



WHY DON'T DIETS WORK?

What Does Work?

Come find out at

Drop-In Weight Management & Nutrition Classes

When : Every Tuesday, 12:00-1:00

☆ Starts October 13th ☆

Where: Student Health Center

Downstairs in the Medical Library

Sponsored by the Lifestyle Planning Program, Student Health Center

Volleyball team goes south for UCLA, USC

While the Oregon football team must wait a week to play the number one team in the country, the volleyball team gets its shot at "number one" tonight as the Ducks play UCLA at Pauley Pavilion.

In recent years, the Bruins have built a volleyball dynasty which nearly rivals the schools legendary basketball era of the early 1970's. NCAA champions in both 1990 and 1991, the team has captured seven of the past eight Pacific-10 Conference titles.

The scary part for Pac-10 opponents is that this year's Bruin squad may be it's best ever. Leading the Bruins are All-Americans Natalie Williams (5.3 kills, 1.8 blocks per game) and Elaine Youngs (3.9 kills, 2.5 digs per game). UCLA also returns the 1991 Freshman of

the Year, outside hitter Annett Buckner.

For the Ducks, sophomores LaReina Woods and Stephanie Warren have been emerging as team leaders. Warren recorded a career-high 20 kills against Oregon State and Woods has raised her hitting percentage to a team-high .282.

Things will get no easier for the Ducks on Saturday night as they play 6th ranked University of Southern California. USC was supposed to have a rebuilding year, but the Trojans have surprised everyone with a 5-1 record, good for second place in the conference.

Over the years, the Ducks have fared better against the Trojans than the Bruins, winning six of the last 15 matches. Oregon last beat USC on the road in 1990.



ALL ROADS LEAD TO MECCA. WE RECOMMEND 5TH STREET.

Eugene, Oregon was home to more is commemorated at Bill Bowerman and Phil Knight, the Nike Store, Fifth Street and the proving ground for Market Place, 296 East Fifth, the world's first Waffle Trainer. Third Floor, (503-342-5155). It's Salazar and Prefontaine open every day 10-6. Come cut their teeth at Hayward Field, where records buy state-of-the-art sports attire, or walk around continue to be set and broken. All of this and



THE NIKE STORE

Shoes, apparel, history

and relive running history. Preferably both.

"Reaching Out to Lesbian and Bisexual Women"

U of O Drop-in Group

Educational Support Programs offered by the University Counseling Center and Office of the Dean of Students

Mondays

3:30 pm - 5:30 pm
Beginning October 12th
Cascade 202
For more information
6-1142

SILVERSTAR VIDEO

10 TANS
20 BUCKS



344-2691
1888 Franklin Blvd.
(next to 7-11 on Willard)
Expires 11/15/92

99¢ WAFFLE CONE



Campus SUBSHOP
1225 Alder
345-2434

Not valid on delivery or with any other discounts or coupons. One coupon per customer. Expires 12/20/92