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Protesters dragged out of lobby

By Frale de Guzman
Emerald Associate Editor

Police officers Friday dragged nine demonstrators against U.S. intervention in El Salvador out of the Federal Building, to outside chants of "Stop the killing! Stop the war! Get the U.S. out of El Salvador!"

For four hours, the nine demonstrators, supported by about 100 protestors who surrounded the outside of the Federal Building, 211 E. 7th Ave., sat in a circle of solidarity inside the building's lobby before being bodily dragged out by police officers at about 8 p.m.

No one was arrested in the incident.

The demonstrators are among "thousands of American citizens nationwide participating in a national call to action to stop U.S. war in El Salvador," said Sarah Lawton, spokeswoman for Committee in Solidarity with the Central American People.

"This is an important time for the people in El Salvador," Lawton said.

The country has suffered from nine years of civil war and more than 70,000 people have been killed because of the "immoral and illegal policies of the U.S. government, which has precipitated the current crisis in the country," she said.

To emphasize her point, Lawton read from a copy of a

Turn to Protest, Page 7



Photo by Sherlyn Bjorkgren

Rory Canada joins about 100 other University and community protesters against to U.S. involvement in El Salvador at the Federal Building on Friday.

Caffeine from colas keeping students awake

Habit, however, can be addictive

By Lindy Holt
Emerald Contributor

The alarm goes off, the battle is over. It's 9:30 in the morning. Only two hours of sleep has been managed. Another "all-nighter" is over.

Downstairs, on the table, there are scattered papers, a typewriter and other remnants of the previous night's fight.

Empty, one-quart, paper cups give a clue to how the battle was won.

Students at universities all over drink cola beverages for the caffeine they need to stay awake and study. "There's no way I'd make it without it," said an architecture student at the University.

Since 1987, cola drinks have become the number one source of caffeine intake, said Richard Schlaadt, a University author and health professor. Coffee is now in second place to carbonated drinks, he said.

But there may be bad news for students hoping the stimulant will improve their grades.

Schlaadt, reading from the American Journal of Psychiatry, cited a study done on 1,500 undergraduate college

students in which the group consuming the most caffeine had lower academic performance, as well as a higher frequency of psycho-physiological disorders, than others participating.

"It must be remembered that once any stimulant agent is metabolized, there follows a period of behavioral and mental depression," wrote Robert Julien, of St. Vincent's Hospital and Medical Center in Portland, in his book, "A Primer of Drug Addiction."

According to Julien, tolerance to caffeine may develop after prolonged ingestion of large doses and it can induce a physiological dependence.

Boon Sim, a University senior majoring in finance and marketing, estimates that he drinks about two Seven-11 Super Big Gulps (44 oz. each) a day. "It's a habit from the summer," he said. "If they are on sale I'll drink three a day."

"Protect your Big Gulp," Sim said. "Once after buying one, I ran into a group of friends. I gave one of them a sip and by the time my Big Gulp got back around to me, it was empty."

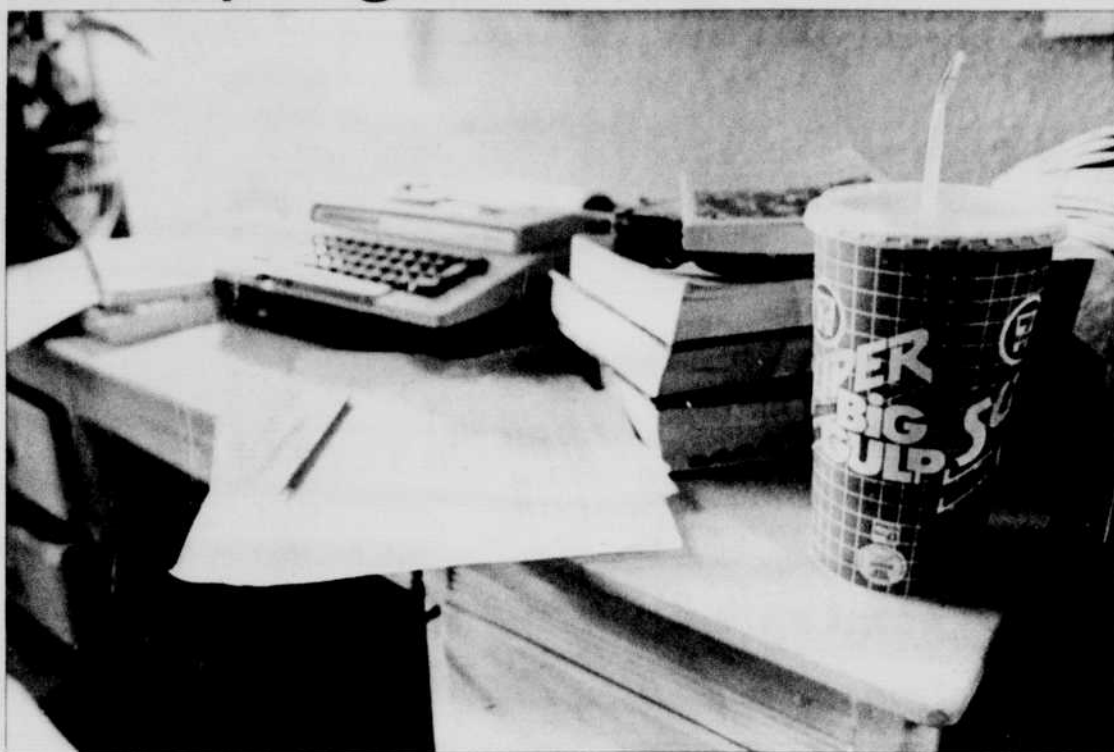


Photo illustration by James Marks

More and more students are relying on megadoses of cola beverages to get themselves through an all-night study session. But be warned — studies suggest excessive amounts of caffeine and sugar can affect behavior and even decrease academic performance.

Tucker Teague, a senior majoring in telecommunications/film and art history, said he drinks two to three Super Big Gulps a day. He estimates

that he spends close to \$40 a month on cola beverages.

"I totally get into a routine," he said. "It is a tradition between friends, go get a Gulp

and talk."

Teague said that there are times when he buys a Big Gulp

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Child care measure, budget plan gain OK

By Brian Bloch
Emerald Reporter

During its last meeting of the term Friday, the EMU Board voted to support placement of a \$67,243 measure on the Spring ballot. If approved, the money will cover the start-up and operating costs of the proposed Westmoreland Child Care Center.

The ballot measure must now be officially placed on the ballot through approval by the Incidental Fee Committee or

EMU Board

the ASUO Executive.

The board approved the placement of the ballot measure 10-0-2 after discussion concerning whether part of the costs could be covered by incidental fees.

In other business, the board approved for submission to the IFC its 1989-90 budget request. The request will represent a 13-percent increase over this year's budget, although salary increases mandate almost 11 percent of the total.

Although board member Doug Pyle expressed concern about needing more time to review the request, it passed 11-0-1.

The board also heard a report from the Skylight Food Alternatives Committee during the Friday meeting. According to sub-committee chairwoman Mary Korloff, the food alternatives committee has drawn up a list of requirements for placement of a restaurant in the EMU that will be organized and incorporated into a revised request for proposal (RFP).

The RFP will later be reviewed by the committee and sent out asking interested contractors to bid on the project.

During its next meeting in early April, the board will discuss a letter it received from University President Paul Olum stating that he will not support the board's recent amendment to exclude all faculty and staff members on the board from voting positions.

Some board members who support the amendment currently are looking for possible compromises with the administration, or possibly trying to uphold the amendment through legal action, Pyle said.