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UNIVERSITY
Crisis prevention workshops today

By Kirsten Lucas
 Emerald Reporter

Most people will experience a crisis at some point in their lives. Crises may be personal in nature, such as loneliness or anxiety. They may result from unexpected events, such as the sudden death of a family member or friend. Crises can also be occupational, local, national or global.

While some crises are unavoidable, there are healthy ways to deal with crisis situations and avoid some altogether.

"Working Together" is the title and the theme of the 1992 Crisis Prevention Conference, an annual winter event taking place today.

The conference, which is sponsored by the University Crisis Center and traditionally focuses on personal crises, is taking a new tack this year by offering a breadth of topics, said event organizer Jeannie Block.

Conference participants will be able to choose from a wide variety of presentations dealing with AIDS awareness, eating

problems, gay, lesbian and bisexual awareness, environmental issues, substance abuse, rape, political activism and national health care crisis.

"Some topics could be relevant to people who are already in a crisis," Block said, "but the conference is focused on prevention."

The difference between intervention and prevention is an important distinction to make, said Block, who is a graduate student in school and community health. Crisis intervention takes place once a crisis is in full swing and often involves emergency counseling.

"The idea (of prevention) is to figure out what we can do to help alleviate the problem before it gets to a crisis level," Block said.

Today's conference begins at 8:30 a.m. with an opening presentation by the Youth AIDS Prevention Theater, which will be followed by three rounds of workshops. Registered participants can choose one workshop from each session. There is a \$15 registration fee at the door in the EMU Ballroom.

Session one workshops, from

10:30 a.m. to noon, include: "How to Help a Friend Without Becoming Part of the Problem: The Drug Abuse Response Team (D.A.R.T.) Prevention Program," "Do You Have An Eating Problem?," "Everyday Friends: Gay/Lesbian and Bisexual Awareness for the '90s," "Take a Creative Step Off Your Beaten Path," and "Profile of a Community Activist: The Environmental Example."

Session two workshops, from 1:15 to 2:45 p.m., include: "Why Can't I Change Anything?," "Intervention: A Positive Step Toward Confronting Addiction," "Don't Fight, Don't Hide, Don't Run Away: Managing Conflicts Productively," "Crisis in the Classroom: Institutional and Individual Responsibility," and "The Stork Story is for the Birds."

Session three workshops, from 3 to 4:30 p.m., include: "Skills for Coping With Stress," "Real Solutions to the Health Care Crisis," "To (HIV) Test or Not to Test: That is the Question," "Women and Body Image: Working Toward a Healthy Relationship With Your Body," and "Rape Prevention: A Male Perspective."

OCA
 Continued from Page 1

Susan Rahimian, who owns Johnny Ocean Great American Hamburgers, said several of her store's windows have been broken on three separate occasions since early December.

Rahimian, who gave about \$60 to the OCA in 1991, said she is convinced that anti-OCA forces are to blame for the incidents.

"It's real obvious if we all get hit at the same time," she said. "It doesn't take a genius to figure it out."

Both the 18th Avenue and the Franklin Boulevard Hiron's drug stores were vandalized Jan. 6. At the 18th Avenue store, a window was broken in the delivery van and the pharmacy window was marked with BB gun holes. Four of the front windows at the Franklin Boulevard store were

also shot with pellets.

The *Student Insurgent* highlighted Hiron's in boldface type in their publication of the OCA-supporting businesses list.

Rahimian said she is upset that her business was included on the list because her donation was a personal one. Seibert said he doesn't regret the decision to include business owners who support the OCA on the list.

"There are people who don't want to give money to people who give money to the OCA," he said.

Seibert said he resents that the OCA is automatically blaming anti-OCA groups for the violent incidents.

"That doesn't mean that they're aren't people who don't like the OCA out there breaking a window," he said. "I hope they're not. I happen to be opposed to violence in general."

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TOGO
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whisked inside a French restaurant by a waiter who feared reprisals against the patrons.

"There was talk of French citizens being stoned in the streets," O'Guinn said.

With the city at a standstill, O'Guinn realized she wasn't going to get the education or experience she was looking for in an exchange program. The turmoil lulled at the beginning of December, following late November's violent days.

"I didn't want to leave," she said, "but I wasn't going to school because it was shut down."

The military reopened the airport when the ex-president and the prime minister in power reached a tentative agreement. O'Guinn took advantage of the moment and made arrangements to return to Eugene.

Pat Gallagher, of the University's International Studies office, remained informed of events in Togo throughout.

"I was immediately concerned for her safety," Gallagher said. "But O'Guinn had gotten in touch with her mother and said everything was fine."

O'Guinn will earn her international studies degree this spring, with an emphasis on African development.

"I don't regret going at all," she said. "I value the experience."