

# Project New Hope gives alcoholics chance for fresh start

By Frale de Guzman  
Of the Emerald

"One thing about alcohol: It works. It may destroy a man's career, ruin his marriage, turn him into a zombie, unconscious in a hallway, but it works..."

— Charles Orson Gorham

Getting trashed or loaded over the weekend is fast becoming America's leading pastime.

"It's one of the most socially accepted ways of coping with problems in America," said Theresa, who asked that her real name not be used.

Television commercials show romantic pictures of people going into the Michelob night, but the harsher realities of alcohol dependency are never shown, said Theresa, a recovering

alcoholic whose parents also drank to relax.

"We don't show Burnside. We don't show the people sleeping in alleyways with newspapers over them," she said bitterly. "We didn't show my dad dead in the morning from an overdose of barbituates and alcohol."

Like her parents, Theresa turned to alcohol as a way of forgetting her problems and coping with the nightmare of living in an alcoholic home.

There are many like Theresa. A program now underway is offering a more affordable, less constrictive treatment for alcoholics. Many say it is saving their lives.

Project New Hope, offered

through Serenity Lane Treatment Center for Alcohol and Drug Abuse, 616 E. 16th Ave., first began in August 1985. It is a state-funded program for adults who are financially unable to meet regular treatment costs, said Hilary Larsen, the New Hope program coordinator. Lack of funds will not keep a person out of the New Hope program, she said.

Patients may pay anywhere from zero to \$600 a month when undergoing treatment through the New Hope program. Fees are based on the patient's ability to pay, Larsen said. This dollar amount is based on a sliding-fee scale that is determined by the patient's income and number of dependents.

"It's the most innovative program in the state," she said. "There is no other low-income outpatient care that also provides intensive outpatient services."

Theresa never planned to

follow in her parents' footsteps. "I wasn't going to be violent," she said. "I wasn't going to be grouchy. I was going to be a happy drunk. I wasn't going to be addicted."

"Alcohol made me feel like everything was OK," Theresa said. "Oh yeah... I wasn't going to let alcohol ruin my life."

At 25, Theresa could no longer deny her addiction to alcohol. After "hitting bottom," she learned of Project New Hope through her sister, who works as a counselor at Serenity Lane.

Patients admitted to the six-week program must be motivated towards recovery and must abstain from drugs and alcohol while in treatment, Larsen said.

They attend group sessions that meet four nights a week, Tuesdays through Thursdays. During these sessions, patients learn about alcohol dependency.

Patients are educated about alcoholism through lectures and films, Larsen said. In this format, group members can easier understand the stages of alcohol and drug addiction.

In addition to these four-hour-long group sessions, patients also must attend one Alcoholics Anonymous and Narcotics Anonymous meeting a week.

This struggle to conquer alcoholism forges a strong bond among group members.

"It's important for group members to feel safe and to know that the people will be understanding and not judgmental," said counselor Thelma Fipps.

Many patients, when they first enter the program, often deny a problem even exists, said Fipps. However, this behavior is not tolerated by group members. They quickly point out that maintaining a

Turn to Hope, Page 12

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## Two business majors among state's top 10

By Kathy Tryhorn  
Of the Emerald

Two University students have been selected by Oregon Business magazine as among the state's top 10 business students.

Senior Caitlin Cameron and graduate student Stephen Ellis are "outstanding examples" of business students who try harder and achieve more than most others do, magazine staff writer Ann Nauman said.

The magazine chose five graduate and five undergraduate students earlier this month. They will be featured in the April issue of Oregon Business.

Cameron, the ASUO vice president, said she always has been involved in leadership and organizational activities and believes this was instrumental in her selection for the award.

Following graduation, Cameron said she will consider enrolling in graduate school or applying for any job offers she might receive. She added that the Oregon Business award, as well as being personally fulfilling, will help in her job quest.

Ellis currently is pursuing a master's degree in business administration and is co-owner of Produce Row, a thriving restaurant in Portland's Old Town.

A native of Philadelphia, Ellis earned his

undergraduate degree at Penn State in 1976. He came to the University in 1985 after spending several years learning the restaurant business, experience he says has helped him in school.

After receiving his master's degree in June, Ellis hopes to get a supervisory position as a financial analyst somewhere in the Northwest.

He said the award made him "feel good inside," and compared it to the pleasure he felt when his peers at the business school chose him as Outstanding First-Year Student.

Although Ellis and Cameron have both maintained a 3.9 cumulative grade-point average at the University, they agree scholastic achievements are only a small part of what leads to a successful career.

"Students care a lot more about grades than employers do," Ellis said.

Cameron agreed. "With a 4.0 GPA and nothing else, you'd go nowhere fast."

The Oregon Business staff lacked any definite selection criteria when it originally decided to solicit nominations for the competition from five Oregon universities, Nauman said.

"We wanted to look at them beyond the strict definition of business, as an employer would," she said.

## Et al.

### MEETINGS

**Mortar Board** meets tonight at 6 in EMU Century Room F.

**Ad Club** will meet today at 3:30 in 177 Lawrence Hall. The speaker is Kevin Roddy, account executive at BBD&O in New York and a University graduate.

**The first organizational meeting** of the Coalition of Students for Equal Representation meets tonight at 6 in EMU Century Room D.

**Are you planning on being interviewed for a job** but are unsure of what to expect? Let the Career Planning and Placement Service help prepare you for the big interview. CPPS is offering an Interview Workshop today from 1:30 to 3 in Room 12 Hendricks Hall.

**College Republicans** will meet today at 5 in EMU Century Room F.

**Career Planning and Placement** will hold an orientation today at 2 in Room 237 Hendricks Hall. Come learn how CPPS can help you.

**Pacific Northwest Personnel Management Association** will hold a meeting today at 5 in Room 333 Gilbert Hall. Kurt Wilcox will speak on Easing Union/Management Tensions.

### LECTURES

Dr. Sam Miller of the Eugene School District will speak on "Computer-saturated Classrooms: Implementation and Findings of the Apple Classroom of Tomorrow" today at 4 in Room 121

Condon School.

**The Willamette World Affairs Council** will present a discussion on the Strategic Defense Initiative tonight at 7:30 in Harris Hall. Dr. John Mosely and Professor Peter Swan will analyze legal and other implications of SDI. For more information call 345-3367.

**Mark Neely**, a renowned historian of 19th-century America will present a lecture tonight at 7:30 in 129 Law Center. Topic of the lecture is "Lincoln and the Constitution: The Fate of Civil Liberties in Times of Total War."

**The Undergraduate Economics Association** presents "The Problems that Arise with Trade," a discussion led by Dr. Siegal and Dr. Smith tonight at 6:30 in EMU Century Room A.

**The University Outdoor Program** will present a video, "Rollin' with Nolan," today at 12:30. For more information, call 686-4365.

### MISCELLANEOUS

**Applications are being accepted** for 13 positions in the 4-H department of the Oregon State Fair in Salem. Applications and job descriptions are available from Lyla Houghlum, Ballard Extension Hall 105, Corvallis, 97331.

**The IFC will discuss** the following groups at its budget hearing tonight beginning at 7: the International Studies Association and the Mediation Program.