SPORTS

Solid lineup will give Red Sox World Series title

As baseball hall-of-famer Yogi Berra once said, "It ain't over 'til it's over

But the Boston Red Sox will win the World Series. hands down, come October.

As Pete Rose, who is definitely-not-in-the-hall-offame, once said, "You can bet on it.

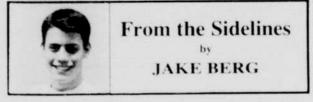
The world "championship" is certainly Boston's to lose, barring an epidemic of injuries or big heads on the part of the Red Sox. The Sox may have their best lineup in recent history, maybe even better than that of 1986, when they won the American League pennant. Who can beat the combined bats of Wade Boggs, Ellis Burks, Mike Greenwell, Tom Brunansky, Tony Pena and Jack Clark?

As Nike shoes character Mars Blackman once said. "Nooobody.

Clark, the newest Sock of the bunch, hit a grand slam to beat Toronto yesterday, and the \$5-million gun of Roger Clemens shot down six Blue Jays on strikeouts. Boston is getting its money worth after only the season's first day

Clemens is not the only pitcher in Boston's rotation that will woo the fans at Fenway Park. Danny Darwin. last year's National League leader in earned run average, was added to Boston's roster in the off-season. and reliever Jeff Reardon, who epitomized the definition of the fireman as a Minnesota Twin, will have a big season

It also helps that the BoSox belong to the American League East, the most tumultuous division in baseball. Boston was the consistent team of the AL East in the



'80s, and despite astrological claims, the '90s will be no different

Boston's biggest loss perhaps came when New York Yankees owner George Steinbrenner was effectively banned from the game. George could always be counted on to take the Yankees out of the pennant race early by hiring (and firing) an average of 11/2 managers a season

Life in the AL West is not as simple as the one-team race in the East, as four teams have a legitimate shot at winning the division. Oakland has been just bad enough in the World Series two of the last three years for no one to be picking the Athletics to win anything this year, but they will win their division. Oakland has the combination of a loaded pitching staff and heavy hitters that everybody wants but can't afford

Kansas City runs a close second behind Oakland. with California and Chicago's White Sox just as close behind. The addition of Kirk Gibson to the Royals' roster will ease the pain of losing Bo Jackson.

In the National League, Los Angeles is clearly the favorite, featuring newcomers Daryl Strawberry and Brett Butler, but the Dodgers may be looking more blue than usual if they don't get productive seasons from pitchers Ramon Martinez (20-6 last season) and Orel Hershiser, who is suffering from surgery. If the Dodgers' aces are no-shows, so are the Dodgers from the Series.

The NL West features as interesting a race as its AL counterpart. After Los Angeles, Cincinnati may be as tough as they were when they won last year's world championship, and San Diego and San Francisco are both strong clubs. The San Francisco lineup of Robby Thompson, Willie McGee, Will Clark, Kevin Mitchell and Matt Williams could be even better than Boston's. but the pitching is far from Giant for San Francisco.

If the Dodgers aren't facing Boston for the Series title in October, the New York Mets will be. Although they lost a head case in Strawberry, the Mets have added speedy outfielder Vince Coleman to their team. Dwight Gooden is a guarantee to be as good as his \$5million contract says he is, but money squabbles from teammate Frank Viola may cause controversy through the season.

Chicago looks to be a contender in the NL East, adding former AL MVP George Bell, but Pittsburgh, the defending NL East champs, will give New York the best run for a division title, returning the best allaround outfield in baseball and Cy Young winner Doug Drabek

But it will be the Red Sox celebrating together on the pitcher's mound when the Series wraps up in October. It's over. Bet on it. Nooobody is better than Boston

EFFERDING Continued from Page 10

added, "and there's no fruits or simple sugars.

Many people also associate big, hulking bodies with bodybuilding, but again that's not the case

Efferding stands 5-foot-11

only 4 percent body fat. He points to Frank Zane, a threetime Mr. Olympia who weighs only 185 pounds but won the world's best body-builder award over Arnold Schwarzenegger (240 pounds) and Lou Ferrigno (265 pounds). 'You don't need to be big.

and weighs 210 pounds with

just very defined," he said.

"The things (judges) look for are mass, symmetry and proportion.

There is also the stigma of drugs commonly associated with body-building and although it's something Efferding is tired of hearing, he does acknowledge it's something body-builders have to deal with

"It's the first thing they ask you about, but I guess they have to ask that." he said

For now, Efferding will continue with school and workouts in preparation for attending next year's junior Mr. USA body-building competition. With body-builders from big cities like Los Angeles. Chicago

and New York City, Efferding figures a year of added training will be necessary to compete with the nation's best.

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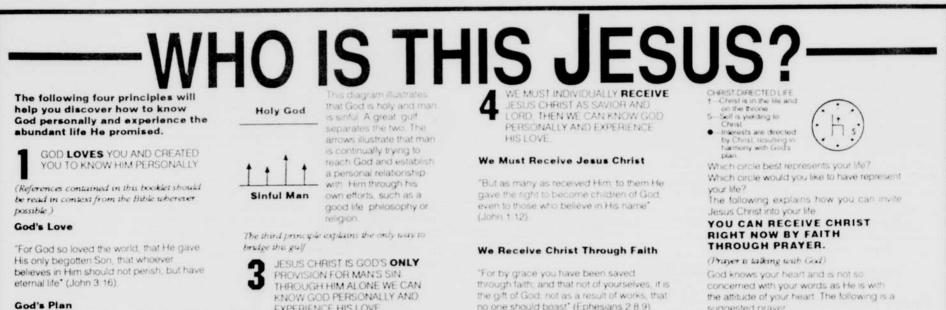
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"For two years after you winthe Mr. Oregon program. you're eligible to compete (in nationals)." he said. "I need to continue my training for a whole year to be ready for the big show.



"Now this is eternal life that they may know you, the only true God, and Jesus Christ, whom you have sent" (John 17.3, NIV).

What presents is from knowing God personally?



MAN IS SINFUL AND SEPA-RATED FROM GOD, SO WE

EXPERIENCE HIS LOVE

"But God demonstrates His own love toward us, in that while we were yet sinners,

He Rose From the Dead

He Died in Our Place

Christ died for us* (Romans 5.8)

"Christ died for our sins ... He was buried

He was raised on the third day, accord-

to the Scriptures He appeared to

(Christ is speaking) "Behold, I stand at the door and knock. if anyone hears My voice and opens the door, I will come in to him (Revelation 3:20)

When We Receive Christ, We

We Receive Christ by Personal

Experience a New Birth.

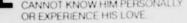
(Read John 3 1.8.)

Invitation

suggested prayer

"Lord Jesus, I want to know You per sonally Thank You for dying on the cross for my sins. I open the door of my life and receive You as my Sainor and Lord Ibank You for forguing my sins and guing me elernal life Take control of the throne of my life Make me the kind of person You want me to be

Does this prayer express the desire of your heart



Man Is Sinful

"For all have sinned and fall short of the glory of God" (Romans 3.23)

Man was created to have fellowship with God, but, because of his stubborn self-will he chose to go his own independent way. and fellowship with God was broken. This self-will, characterized by an attitude of active rebellion or passive indifference, is evidence of what the Bible calls sin.

Man is Separated

"For the wages of sin is death" (spiritual separation from God) (Romans 6:23)

Peter, then to the twelve. After that He appeared to more than five hundred (1 Connthians 15 3-6)

He is the Only Way to God

"Jesus said to him, 'I am the way, and the truth, and the life, no one comes to the Father, but through Me* (John 14.6)

It is not enough past to know these triaths

This diagram illustrates God [that God has bridged the gulf which separates us from Him by sending His S Son, Jesus Christ,to die U on the cross in our place S to pay the penalty for our Man

Receiving Christ involves turning to God from self (repentance) and trusting Christ to come into our lives to forgive our sins and to make us the kind of people He wants us to be. Just to agree intellectually that Jesus Christ is the Son of God and that He died on the cross for our sins is not enough. Nor is it enough to have an emotional experience. We receive Jesus Christ by faith, as an act of the will

These two circles represent two kinds of lives



SELF DIRECTED LIFE Self is on the tirone Christ is outside the lik-Interests are directed self, often resulting in discord and frustration

hit does, pray this prayer right Christ will come into your life, as He promised

How to know that Christ is in your life On what authority do you know that Jesus has answered your prayer? On the trustworthiness of Christ Himself, and His promises. He promised to come into your life if you will open the door (Revelation 3:20, Romans 10:9,10).

Want more information?

Campus Crusade for Christ 868 High Street, Eugene OR 97401 or come to one of our weekly campus meetings: Tuesday nights at 7:30, Willamette 100. © 1991, U of O Campus Crusade for Christ

"Come to Me, all you are weary and carrying heavy loads, and I will give you rest" -- Jesus

Oregon Daily Emerald