Women runners head to NCAAs once again

By Dave Charbonneau

Last weekend, the Oregon women's cross country team qualified for the NCAA Championships, which came as no surprise to coach Tom Heinonen.

After all, he's guided the Ducks to NCAA appearances in 15 of the 16 years the women's national meet has been held.

tional race Monday at Arizona.

But all those trips to the NCAAs are only part of the statistics the team has accumulated over the years.

Oregon has won two national championships, finished in the top three teams six times, won the Region-VIII championship 12 out of 16 years, and has had numerous individual Pacific-10 Conference and Region-VIII

Add to that one statistic that Heinonen is very proud of.

'We are the only school to win two NCAA championships with two totally separate teams," he said proudly. "There are other teams who have won two titles, but we're the only school to have won with 14 totally different run-

The only year the Ducks

failed to qualify for the NCAA meet was in 1989, when Oregon finished fourth at regionals.

'In 1989 when we didn't qualify, I was real shocked," Heinonen said.

Heinonen seems to have a knack for recruiting women mostly from the state of Oregon who will be strong collegiate runners.

'The best high school runners are not always the top col-

successful with less developed runners.

He thinks many top high school runners are possibly overtrained.

The top runners are usually heavily trained and can't adapt to different ways of training. Heinonen said. "A lot of them have worked awfully damn hard to get where they are, but there's nothing left."

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ing another punt.

far," Oliver said.

A week before the Stanford game, Oliver had himself another big day at Washington, intercepting a pass and block-

'I told (special teams) coach (Nick) Aliotti when I got here,

that I was going to block six kicks here, and I have five so

to block his sixth in Saturday's Civil War game, his final game as a Duck. Oliver's career has been eventful this season to say the least, but the length of his

tenure at Oregon has been Oliver transferred from Ari-

zona's Glendale Junior College

to Oregon in January 1990, but last fall's junior year for Oliver was cut short by a knee injury halfway through the season. Along with Oregon, Oliver paid recruiting visits to Texas

A&M, Missouri, North Carolina State and Fresno State, but offers came from other schools

such as Oklahoma, Houston, Arizona and Arizona State. Oregon's football program got

Oliver, and so did the Duck

track program. Oliver stood out more on last year's track team than he did on the football field, placing fourth at the NCAA Championships in the

It's Oliver's all-around athlet

icism that has attracted the attention of a number of NFL

scouts. He said he knows the Denver Broncos, New York Gi-

ants and Los Angeles Rams have all shown interest in pos-

Oregon defensive coordinator Denny Schuler has coached a number of defensive backs who have gone on to the NFL, in-

cluding Thom Kaumeyer, Anthony Newman and Chris Old-

"He certainly ranks in athletic ability with Newman, Old-

ham and Kaumeyer," Schuler said. "Time is on his side because I think some of these other kids blossomed earlier."

sibly drafting him.

The senior will get a chance

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Production: Jennifer Huey, Matt. Morin, Jennifer Roland, Ingrid White, Sarah Clark

Copy Editors: Christopher Blair. Chris Bouneff

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