

YMCA

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In 1918, the YMCA "Y-Hut" was constructed on campus to serve as a student union for 32 years until 1950, when the Erb Memorial Union was completed. The Y-Hut consisted of a library, recreation room, lounge and two sleeping rooms.

After absorbing the University branch, the Eugene YMCA moved to its present location at 2055 Patterson Street.

A recognized leader in the areas of health and fitness, the YMCA is "a very complete recreational facility for all ages of men, women and children," Kelley said.

However, he added that the YMCA is not only a fitness center, it is also "the largest human service organization in the world." It boasts 25 million members worldwide, with international organizations located in 98 different countries. Eugene is one of 1,800 national

YMCA facilities.

More than 80 varied services and programs are offered at the Eugene facility to people representing every age group and skill level. Members can begin the fitness programs at the age of six months and continue far into their eighties.

About 4,000 Eugene members have access to pools, racquetball and squash courts, land and water aerobics, indoor tennis courts, basketball and volleyball courts, weight rooms with free weights, exercise bicycles, and the Universal Super Circuit, child care and a number of lessons and community programs.

Additional programs range from fitness testing to personal weight training programs. An on-site dietician is available to offer Computerized Diet Analysis, menu planning, individual and group diet instruction and workshops.

One 82-year-old racquetball player who has been a member

for over 50 years said the courts are "very nice" and "even better than the University's."

The Eugene facility constantly updates the facility and equipment to compensate for the growth rate in the fitness industry. For instance, the latest aerobic programs involving step and bench workouts have recently been added.

Kelley said the organization's mission is "to provide Christian programming to develop an individual's total body, mind and spirit." Although YMCA's philosophy is based on Christian ideals, it embraces all religions. All programs place emphasis on the mind, spirit and body, the three components which are symbolized in the YMCA's triangle logo.

Non-fitness classes such as an arthritis support group, an after-school child care program and camp opportunities for high school students are also offered for members. A "Volunteer Connection" is available to help community members use skills to help those in need, and a "Creative Unemployment" program offers the unemployed access to the YMCA to improve health while providing counseling for job opportunities. The YMCA also operates the Voluntary Action Center, a clearinghouse for volunteers and volunteer organizations.

College students can purchase a summer pass which is valid until September 30, 1991 for a reduced rate of \$75. Day passes can also be purchased for a \$5 fee.

ET ALS

University Professor Catherine Wilson will speak on "Logic, Ethics and Mysticism in the Young Wittgenstein" tonight at 7 in Room 115 Pacific Hall. The talk is part of the NEH Institute's event titled "Vienna in the Early 20th Century: The Cultural Response to Modernization."

The Friday child care ACOC meeting, which formally met at Central Presbyterian Church, now meets Fridays at 7 p.m. in the Newman Center, 1850 Emerald St. Free child care is provided.

The Newman Center, 1850 Emerald St., sponsors Mass at 5 p.m. on Saturday and on Sunday at 9 and 11 a.m. and at 7:30

p.m. The Sacrament of Reconciliation is at 4:30 p.m. on Saturday or by appointment. For more information call 343-7021.

Deadline for submitting Et als to the Emerald front desk, EMU Suite 300, is noon the day before publication. Et als run the day of the event unless the event takes place before noon.

Notices of events with a donation or admission charge will not be accepted. Campus events and those scheduled nearest the publication date will be given priority. The Emerald reserves the right to edit notices for grammar and style.



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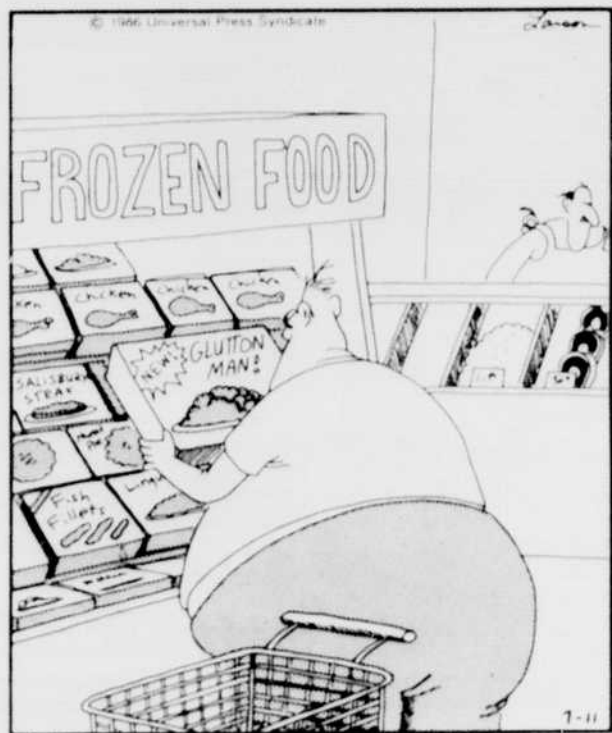
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