

**Travel the World at Folkways!**

Natural fibre clothing, jewelry and folk art from 40 countries.

762 E. 13th Ave  
next to the Excelsior  
343-8667  
Fifth St. Public Market  
downstairs  
683-2204

**FOLKWAYS IMPORTS**



Photo by Vince Ramirez

Mothers, supporters and shelter staff sing "Lean on Me" Saturday night, the first night of the camping protest.

**NOW AT KINKO'S!**

**Unbleached  
100% Recycled  
Paper**

**kinko's** Open 24 Hours  
Great copies. Great people  
860 E 13th 344-7894



Photo by Sean Poston

Michele Barnes and her daughter Cassie wait for a more permanent housing situation outside their tent.

**HOMELESS**  
Continued from Page 1

"It wasn't a palace, but it's better than other shelters I've been in," said Joyce Sutton, a mother of four who has found a place to stay but showed up to show her support.

Joyce Graham, one of 17 case managers at the shelter who are now unemployed, cited the communal lifestyle at the shelter that enabled the mothers to support each other emotionally.

"A lot of women were able to do a lot of bonding here among themselves," she said. "There was a lot of support here, a lot of staff and resident interaction."

"I didn't have any problem with it," said Debbie Wheeler, a mother of five who stayed in a tent Saturday night before finding other housing. "There was support from other people, being able to talk with other families in the same situation."

In addition to food and a clean place to sleep, the shelter offered child care for mothers who had jobs or who were

Turn to **HOMELESS**, Page 5

**SUMMER** at  
C L A S S E S

**INNOVATIVE EDUCATIONAL DEVELOPMENT**  
University of Oregon EMU, Mezzanine 110 346-4305

**SPECTRO-CHROME**  
QUANTUM HEALING

Quantum Physicists are proving today what Dinshah P. Ghadiali knew 70 years ago when he first introduced Spectro-Chrome to the public; Radiant Color possesses inherent properties which produce profound physiological as well as psychological changes.

This workshop will introduce the physical and meta-physical properties of Dinshah's twelve Attuned Color Waves. A step-by-step protocol for using this system effectively, includes the utilization of such tools as the Pulse/Respiration Ratio, Single Color Predominance Chart, Color Attribute Chart and the Variant Breath Forecast.

Each person will come away with the knowledge necessary to assess which color(s) will be needed for the correction of any functional imbalances.

June 30, 10:00am - 2:00pm  
U of O, 204 Chapman  
\$25.00

Fee of \$25.00 to be paid the day of the workshop only. Cash or check accepted.

A FREE informational lecture about the workshop to answer questions of the curious will meet.

Tuesday, June 26  
U of O campus, 112 Willamette  
(the new science building)  
7:00pm

Heart to Heart  
*an inward journey*

*One human heart has enough love to fill the entire universe... One mind enough brilliance to light our way...*

In each of us is stored the wisdom of the ages. We innately have all of the spiritual, psychological, emotional and intellectual keys for a peaceful, happier and more meaningful existence.

As we learn to open our hearts and journey within, we will begin to understand ourselves in a new way. A different perspective unfolds, our mind becomes still and more brilliant and our life takes on a deeper meaning.

This course will use ancient methods of the siddha saints (perfected beings), science of today and one's own personal psychology to align the inner and outer worlds.

Join us for an inward journey.  
Instructor: Shantimayi

June 21- August 2  
Thursdays, 7-9 pm  
U of O campus, 214 Friendly

This is a FREE class. No registration

How to  
**Meditate**  
Practice and Theory

This is an informative and experiential class. We will experience meditation during each class period as well as learning about how meditation works, the advantages of meditation, and the lifestyle changes to aid meditation.

No prior experience is necessary. This class will be for beginners as well as experienced meditators who want to learn more and have group support.

The support of others who are working on learning meditation is very valuable. We will have the group support and encouragement to learn and continue in spite of the usual difficulties and inner problems that can come up when meditating.

This class is non-denominational and everyone is welcome!

June 26 - August 7  
Tuesdays, 4:00 - 5:30pm  
Basement of the Kolonia Center  
1414 Kincaid

INSTRUCTOR: Joe Weiner  
This is a FREE non-credit course. No registration needed. Just show up!

**AIKIDO**

Aikido is a combination of the disciplined study of self-awareness and the harmonious blending of body, mind and spirit. This non-aggressive Japanese martial art places emphasis on centering, balance and relaxation, as well as on self-defense techniques. Training is designed to reduce tension, increase flexibility and heighten awareness of inner energy (called 'Ki' in Japanese).

Classes will begin with warm-up routines and Ki development exercises. Several basic and practical self defense arts will also be taught.

INSTRUCTOR: Wayne Vincent

June 19 - August 9  
Tues/Thurs, 7:00 - 9:00pm  
U of O, Esslinger 47, East gym

REGISTER and pay \$10.00 fee on the first day of class. \*\*Non-U of O students need to purchase a building pass for \$15.00 at Innovative Education or the first day of class.

Non-credit course.

**\*COPIES\***  
SELF-SERVICE  
ONLY

**2 1/2¢**

8 1/2 x 11 White  
NO LIMIT

**The Copy Shop**

539 E. 13th  
8:30am-8:00pm

**- COMPUTERS -  
IBM COMPATIBLE!**

**\$799 - AT!**

**\$999-386!**

Complete Systems  
Including Monitor!

**688-9579**

COMPUTER ASSOCIATES  
OF EUGENE