

SPORTS

Cross country teams back at NCAA meet

By Jake Berg
Emerald Sports Reporter

The Oregon cross country teams will conclude their 1990 seasons at the NCAA Championships in Knoxville, Tenn., today, a setting familiar to the two programs.

Women's Coach Tom Heinonen is taking an Oregon team to the national meet for the 14th time in his 15 years at Oregon. Last fall marked the only year in which a Duck team did not travel to the NCAAs as Stephanie Wessell was the only competitor to represent Oregon.

The fourth-ranked Ducks are strong up front with seniors Liz Wilson and Wessell and sophomore Nicole Woodward. The three are coming off of third, sixth, and ninth place finishes, respectively, at the Region VIII meet on Nov. 10 where the Ducks won the team title.

The two seniors are the only members of the team with NCAA experience. Wessell finished 58th last year and 43rd the year before while Wilson finished 16th as a sophomore and 17th in her junior year. An injury forced Wilson to redshirt the 1989 season.

Heinonen said the Ducks are rested and ready for a strong performance at the meet.

"Our goal is to get into the

top five," he said.

While Villanova is the overwhelming favorite to win the team title, a host of other schools, including Oregon, Brigham Young, Indiana and Cal-Irvine could challenge for second.

"It's really a toss up when you look at those eight teams," Heinonen said, "assuming top-ranked Villanova wins."

The men's team made it back to the NCAA meet although Colin Dalton, Oregon's top runner, missed the regional meet because of tendinitis in his knee. The Ducks finished third overall at the regional meet to earn a return trip to the NCAA meet.

Bill Dellinger, in his 23rd season as Oregon's coach, has given the school a reputable name at the national meet with Oregon winning the meet three different times and placing second on five other occasions.

Junior Pat Haller is the only Oregon runner who competed in last year's NCAA meet. Haller finished 17th last season and is the only runner besides Dalton, who was 31st in 1988, with NCAA experience.

"I think they're going to do all right," Dellinger said.

The women's race will begin this morning at 10 a.m. CST and the men will run at 11 a.m. CST.

GMC BUILD YOUR BODY!

High Performance Supplements
and Sports Nutrition Foods

Top brands, best prices, terrific selection. . .

- VICTORY • CHALLENGE • CYBERGENICS
- TWINLAB • PRO-PERFORMANCE

CHECK IT OUT!

10% OFF CHALLENGE 95%
Isolated Soy Protein (1 lb. can)

GNC GENERAL NUTRITION CENTER

Valley River Center, New Wing

484-0597

Ask about free delivery

TAKE A DUCK HOME FOR THANKSGIVING!

- *SHOT GLASS FOR DAD *SQUEEZE BOTTLE FOR YOUR SIS
- *COFFEE MUGS FOR MOM *"GAME" CAP FOR YOUR BROTHER
- *OREGON SWEATSHIRTS FOR EVERYONE!

Pre-Thanksgiving Sale

- *All Preprint Sportswear *All Sewn On U of O Sportswear
- *All Glass, Hats and Novelties

20% OFF Sale starts Nov. 19
and ends Nov. 21



Campus Connection

(Next to Dairy Queen)

344-3439 • 720 E. 13th

Don't be a SITTING duck



WE'RE YOUR TICKET OUT OF HERE!

FREEDOM BOWL PACKAGES AS LOW AS \$249.00

BOOK NOW FOR YOUR HOLIDAY TRAVEL.

Sign up for our weekly drawing.



831 East 13th.
Eugene, Oregon 97401
503-683-5577 / 1-800-888-3799

GERMAN AUTO SERVICE, INC.
Mercedes • BMW • Volkswagon
Audi • Datsun • Toyota

10% discount to U of O students on all repairs.
Offer good through 12/31/90.

342-2912 2025 Franklin Blvd.
Eugene, Oregon 97403

WIN PRIZES **DANCE** **TRIP TO RENO**

DUDES **the Kingston SALOON** **BABES**

TWO DANCE FLOORS 2020 W. Burnside
Portland
224-2115 **VIDEO D.J.**

Thanksgiving Day Party on the 22nd

Grand Opening Party on the 24th

**See you at the Kingston!
BE THERE!**