



Tray Gourmet: Cooking a la cafeteria food.

Book dishes up gourmet fare using cafeteria ingredients

By SARAH PINNEO
Yale Daily News, Yale U.

Mad about mystery meat? Tired of nina? Fear no more.

Three recent Yale grads have just published a zany new cookbook called *Tray Gourmet—Be Your Own Chef in the College Cafeteria*.

Larry Berger, Lynn Harris and illustrator Chris Kalb have compiled their own favorite table-side recipes and gathered dozens

more from college campuses nationwide. From "Some Like it Hot" breakfasts to desserts like "Hot Vanna Bananas," the book and its entertaining layout are a scream to read.

Each recipe is measured in cafeteria dishes, like "one heaping teaspoon" or "half of a teaspoon." And everything can be cooked in the dining hall microwave or toaster, using ingredients from the serving line and the salad bar.

"We don't take an adversarial view toward

dining halls," said author Lynn Harris. "The idea is to make more creative fare out of ordinary cafeteria food."

Even if it is impossible to duplicate a recipe exactly, a great dish can still be made out of the available foods. Substitution and experimentation are the key to success with *Tray Gourmet*—after all, that is how the authors developed the recipes in the first place. "And anyone can do it," Harris insisted. "Even if back home you ain't burned the salad."

LIFE AND ART BRIEFLY

Out of Time... Lord Magnus O'Car and His Lordship Lawrence Tailliter (aka the "Leech") faced off in battle on the Wichita State U. campus, cheered on by Lady Lora Anne the Silent, Lord Rand and others. No, it wasn't the World Wrestling Federation championships—merely the Society for Creative Anachronism, an educational organization devoted to the study of the Middle Ages and the Renaissance. The historical recreation society, sponsors tournaments, revels and university sessions where members dress in period costumes and recreate the better aspects of the Middle Ages, including the ideals of honor, nobility and courtesy. "As a recreational society, we research it, then we turn around and do it," said Lady Annys de Vernun of Kettering, who in "mundane" life is a storekeeper at the WSU chemistry department. Warfare, a large part of medieval life, is the major focus of many SCA events. SCA originated in 1966 in Berkeley, Calif., as a theme party, and currently has more than 14,000 dues-paying members, although participants number close to 70,000. U. of Florida student Scott Huegal said the SCA provides a great opportunity for escape. "It allows people to go out and be a totally different person, a different character, and really just get away from everyday stress," a Diane McCartney, *Sunflower*, Wichita State U.

Grade A relationships... Forget the concept that dating is non-existent on college campuses, at least at Lehigh U. Thanks to professor Bruce Smackey, many students have started going out. The catch is, though, that they're dating for grades. Sort of. Smackey, a marketing professor, believes it is important for students to interact with one another. Students in his senior marketing class who went on dates were given extra credit, though it did not change their final grade. "Dating is an enjoyable experience," Smackey said. "I wish more students would forget the fears of rejection and get motivated to meet other people." The idea for this addition to his marketing class came from his concern about the future of relationships for younger generations. "There is a serious problem with dating, not just at Lehigh, but in society as a whole," he said. ■ Rachel Beck, *Brown and White*, Lehigh U.

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