

SERVICES

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some services.

Beginning this fall, however, students will be charged \$5 for their initial visit each term to the Health Center. Additional visits to staff physicians, nurse practitioners, mental health care providers and health educators will be free.

The charge for the initial visit was instituted to help make up for money lost on measles vaccinations that were provided free of charge to students last winter.

In addition to the low-cost care, students can purchase prescriptions and over-the-counter items from the pharmacy at prices that are often lower than at local drugstores.

The Health Center is open Monday through Friday from 8 a.m. to 4:30 p.m. and Saturday from 8 a.m. to 11:30 a.m. Appointments can be made by stopping by the front desk, or by calling 346-4441.

Urgent care is provided from 8 a.m. to 8 p.m. seven days a week.

What do students do if, after settling in for the term, they find themselves itching to get out of the dorms, or discover that their rents are going to be raised to more than they can possibly afford?

The Rental Information Of-

fice, in EMU Suite 1, provides a free listing service for apartments, quads and roommates wanted, in addition to lists of co-ops and local rental agencies.

RIO also provides referrals for students who are having problems with their landlords, and gives them an opportunity to help future tenants.

"We maintain a complaint file where people can record a complaint against a landlord," said RIO staff member Chris Chupa. "This can be useful for other students who are looking at a particular apartment building."

RIO is open Monday through Friday 9 a.m. to 5 p.m. and will have some weekend hours this month.

At a university this size, getting along with other students and faculty is important.

However, sometimes communication breaks down between student and instructor, employee and employer, or roommate and roommate.

Many students, rather than taking formal legal measures, opt instead for help from the Mediation Center in EMU Suite 5. The program served about 100 people last year, most of them students, said Director Jacquie Gibson.

The program is partly funded by student fees, and its services

are available to students, faculty and staff at no cost.

Mediation Center records show that seven out of 10 parties who come to the center are able to reach an agreement in their dispute, Gibson said.

Success can also come simply from the nature of the program. "Participants make the decisions, not a third party, so they still have the power," she said.

Sometimes, communication problems can be more complex. What happens to students who find they can't get along with anyone anymore, or that they can't seem to handle life as well as they used to?

The Counseling Center, upstairs in the Student Health Center building, provides a range of confidential services for students who need help from a professional counselor. The Counseling Center provides individual, group, and couple counseling, as well as career counseling, and a variety of other services.

Each term, the Counseling Center offers several group counseling sessions with a specific focus, such as eating disorders, assertiveness, or children of alcoholics. To make an appointment, the Counseling Center can be reached at 346-3227 Monday through Friday from 8 a.m. to 5 p.m.



Students in need of housing can consult the rental board in front of the Rental Information Office in the EMU.



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