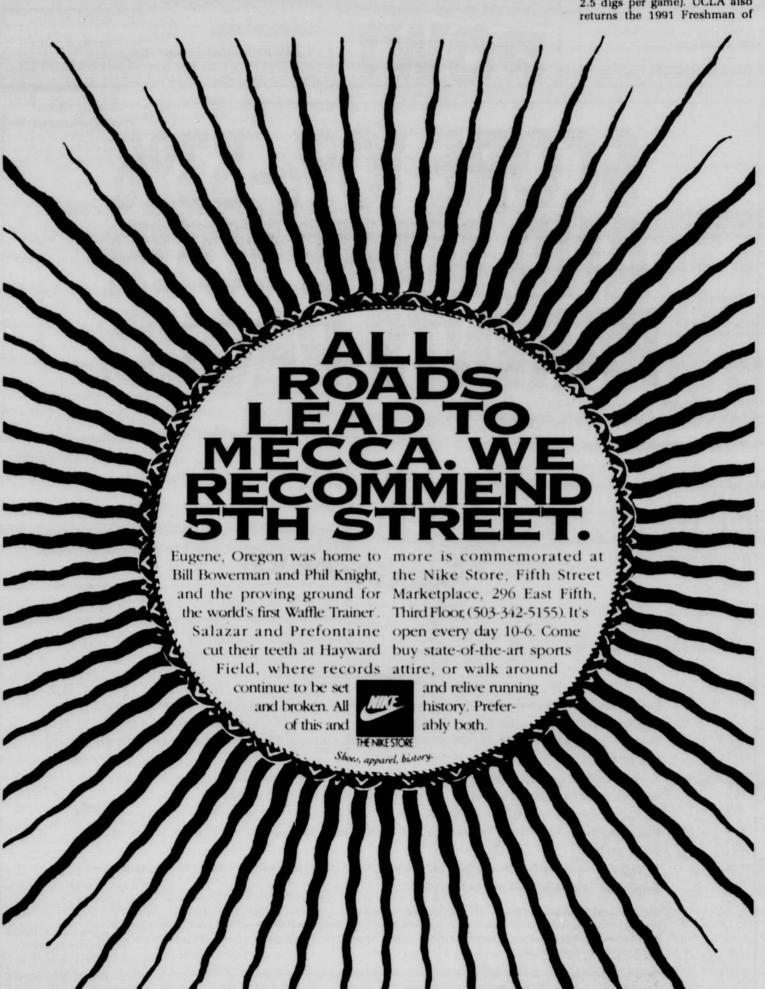
In recent years, the Bruins have built a volleyball dynasty which nearly rivals the schools legendary basketball era of the early 1970's. NCAA champions in both 1990 and 1991, the team has captured seven of the past eight Pacific-10 Conference titles.

The scary part for Pac-10 opponents is that this year's Bruin squad may be it's best ever. Leading the Bruins are All-Americans Natalie Williams (5.3 kills, 1.8 blocks per game) and Elaine Youngs (3.9 kills, 2.5 digs per game). UCLA also the Year, outside hitter Annett Buckner.

For the Ducks, sophomores LaReina Woods and Stephanie Warren have been emerging as team leaders. Warren recorded a career-high 20 kills against Oregon State and Woods has raised her hitting percentage to a team-high .282.

Things will get no easier for the Ducks on Saturday night as they play 6th ranked University of Southern California. USC was supposed to have a rebuilding year, but the Trojans have surprised everyone with a 5-1 record, good for second place in the conference.

Over the years, the Ducks have fared better against the Trojans than the Bruins, winning six of the last 15 matches. Oregon last beat USC on the road in 1990.



"Reaching Out to Lesbian and Bisexual Women"

U of O Drop-in Group

Educational Support Programs offered by the University Counseling Center and Office of the Dean of Students

Mondays

3:30 pm - 5:30 pm Beginning October 12th Cascade 202 For more information 6-1142



