

-UO-Bookstore-

Video Rentals

SUPERMOVIES

Movie Rentals

\$1.00 Mon.-Thurs.
(\$1.50 for New Releases)

\$1.50 Fri.-Mon.
(\$2.00 for New Releases)

VCR Rentals

\$4.95 Mon.-Thurs.
With 1 FREE Movie

\$9.95 Fri.-Mon.
With 2 FREE Movies




Coupons in the Emerald save you money. Check every page, every day. It pays.

Men's, women's cross country confront two different challenges

By Andrew LaMar
Of the Emerald

The men's and women's cross country teams are on different trails this fall. The men are jogging the winding curves of a rebuilding season while the women are running the straightway for a national title.

With ten runners returning to the women's team from last year and five of those having competed in nationals last year, head coach Tom Heinonen couldn't be happier. The team's top two runners are Pacific 10 Conference champions.

Penny Graves, a junior at the top of the list, won the conference cross country championship last fall with a time of 16:51.7 and went on to place 13th at the NCAA championships, leading the team to a fourth place finish. Graves won every race she competed in last

fall except the nationals.

Another standout is senior Annette Hand, who won the conference title in both the 3,000 and 5,000 meters last track season. Hand finished fourth in the 3,000 and second in the 5,000 at the NCAA track championships last spring.

Other top runners include Lisa Johnson, a senior who finished 39th at the NCAAs last fall; Liz Wilson, a sophomore who finished 40th at NCAAs last fall; Deanna Schiedler, a fifth-year senior who finished 78th at NCAAs last fall; and Libby Tyson, a sophomore who finished 83rd at NCAAs last fall.

Heinonen said although the women's team is clearly a favorite to win the conference, he won't know what the team's chances are for an NCAA championship until it runs against Wisconsin, another top contender that has many returning top runners. That meet will take place Oct. 10 in Madison, Wis.

"I'd like to improve on (finishing fourth) and get in the top three and come home with some hardware," Heinonen said. But the competition is so intense in the Pac-10 and at regionals that the team could easily miss getting a bid, he added.

After the Wisconsin meet, the team will be looking forward to the Pac-10 championships Oct. 31, the regional championships Nov. 14, and the NCAA championships Nov. 23.

"I think if everyone stays healthy we can be in the top three. An NCAA championship isn't far out of reach," Graves said. "I've even talked with some of the people on the team and they think it can happen. We don't want to start saying that yet just because you can work with pressure, and it can work against you."

The Oregon men's cross country team, however, won't be looking to a national championship this season. The team finished fourth at nationals last fall, but that was a team rich



Women's head coach Tom Heinonen has all five runners who competed in nationals last fall returning this season.

with talent and experience. Only two of last year's team's top ten runners are returning this fall (junior Carlton Jones and senior Chad Bennion).

"We have a year or two of rebuilding in front of us," said Bill Dellinger, the men's head coach.

Dellinger said the team will be lucky to get a berth to nationals this year, and, in fact, he doesn't expect it to happen. The season is too young to predict whether some individual runners from the team will qualify for nationals, Dellinger said.

The top 15 finishers at regionals qualify for the NCAA championships.

"We have some talent, but (the runners) are young and inexperienced," Dellinger said.

Top prospects for the team include Jones, Bennion, sophomore Brad Hudson, and freshmen Peter Fonseca and Robin Card. Dellinger said he doesn't know what to expect from many of the runners.

The favorites to win the conference this season are UCLA, Arizona and Washington, Dellinger said.

Available in most University courses:

Tutoring

Certified tutors with departmental references

Contact:

Academic Learning Services
108 Library 686-3226

SILVER BULLET



Go for the six shooter!

COAST DISTRIBUTORS, Inc.
555 Shelley Street

-UO-Bookstore-

Floppy Disk Prices

BUY IN QUANTITY AND SAVE!

<p>3 1/2" DSDD</p> <p>1.....1.99</p> <p>10.....17.90</p> <p>50.....80.00</p> <p>100.....150.00</p>	<p>5 1/4" DSDD</p> <p>1.....69¢</p> <p>10.....6.25</p> <p>50.....30.00</p> <p>100.....55.00</p>
---	--

EMU Computer Shop

EMU Downstairs M-F 9:00-7:00 SAT 10:00-5:00

New EMU location for the UO Bookstore Computer Shop