Spring Sports RUNDOWN

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liams is thinking bigger and better for her senior year.

"Next year, I'll hopefully win the NCAAs. That's a long ways away, but if my training keeps going as well as it's going right now, then I don't think there's anything that's really in my way except girls who are faster than me," Williams said with a laugh.

Things had been going pretty well for Williams until last Saturday's Pepsi Team Invitational at Hayward Field. Williams was undefeated in both the 100 and 200 going into the meet.

Williams was well ahead in the 100, but was forced to ease up at the end by a strained hamstring. She still won the race with a time of 11.81, but her day was through and she was relinquished to a cozy seat and an ice pack.

"My hamstring felt tight all week, and I felt it three times during the race," Williams said

The injury probably will not keep Williams down for long. She might possibly run one event next week, but she is concentrating on getting healthy for the Drake Relays April 28 in Des Moines, Iowa.

Despite the strained hamstring, Williams has enjoyed her 1990 track season. But things are different this year

"Last year there was so many older people that I looked up to and I respected. This year, now I'm one of the older ones, and everyone kind of looks up to me," Williams said. "It's harder, but as each track meet goes along it's easy for me to accept that role as being a team leader."

Oregon assistant coach Mark Stream agrees that Williams is a vital factor to the success of the Ducks.

"She's certainly a very important person. She's a national-class performer in an area that's critical to any track team." Stream said. "She adds an awful lot to the overall level of competition of our team."

The progress Williams has made since joining the collegiate ranks is something that has impressed Stream.

"I think she's made great strides in her first two collegiate years." Stream said. "I would attribute that to her training program."

Williams has not always taken track as seriously as she does now. It took a sprint coach from Stanford her junior year of high school to put her running abilities into focus.

"At first, I took track as just going out there and doing it.

After watching me, the Stanford coach sat down and talked to me about it," Williams said.

"He gave encouragement and told me I had potential to be the best. He said all I had to do was put my mind to it. Sometimes my mind gets off of it, but I always think back to how he sat there and talked to me." she said.

Now that Williams is serious about track, she has set some high goals for herself that go beyond her career at Oregon.

Williams would like to make the United States Olympic team in 1992. If she does not make it she said she would be just as happy, if not more so, to make it to the World Championships in 1993.

"To me the World Championships are more of a good thing than the Olympics because almost everyone is there." Williams said. "Whereas in the Olympics, a lot of people boycott because they don't deal with that country."

The 1996 Olympics is an option for Williams as well.

"If I stay healthy, I'll keep running until 1996 and then after that it's over. No more." Williams said.

A human services major.

Williams would like to work with abused children after track is through.

"I don't like to see little kids being abused. I'd like to help." Williams said

Coaching track is also something Williams would like to pursue



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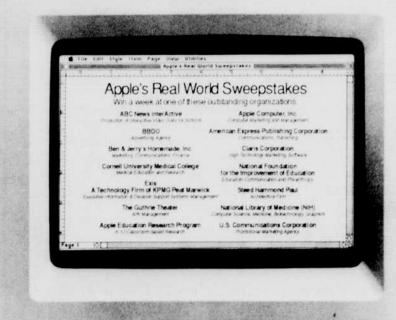
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Golf teams face busy second half of April

April will be a busy month for both the men's and women's 1990 editions of Oregon golf, with the men traveling to Tempe. Ariz, this weekend to take part in the Sun Devil Thunderbird Classic and the women traveling to the Pac-10 championships in Stanford on April 26-28.

Senior Tim Hyal of Beaverton leads the men with a 12-round average of 71.8 this spring. The all-American candidate is featured in the latest issue of *Golf Week* magazine as the collegiate player of the month.

Hval also led the Ducks in tournament victories with firstplace finishes in the Duck Invitational and the Fresno State/Pepsi Classic.

Chris Holzgang chips in with a 73.5 average while Tom Smith averages 74.5 and Rob Rannow 74.6 for the Ducks The Ducks have taken third and second place finishes in tournaments the last two weeks. Oregon took runnerup at the Western Intercollegiate last week with an 881, six strokes behind Fresno State. A few days earlier, Oregon was third behind Fresno State and Arizona State at the Pepsi Classic. The Ducks also won their own 19-team Duck Invitational March 19-20 with a 54-hole total of 882.

Sophomore Starla Yamada leads the women with an 81.0 average followed by sophomore Nancy Crawford's 81.9 mark.

The women tied for 15th at the Lady Sun Devil Invitational. April 9-11, shooting 969. Arizona 5 tate took team honors at 882. Yi mada topped Oregon at 20th followed by Crawford tied for 23rd.

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