



Spring Sports RUNDOWN

Ducks in fast lane with Williams

Sprinter looking to NCAAs

By Cam Sivesind **Emerald Sports Reporter**

Oregon track has long been known for its distance runners, but Rosie Williams may change all that before her career at Oregon is through.

Williams, the school record holder in the 100 and 200 meters, has made a big impact on the Ducks' track program ever since transferring from Oregon State before the 1989 season. The Beaver track program expired after the 1988 season and Williams made her way to Ore-

The California native cruised to a personal record 11.58 in the 100 at the Occidental Invitational last May while running a PR 23.39 in the 200 that same month at the Brigham Young Last Chance meet.

But Williams' fondest memory came at the Pacific-10 Conference championships last year. The junior sprinter captured the Pac-10 title in the 200 (23.61) and notched a second

'Last year, I really wanted to do well at the Pac-10s," Williams said. "I thought that I could win, but after the semis it was iffy. In the finals, everything finally clicked and that was my biggest accomplishment here.

Williams failed to make it past the preliminary heats at the NCAAs in 1989, but she is not finished by a long shot. She has the goal to be an all-American this year, and there is one way she would like to do it.

"This year, I'd like to go to the NCAAs in both the 100 and 200 and make the finals in both," Williams said.

A final appearance in both events would make her an automatic all-American.

Last year was a learning experience for Williams, and she hopes to take advantage of that education this year.

"I was just happy to be there last year. It gave me a taste for what the NCAAs was like." Williams said. "So now, when

Rosie Williams

I go back. I know what it's like so I can really focus on what I

Future goals do not stop with this year's NCAA meet. Wil-

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