



For SPRING TERM 1987
UNIVERSITY OF OREGON
CONTINUATION CENTER
sponsors in association with
•Teacher Education
•Women's Studies
•Art Education
•Leisure Studies and Services

IMAGINE THAT!

Non-credit
 19:30-21:20 H, Apr 2 - May 14
 Instructor: Nancy Hopps
 276 Education
 Workshop fee: \$35



In a fun, supportive atmosphere, learn to use powerful visualization and reprogramming techniques as a basis for attaining deep relaxation, achieving specific personal goals, enhancing clarity and creativity, and maintaining a general sense of well-being. Register at the first session.

INTRODUCTION TO COMPUTER GRAPHICS APPLICATIONS

ARE 199 (03 credits) TLN 8001
 15:30-17:50 H
 Instructor: Mary Neiter
 138 Gilbert



Designed as an introduction to the field of computer graphics applications, this course exposes students to the rich programs and areas of study available at the University of Oregon. Topics include computer graphics in art and design, business, computer science, education, engineering and industry, journalism, mapping, medicine, and more. This lecture/presentation course features guest speakers and video and slide presentations. Register at Art Education, 251F Lawrence. (Listed in time schedule as Sp St Com Gra Ap)

WOMEN ON THE MOVE CONFERENCE CO-SPONSORED BY THE EUGENE CLINIC

May 7 - 8, 1987
 Eugene Conference Center
 One graduate/undergraduate credit is available for attending this two-day Conference and completing a written assignment.



The conference includes a kick-off dinner on Thursday, May 7, with a keynote address by Nancy Austin, coauthor of *A Passion For Excellence*. On Friday, May 8, the conference continues with a full day of activities including small group workshops on topics such as negotiating skills, public speaking and mastering criticism; keynote addresses by Seattle columnist and radio personality Jennifer James and Northwest consultant Alene Moris; exhibits; door prizes and more. For a brochure or additional information, please call The Eugene Clinic at 687-6050.



BODY IMAGE

WST 410M (02 credits) TLN 8138
 19:00-20:50 W
 Instructor: Barbara Weinstein
 151 Education
 Extra fee: \$35 UO students



The rise of eating disorders and the pursuit of thinness as an ideal for women are of vital interest today. This course places abnormal eating behaviors and attitudes toward the female body in a cultural context, drawing connections between circumstances of health, food supply, women's role in society, and stereotypes of beauty. Register at Women's Studies, 614 PLC.

ORGANIZATION AND MANAGEMENT OF OUTDOOR RECREATION SERVICES

LSS 410G (03 credits) TLN 8136
 8:30-9:20 MWF
 Instructor: Mel Jackson
 361 PLC
 Extra fee: \$40 UO students



This course is designed for persons interested in gaining knowledge and skills for organizing and managing outdoor recreation services. Beginning with the formulation of base plans and a solid philosophy for outdoor services, topics include needs, feasibility studies, goals and objectives, and fiscal processes; course content covers private, non-profit, public, and commercial sectors. Many ideas and hints are provided in liability and supervision, managing crisis situations, publicity, and evaluations. Special attention will be given to cooperating with resource managers, rules and regulations, communication processes, and keeping programs out of trouble. This course will include numerous case histories and audio visuals and will be loaded with reality. Register at Leisure Studies, 180 Esslinger.

PRACTICAL ART THERAPY

LSS 409G (03 credits) TLN 6037
 14:00-16:50 U
 Instructor: Leigh Files
 2 Agate
 Extra fee: \$35 UO students



An exciting approach to art therapy processes for everyday use. Become more successful in your personal and professional lives by learning effective ways to increase your innate creative abilities, enhance your self-expression, improve your interpersonal communication skills, and develop strategies for building successful relationships. Register at Leisure Studies, 180 Esslinger.

ART THERAPY MEDIA AND TECHNIQUES

LSS 408G (01 credit) TLN 8134
 9:00-17:20 Sa, Apr 25
 Instructor: Leigh Files
 152 Education
 Extra fee: \$25 UO students



Explore art therapy media and techniques for working with individuals and groups. Learn effective ways to develop rapport with clients, facilitate expression in children, improve relationship skills in adults, and adapt arts experiences for people with disabilities. Register at Leisure Studies, 180 Esslinger.

TOURISM: EVENT MANAGEMENT AND PRODUCTION

LSS 410G (03 credits) TLN 8135
 15:30-16:50 UH
 Instructors: Al Denfeld and Cynthia Wooten
 246 Gerlinger
 Extra fee: \$35 UO students

Learn the details of Special Events production and management from small fundraising activities to major festivals. This course includes hands-on projects, lectures, and a unique look at the special events and sports marketing industry nationwide. Register at Leisure Studies, 180 Esslinger.

SELF-HYPNOSIS

Non-credit
 19:30-21:20 W, Apr 8 - May 27
 Instructor: Ronna Friend
 117 Fenton
 Workshop fee: \$35



Learn to induce a state of self-hypnosis for relaxation, habit control, stress management, increased creativity, improved concentration or study habits, self-actualization, or dream awareness. Register at the first session.

BASIC TRAINING FOR THE THEATER

Non-credit
 19:00-21:50 H
 Instructor: Beatrice Harpham
 152 Education
 Workshop fee: \$75



This workshop covers the four main components of the theater: the play, voice, acting, and directing. Learn how to write and submit a good play, how to use the voice as an instrument, how to take advantage of the dynamics of the stage, and how to bring a play to life. Bea Harpham, a Shubert Award-winning playwright, has written four stage productions, including "The Priest," a play in verse that was awarded the Kurnitz Award in 1971. To preregister, call 686-3537.

MUSIC FOR PARENTS AND YOUNG CHILDREN

Non-credit
 10:00-10:40 U, Apr 21 - Jun 2
 105 Music
 Series fee: \$25 per family



Weekly sessions provide opportunities for parents and children ages six months to five years to share musical experiences with the assistance of University of Oregon music students. No musical experience is required. Emphasis is on teaching parents and children songs, games, and other music suitable for developing musicality in preschool children. To preregister, call 686-3797 or 686-3761. Class size will be limited.

INTRODUCTION TO MICROSOFT WORKS

CI 410G (03 credits) TLN 8667
 18:30-21:20 M
 Instructor: Keith Wetzel
 210 Lawrence
 Self-support tuition: \$204 credit, \$173 audit



This course focuses on the educational applications of a powerful integrated program for the MacIntosh, Microsoft Works, including word processing, database, spreadsheet, graphics, and communications. No prior computer experience is necessary for this hands-on course. Register at Continuation Center, 333 Oregon Hall.

For more information on these courses call the CONTINUATION CENTER at 686-3537 or stop by 1553 Moss Street

