

SWIMMING



Court Reservations

The covered tennis courts and outdoor racquetball courts are available at 3:30pm each weekday and at 8:30am weekends.

Reservations may be made by telephone or in person. Check with the RIM office for regulations regarding procedures and use of courts.

Open Recreation

Open recreation is an important feature of RIM programming. Open rec offers a less structured, non-tournament form of participation. Throughout the year, facilities are regularly set aside for drop-in activities. An equipment check out service for many activities is available at the Esslinger Hall locker room.

Recreation Swim

Leighton and Gerlinger Pools are available at specified times for open lap swim. Those people who swim for relaxation, conditioning, or fun can choose from more than 30 hours of open time.

Family Swim/Springboard Diving

Each Sunday from 1:00pm to 2:30pm, Leighton Pool is available for parents and children to enjoy time together in the water. The shallow end of the pool is sectioned off, while the deep end is available for diving. Check out the pool and plug this time into your recreation schedule. Cost per family is \$3.00. Students with I.D. are free.

Harry Jerome Weight Center

This weight training room was made possible by "The Men of Oregon" Track Team through a fund-raising campaign facilitated by their coach, Bill Bowerman. The weight training room is dedicated to the memory of Harry Jerome, Olympian, world record holder in the 100-meter dash and outstanding "Man of Oregon Track Star." The Harry Jerome Weight Center was designed and equipped with the general student in mind. It is the best equipped free-weight facility of its kind in the area.

Open Recreation Hours

Badminton:	UH	6:30pm-10pm GerX B54	Swimming:	MWF	11:30am-1:30pm Ger Pool
Volleyball:	MW	3:30pm-5:30pm GerX B54		M-F	5:00pm-6:30pm Ger Pool
	F	6:30pm-10pm		M-F	6:45am-8:30am Lei Pool
Weight Room:	M-F	6:45am-8:30am Est 36		M-F	11:30am-1:30pm Lei Pool
	M-F	11:30am-12:30pm		MWF	8:00pm-9:30pm Lei Pool
	MWF	3:30pm-9:30pm		M-H	10:30pm-12:30am Lei Pool*
	UH	3:30pm-6:30pm		Sat.	11:00am-1:00pm Lei Pool
	M-H	10:30pm-12:30am*		Sun.	1:00pm-2:30pm Lei Pool**
	Sat.	10am-7pm		Sun.	2:30pm-4:00pm Lei Pool
	Sun.	12:15pm-4:45pm			

* 50 cent use fee for Late Night.
** Springboard Diving & Family Swim



Tele-Info

During the school year, this service is available from 9am-11am, Monday through Saturday, and from 1pm-11pm on Sunday. Hours may be reduced during vacations. To use the service, dial ext. 4636 and request a tape by number.

Recreation

- 607 Tennis court reservations
- 608 Weight room hours
- 609 Pool hours
- 623 RIM Flag & Razzle Dazzle Football
- 624 RIM Indoor Soccer
- 627 RIM Volleyball
- 628 RIM 3x3 Basketball

RIM Staff

Karla Rice, Director
Laurel Hanley, Secretary
RIM Assistants:
Jeff Dow, Intramurals
Suzanne Feuerborn, Recreation Classes

Amy Harris, Weight Room
Sharon Jubrias, Athletic Training
Rhonda Parker, EHEP
Christopher Snell, Intramurals
Lou Tanselli, Intramurals

Student Employment

RIM provides employment opportunities for students as weight room supervisors, office workers, radio monitors and officials. Training sessions are held for student employees. Officials are hired for football, volleyball, basketball, soccer, swimming, track and softball. Check the RIM office for details.



Coming Events TO WATCH FOR . . .

WINTER 1990

Intramural
Basketball (M,W,C)
Racquetball (M,W,C)
Wrestling (M)
Mini League
Volleyball (C)

Mini League
Ultimate Frisbee
Grass Volleyball
Special Events
Soccer Scramble
Tennis Classic

SPRING 1990

Intramural
Softball (M,W,C)
Tennis (M,W,C)
Soccer (M,W,C)
Swim Meet (M,W,C)
Track (M,W,C)
Golf (M,W,C)

Special Events
Basketball Scramble (M,W,C)
Free Throw/Hot Shot/3 Point Contest (M,W)
Indoor Soccer Tourney (M,W,C)
Tennis Classic
Fitness Festival