

THE STUDENT BODY

COLUMN

Student sells body to school for tuition

By Matt Kleinerman
■ Columbia Daily Spectator
Columbia U.

We can no longer deny the facts. We can no longer close our eyes and turn our backs — at least not without getting dizzy and bumping into things. The time has come to admit it: Prostitution is running rampant on our campus.

Otherwise innocent students are exchanging their bodies for money, drugs and favors, helpless victims of the high cost of higher education. And if this weren't enough, these students are selling their bodies to their own professors with the explicit approval of the university administration.

I know, because I am one of them. I am a science whore.

It started innocently enough. Living the perpetually strapped life of a graduate student, I saw a sign posted on the grimy wall of my tenement — er, dorm — and two magic words jumped off the paper, shining a ray of hope into my destitute existence: "Subjects wanted."

The deal was simple. A professor with grant money oozing out of his pockets was looking for some young guys to do a couple of tricks for him. Nothing kinky, you know, just a simple diet study. All we do is eat everything he gives us, and in exchange we get all the food free.

But that was just the beginning. Soon after we started, Dr. G (I promised I wouldn't print his name), came to talk to us. He had an extra little bonus for us: Since we were so "compliant," we could let this doctor friend of his stick this long tube down our small intestines, and we'd get 250 bucks a pop.

So I let this guy give me the biopsy, and sure, it hurt, but when I walked out of that office carrying 250 big ones, I knew I had locked into a good thing.

The next day my friend brought me over to the doctor's lounge. It was then that I saw them — the other science whores. Leaning against the hospital walls in their flimsy green scrubs, casually smoking their experimental tobacco-free cigarettes, swinging their hospital IDs around on chains, proposition-

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HEALTH

One-sided

A fashion trend most students follow may contribute to back problems.

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Drug abuse class teaches athletes to be role models

By Andrew Howell
■ The Daily Pennsylvanian
U. of Pennsylvania

When it comes to drug abuse, the U. of Kansas tells its student-athletes more than "just say no."

Last year, the university instituted one of the nation's first mandatory drug education classes to teach athletes about the consequences of substance abuse. And, according to the coordinators, the high level of drug use among college athletes will force such classes to become an integral part of most college athletic programs.

According to national statistics, 5 to 10 percent of all student-athletes take some form of drugs.

Two years ago, KU professors Robert Tricker and David Cook, concerned about these numbers and dissatisfied with prevention methods such as random drug testing, designed the course "Substance Abuse and Protection."

In addition to attending weekly lectures and films, each student in the course must design a project about a certain aspect of drug use and present the project to area teenagers.

"Before our program, true education wasn't happening," Cook said. "Though speakers would come in from time to time, it just wasn't enough. We're trying to develop role models in these athletes."

Cook, director of sports psychology at KU, said that anabolic steroids and human growth hormones are the most commonly used performance-enhancing substances, and both often lead to increased aggressiveness and reduced sexual performance.

Cook said performance pressures during games and in the classroom make college athletes especially vulnerable to drug abuse.

"Athletes have a special problem because they have many pressures, many expectations," Cook said. "They have to deal with the rigorous schedule of competition as well as the academic

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SPORTS

Like father, like son

A Purdue U. basketball player is following in his father's footsteps on the court.

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SPIRIT

Duck!

Students at the U. of Pennsylvania show support for their team by throwing toast.

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ALAN GIBSON, UNION, CAL STATE U. LONG BEACH

Experts dispel treatment myths

By Jennifer Martin
■ Indiana Daily Student
Indiana U.

Home remedies students use to beat insomnia often make them more restless, according to health center employees at Indiana U.

Insomnia, a frequent accompaniment to stress and illness, can even perpetuate itself, said Dr. Robert Friedmeyer, IU physician. "A lot of students will simply lie there and worry about the fact that they can't sleep," he said.

The mistaken "cures" students most frequently use are chemicals, Friedmeyer said.

Alcohol, a popular depressant, actually contains by-products that stimulate the brain and block REM

sleep — the deep, restorative sleep in which dreams occur. Friedmeyer said people who drink before sleeping often wake up groggy.

"One drink is probably not going to cause many problems. But if they need alcohol to relax, they have an underlying problem," he said.

Smoking is another popular wind-down activity, said Anne Reese, director of health and wellness education. But the nicotine in cigarettes is a powerful stimulant, she said, and studies show people sleep better after breaking their nicotine addiction.

Likewise, hot tea — also perceived as a relaxant — has as much caffeine as coffee, Friedmeyer said.

Other students try exercise, which may or may not induce drowsiness,

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Team coached in rules of etiquette

By Jennifer Rampey
■ The Red and Black
U. of Georgia

U. of Georgia basketball players were more worried about faux pas than fouls when they learned the finer points of etiquette earlier this year.

Coach Hugh Durham enrolled team members in an etiquette class in preparation for the banquets they attend throughout the year.

"If you're able to relax and you're comfortable with the setting, you're able to

enjoy yourself," he said. "How many people between the ages of 17 and 18 know how to go to a fine restaurant where you have eight pieces of silver and a six- or seven-course meal?"

Player Alec Kessler agreed. "I don't think many people actually do know proper etiquette. This is especially good for athletes because we do attend so many formal banquets," he said.

Durham said some of the coaches also attended, and some other sports coaches may look into the program.

FOR WOMEN ONLY: Coaches' wives teach sports basics



DAVID MAYES, KANSAS STATE COLLEGIAN, KANSAS STATE U.

Kansas State U. junior Joy Jones helps demonstrate pass interference.

By Paige Gantz
■ Kansas State Collegian
Kansas State U.

More women may be joining their male counterparts at Kansas State U. sporting events this year.

A series of classes, taught by K-State's athletic coaches' wives, are designed to help female students who want to understand more about football, baseball and basketball.

Betsy Nelson, wife of defensive line coach Mike Nelson, taught the first class. "It was designed to give women an understanding and feeling that they are part of the game as the season begins."

The courses are geared toward novices. Nelson said, "I did not teach the

class to women who want to be coaches. We looked at the basics of the game and the terms that are used by coaches, players, referees and fans."

Barb Kruger, wife of men's basketball coach Lon Kruger, used a tape of three games for one lesson. "I used this tape in my class because it contained terms that are picturesque and describe vividly what was going on during the game."

Kruger stopped the tape and the class translated play by play. "We went over terms such as 'pound it in the paint,' 'off the block,' and 'right quarter court.'"

Senior Lisa Rephlo said, "I don't want to make a fool of myself when watching football with my friends. It allowed me to ask questions about the game without feeling foolish."