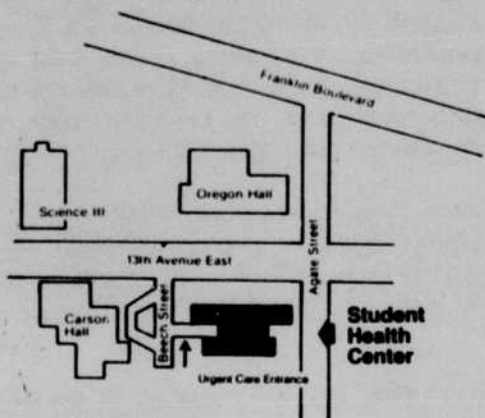


USE YOUR STUDENT HEALTH CENTER

Your Student Health Center - sponsor of the WELL NOW - offers health, medical, and dental care services to all fully registered students at the U of O. We encourage you to utilize our services and save yourself (or your parents) lots of money on your health care needs.

Hours of Service

Regular Clinic (M-F)	8:00am -4:30pm
Saturday Clinic	8:00am-Noon
Urgent Care (M-Sat)	8:00am-8:00pm
Sunday Urgent Care	Noon-8:00pm

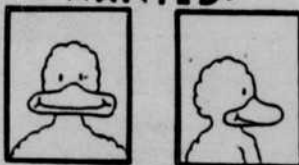


AIDS HOTLINE

800-342-AIDS

Provided TOLL-FREE by
the Public Health Service

WANTED:



(preferably alive!)

PRACTICUM STUDENTS

WANTED FOR: PRACTICUM EXPERIENCE IN THE
HEALTH EDUCATION CENTER
(Student Health Center)

DESCRIPTION: Anthropometric, interested in
health promotion

FAVORITE
RANGINGS: Just about anywhere, but
especially found on running
trails, in aerobic classes,
in health food stores, etc.
REMARKS: Hands-on experience in
health education, meeting
others with similar enthusiasm,
and more!

IF YOU HAVE INFORMATION LEADING TO THE WHERE-
ABOUTS OF THESE INDIVIDUALS, CONTACT:

JEFF THOMAS, KATE SCHUYLER OR LIZ GOEKE

at the

Lifestyle Planning Program

686-4401

*"Our fascination with the
more glamorous "pound of
cure" has tended to dazzle
us into ignoring the often
more effective "ounce of
prevention." -Jimmy Carter*



WELL NOW...

Published two times per quarter

KATE SCHUYLER
EDITORS: LIZ GOEKE
JEFF THOMAS

STUDENT HEALTH CENTER
UNIVERSITY OF OREGON
EUGENE, OR 97403
1-503-686-4401