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15-minute appointments are available to individuals or groups of five or less. Please call 686-3036 to schedule an appointment in the President's Office, 110 Johnson Hall.

## Steroid crackdown long overdue

By Tracy Sumner  
Emerald Sports Editor

Given the pervasiveness of steroid use among college football players and other athletes, the actions taken at last week's NCAA convention are long overdue.

The NCAA ended its 1990 convention by taking bold steps to curbe the use of drugs by college athletes. The steps were aimed primarily at the use of anabolic steroids and their masking agents (used to mask steroid use from testers).

Delegates at the convention voted 659-25 to approve mandatory testing for drugs. The vote also approved harsh penalties, including, in some cases, lifetime banishment from college sports for athletes caught using drugs.

The lure of big-time college football has created an atmosphere of competition for the scholarship dollar. Athletes, looking for any edge they can get, all too often turn to the use of steroids to give them that edge.

But the use of steroids or any other performance-enhancing drug is a diseased approach to a competitive edge on two levels. The most publicized of these is the medical problems associated with the use of steroids.

Steroid use has been linked to maladies such as heart, liver and kidney disease as well as hypertension and cancer.

There are also severe sexual problems associated with steroids. The drugs have been linked to impotence and sterility in men as well as the growth of female breast tissue.



### From the Sidelines

In women, steroids can cause growth of facial hair, enlargement of the clitoris, deepening of the voice and irregularity in menstrual cycles.

There is also evidence to suggest that steroids can cause severe emotional and mental trauma in the user. That includes severe depression, paranoia and extreme aggression in the user ("roid rages").

So why do athletes use these drugs? Quite simply, they work.

Steroids work mostly by decreasing recovery time between workouts and by increasing intensity and aggression during workouts. They also help the body process protein to increase muscle mass.

Athletes often try to increase the effectiveness of the drugs by taking massive doses, sometimes as much as 100 times the prescribed dosages. They also take two or more types of steroids at one time, a practice called "stacking."

But all these facts are secondary to what should have been the the NCAA's motivation for passing the drug testing rules. The use of steroids or any other performance-enhancing drug is, quite simply, cheating. Those athletes who have the ethical character to avoid drug use are put at a severe disadvantage to those who do not.

In short, steroid use continues despite all the negative publicity and despite all the NCAA has done to discourage their use. Something substantial had to be done.

So beginning Aug. 1, three dozen players from each NCAA Division I football program in the nation will be tested once, maybe twice, a year for steroid use. Any player found to have used anabolic steroids will lose a year's eligibility on his first offense. If steroids are found in that players system a second time, he would be banned from college football for life.

That's a steep price to pay.

The program will cost the NCAA \$1.6 million a year. It's money well-spent.

## Oregon men post tennis victory

The Oregon men's tennis team won five of six singles matches and swept all three doubles matches to pull out an 8-1 win over Cal State-San Bernardino Friday in Palm Desert, Calif.

Kevin Cory beat Alaric Jura 6-1, 6-2 in flight no. 1 followed by a win by Oregon's Ted Rubin over Yancy Dodson by a 6-3, 6-1 score in the second flight.


Oregon's only loss came in the third flight where San Bernardino's Mark Oliver beat James Hazard 6-1, 6-1.

Jon Weinberg of Oregon won in the fourth flight 6-2, 6-3 over Jon Allen. Christian Oelke beat Jose Cordova 6-4, 6-0 in the fifth flight followed by a sixth flight win by Oregon's Devin Govro over Richard Chen by a 6-1, 6-0 score.

In doubles, the team of Cory and Hazard beat Jura and Dodson in a tough 4-6, 7-6, 6-3 match followed by a Weinberg-Rubin win over Allen and Oliver by a 7-5, 6-4 score. Govro and Oelke closed out doubles play with a 6-1, 6-1 win over San Bernardino's Chen and Cordova.

The team's next meet is Feb. 16-18 at the UNLV Invitational in Las Vegas. The Ducks host Washington Feb. 24.


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