SPORTS

Ismail having fun at NCAA meet

By Lyle Crouse

Oadry Ismail is excited about this week's NCAA Track & Field Championships. But excitement is nothing new for the Syracuse hurdler. It has become a way of life in the past six months.

Ismail doubles as a wide receiver for the Syracuse football team, and on Christmas Day the Orangemen shut out Arizona in the Aloha Bowl. 28-0. In February he and brother Raghib, "The Rocket" from Notre Dame, both won big races at the same indoor track meet

And in April. Raghib signed a \$26-million dollar contract with the Toronto Argonauts of the Canadian Football League

Could a 20-year-old handle much more excitement? Qadry Ismail can handle it. He even looks

'I'm just so happy to be here. I've heard so much about the tradition in the state of Oregon. he said of the track championships. "The bottom line is. Oregon is the track capital of the U.S.

Ismail ran 13.73 Thursday to qualify for today's semi finals in the 110-meter hurdles. He was second in the third heat, behind Washington State's Tony Li. He tied Pittsburgh's Elbert Ellis for the fourth-best overall time, behind Jerry Roney of James Madison, Li, and Texas A&M's Greg Wil-

Ismail was glad to finish so close to Li, the man favored to win the 110 hurdles.

'He was probably toying with the field," he said. "You've got to take your hat off to Li. You've got to take your hat off to the whole

He also takes his hat off to the Syracuse coaching staff. Both Ismail and Coach Dick Coleman credit his success in the hurdles to the tutelage of assistant coach Andy Roberts.

Coleman enjoys coaching an athlete with Ismail's enthusiasm.

'It's an attitude you want in all your athletes. and if one has that attitude and spreads it, it's very pleasing." Coleman said. "It's just a pleasure to have that young man in the program. His attitude and work ethic are great.

Ismail has to have a great attitude and work ethic. Without them, he couldn't participate in two sports while pursuing a degree in communi-

"It takes a special kind of kid to do that." Cole-

Football season keeps Ismail from preparing for the indoor track season, and spring football practice postpones his outdoor track until early May But Ismail believes that his experiences in track can help him in football and vice-versa.

Football gives you extra strength, and track helps with the outright speed." he said.

Although Coleman believes the bulk gained in football hinders flexibility in track, he agrees that track has helped Ismail's speed in football

'It's made him a better footballer." he said.

Of course speed hasn't been much of a problem for Qadry, or any Ismail for that matter. Older brother Raghib emerged first as an explosive receiver, running back and kick returner at Notre Dame, and was dubbed "The Rocket." Qadry soon became "The Missile," younger brother Sulaimen "The Bomb," and their mother Fatma even got in on the act, becoming "The Launching

Raghib's success has added a new twist to Qadry's life. Comparisons and expectations are often made, and Qadry must field numerous questions about his famous brother. But that doesn't tarnish Qadry's enthusiasm.

"They're two pretty mature young men, and they handle it exceptionally," Coleman said. "It's a good family situation. There's no jealousy no bitterness

Qadry credits his family's cohesiveness to the influence of his mother, who raised her three sons after her husband's death when Qadry was 9 years old. And when Qadry thinks of Raghib's new status as a millionaire, he thinks of how that money will help their mom

I think the world of her. I really think she's my role model." he said. "And to think a member of my family could buy her a home she wants. and help her have a happier life.

The two brothers met for an indoor meet in February, and Raghib won the 55-meter dash while Qadry was first in the 55-meter hurdles. Their mother was present and they spoke at a post-meet press conference.

It was great to see the family there enjoying the success of one another." Coleman said.

Qadry called Raghib earlier this week, and Raghib is now considering a visit to Eugene to see his brother run.

It'll be great to have a member of my family here - another nuclear weapon!" the Missile said of the Rocket.



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NCAA

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pulled a muscle in my side. I was hoping the technical stuff would stick with me.'

If Blair was surprised. Heinonen was stunned.

'I was shocked," Heinonen "She was 10th after the first day, and I thought it would be just good to get

Sharon Jaklofsky, of team fa-

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vorite Louisiana State, won the NCAA heptathlon championship with 5,732 points

'I was comfortable that I had a good chance, and I felt that if everything went well. I could win." she said.

LSU Coach Pat Henry said he expected Jaklofsky to place high and that the rest of his team is also performing as ex-

We felt like if she (Jaklofsky) had a good meet, she'd be in the top group." Henry said. "Things are going the way we thought right now and a little better.

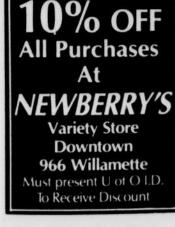
LSU's Dawn Bowles ran the best qualifying time in the 100 hurdles, speeding her way to a wind-aided 12.85 finish. Teammates Mary Cobb and Cinnamon Sheffield had the second best times, both running in 13.06 during the other heats. Sheffield's time was wind-aid-

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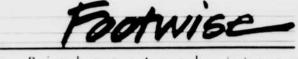








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