



JASON MUNROE, IDAHO ARGONAUT, U. OF IDAHO

A sophomore at U. of Idaho, Erik Dague enjoyed snowboarding in 60 degree temperatures at Sun Valley Idaho.

Snowboarder wins \$7,000 at nationals

By Aaron Ponce
■ Lumberjack
Northern Arizona U.

A junior in physical education at Northern Arizona U., Carla Dalpiaz, won first place and \$7,000 in cash and prizes for her victory in the United States National Snowboarding competition.

Dalpiaz also came in second for the downhill and eighth in the half-pipe trench used for tricks.

She started skiing when she was three years old, and began racing for the North American Ski Team at the age of six.

Dalpiaz skied for the U.S. National team in 1985 and '86, but her skiing career ended when she fell and hurt her knee during the 1986 season. She was out of school for a year, and could not renew her scholarship at U. of Colorado.

In 1987, Dalpiaz began coaching the Flagstaff Ski Team, learned to snowboard and competed in her first snowboarding competition in 1988.

"Snowboarding is much more laid back than skiing," Dalpiaz said. "Also the training is not as hard."

Interstate mullet toss draws college pride from Fla., Alabama

By Staff Reporters
■ Chanticleer
Jacksonville State U.

While mullet tossing is not a team sport, college pride is on the line when students from one school go up against those from another.

Mullet, one-pound saltwater fish, were hurled across the Alabama-Florida state line as high as 170 feet in the air when college students from throughout the South competed for a world's record as the Flora-Bama Lounge hosted the fifth annual Interstate Mullet Toss and Annual Great Gulf Coast Beach Party.

Last year's toss was won by Steve King of Pensacola, Fla., with a throw of 111 feet 7 inches.

During the preliminaries, with the wind to his back, King tossed the salty projectiles 170 feet and one-half inch.

Jujitsu club teaches fitness, survival

By Martha Parsons
■ Daily Northwestern
Northwestern U.

Students' competitiveness in the classroom may not extend onto the streets, said Northwestern U. jujitsu instructor John Lewis, indicating that students need to learn tactics to survive physical confrontation.

Teaching students mental toughness and the will to succeed in a fight is the most difficult aspect of fighting for Lewis to teach, he said at a jujitsu demonstration at Northwestern U.

"The will to survive — emotional toughness — is something you're born with," he said.

"The goal and the only goal of this class is to teach you how to survive a street con-

frontation."

Jujitsu, a martial art stressing fighting, uses throwing, hand and foot striking, grappling and even choking. Unlike

"The will to survive ... is something you're born with. The goal of this class is to teach you how to survive a street confrontation."

— John Lewis, jujitsu instructor

the more spiritual aikido and the competitive judo, jujitsu is a practical art.

"I'm not interested in Oriental philosophy," he said. "That won't help you on the street."

Lewis, a black belt in jujitsu, is in his 12th year of unpaid teaching at Northwestern U., and he has taught for

more than 22 years at other universities. Diane Wallander, a 1987 Northwestern U. graduate, said she joined the jujitsu club her freshman year because she was worried about campus rape.

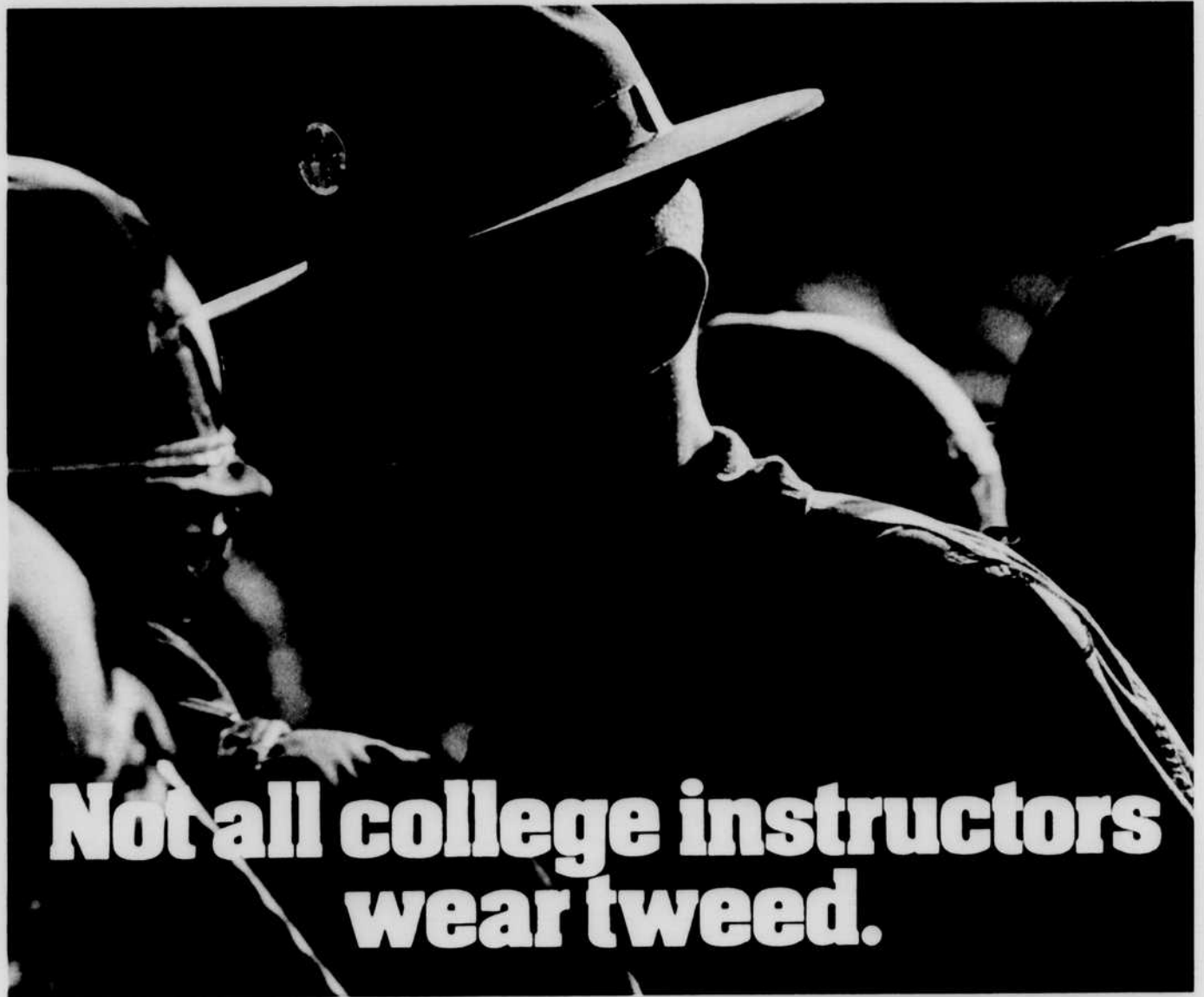
"Karate is not going to help you with someone who's serious," Wallander said.

Wallander is the first woman at Northwestern U. to pursue a black belt.

"Jujitsu is not a function of strength," Lewis said. "The smallest woman in the class can do it."

Sophomore John McKissack said he attended the demonstration because he was looking for a group to help him get in shape.

But McKissack was not sure he would join the club. "It seems like there's a lot of falling, he said, too much falling on purpose."



Not all college instructors wear tweed.

The men and women of the Army National Guard would like to give you an education.

Lesson One: Economics. College isn't cheap.

Lesson Two: Finance. But by serving in the Army National Guard you can qualify for the Montgomery GI Bill—and earn up to \$18,000 towards college. By serving as little as one week-end a month and two weeks a year, you can just about cover your tuition.

Lesson Three: Psychology. The Guard will also teach you things about yourself you never knew. You'll gain self-confidence. You'll find out what you're made of. And just how much more you're capable of doing.

Lesson Four: Philosophy. Whether you're operating a tank or assisting in an operating room, you'll be part of making America a stronger nation.

For additional information on how to continue your education, return this coupon or please call 1-800-638-7600 or contact your local Army National Guard.

Mail to: Army National Guard, PO Box 564, Hanover, Maryland 21076

Name _____ M F

Address _____

City _____ State _____ Zip _____

Phone Number (____) _____

U.S. Citizen Yes No Date of Birth _____

Soc. Sec. No. _____

I am: In High School In College

H.S. Graduate College Graduate

Prior Military Service: Yes No

Branch _____

Rank _____ MOS _____

I understand there is no obligation. The information you voluntarily provide, including your social security number, will be used for recruiting purposes only. Your SSN will be used to analyze responses. Authority: 32 USC, 503.



Americans At Their Best.