

Support groups give students chance to share problems

By **Tonnie Dakin**
Of the Emerald

Groups for students that cover a variety of problems ranging from eating disorders to sexuality are being offered this term by the University Counseling Center.

The groups started fall term of 1986 as an alternative to one-on-one counseling, said Carolin Keutzer, a counselor at the health center and supervisor of all the groups.

"Because of the interaction that goes on, often there is a much greater impact on the person because they are getting information from seven, eight or nine people rather than just from one person," Keutzer said. "Also, there's a chance to try out new behaviors in a non-threatening environment."

Some groups like the Eating Disorders group and the Adult Abuse group have members who share common problems and experiences, Keutzer said.

"For many people, bringing up problems and hearing that other people accept them... can be terribly validating," said Suzanne Gascoyne, another health center counselor and co-leader of an Interpersonal Therapy Group.

"Groups can serve as a testing

ground, so (participants) can not just think about, but actually put into action the first tenuous steps that we all take when we're trying out something new," she said.

The groups all are led by trained professionals whose role is to be the protector of each participant, Keutzer said.

"Part of the facilitator's role is to be there and make sure the atmosphere is a healthy one," Gascoyne said. "Clients are not made to disclose that which they are not ready to disclose. They are encouraged to share what is relevant to their goals when they come in," she said.

"People are given opportunities to take some steps and to grow, and I don't think at any time are they coerced or forced to do that," she said.

To join a group, a student needs to call the counseling center and discuss which group they think is suited to their needs, said Donna Franklin, the receptionist at the health center. The student then has a private screening with the group leader.

The purposes of the screening are to deal with concerns of the potential participant, to make the participant aware of the issues to be discussed in the group and to make sure that the

participant's needs will be served, Gascoyne said.

"It's also an important time to touch base with the person and have them know who the facilitators will be," she said.

Most groups last one term and consist of about six to eight people. If a group fills up, students can be put on a waiting list, Keutzer said.

There have been support groups at the University since the 1960s, but the types of groups have changed since then, Keutzer said. There used to be more encounter groups, but now groups are focused on more specific problems, she said.

"Some issues that we cover are timely issues, societal issues in general," Gascoyne said. "There's much less focus on encountering."

The groups that were started were based on past demand, expertise of the counselors and contemporary issues, she said.

Most of the groups include both men and women, except for Women's Issues, Women Who Love Too Much, and Women and Relationships, which are only for women, and Sexual Identity Exploration, which is solely for men.

Many of the groups will fit people who have a variety of concerns, Gascoyne said.

"The way I think about it, there are a limited amount of human themes... a variety of the groups can serve as vehicles, either directly or indirectly, for a lot of different problems," she said.

There is no charge for the groups, which are funded by the ASUO as part of the incidental fees budget, and by the state.

The groups are strictly confidential, Keutzer stressed.

Groups include the Non-chemical Support Group, for individuals who want to learn nonchemical coping skills; Adult Children of Troubled Homes, for individuals who came from homes where there was alcohol or drug abuse; and the Interpersonal Therapy Group, for individuals who want to understand and resolve personal concerns.

Mexican film amiably examines relationships — with a twist

By **Sean Axmaker**
Of the Emerald

Certainly one of the biggest films to come out of Mexico in years, "Dona Herlinda and Her Son" is a perceptive, amiable comedy that eyes the machinations of a woman who manages to get it all for her son, even when "all" consists of a young male lover, a wife from a good family and a child.

"Dona Herlinda and Her Son," a film by Jaime Humberto Hermosillo, is a love story with a twist. Dona Herlinda (Guadalupe Del Toro) is a mother who merely wants her son Rodolfo (Marco Antonio Trevino) to be happy. To those ends she subtly encourages his relationship with young music student Ramon (Arturo Meza) to the point of inviting Ramon to move in with them and share her son's room.

Meanwhile, Herlinda works on marrying Rodolfo off to a nice woman from a good family. As Rodolfo is a good catch himself (he is a successful pediatric neurosurgeon, quite good-looking and a likable, thoughtful man), she has no trouble finding Olga (Leticia Lupersio), who accompanies the three on their weekend trips. Ever the thoughtful son, Rodolfo gives in to his mother's wishes and dates Olga, although Ramon barely can conceal his jealousy.

Here mama makes her presence felt, comforting Ramon like a son, taking him to the

movies and treating him to dinners while Rodolfo and Olga are together, yet never interrupting her son's homosexual tryst while he and Ramon are together.

Herlinda is quite a character. A good-natured mother hen, she quite nicely manipulates Rodolfo, Ramon and Olga into one big happy family where she, quite naturally, takes her position as the understated matriarch.

It is her likability and thoughtfulness that gets her by as she cajoles, pampers, jokes and small-talks her way around everyone from Ramon's disgruntled parents, who suddenly arrive with rumors of their son's shameful relationship spinning through their heads, to Olga's upright family, who remain quite oblivious to Ramon and Rodolfo's still-potent love.

Del Toro makes a strong acting debut as Herlinda, showing compassion while she works out her plans, careful not to hurt anyone while carving out a niche of respectability for her son and a family for herself.


"Dona Herlinda and Her Son" is a real surprise, a film that affectionately draws its characters and tenderly portrays their relationships. And that's no mean feat when the central love is between two men who show it as often as they can.

"Dona Herlinda and Her Son" starts tonight at Cinema 7.

emu
SKYLIGHT REFECTORY
CALZONE
Beef/Vegetarian
\$1.95
OPEN FOR LUNCH
10:30-2:30 M-Th
OPEN EVENINGS
5pm-10pm M-Th
Specialty Coffees, Snacks
Come On Up!


University SUNNY SERVICE
Foreign & Domestic Cars
Specializing in Volvo and Volkswagen
• Major & Minor Repairs
• ASE Certified Technicians
1905 Agate St. • 344-0869
Just a few blocks from campus on the corner of Agate and 19th

YEAH! Something to Shout About!
\$1.00 OFF MEDIUM PIZZA
TRACK TOWN PIZZA
484-2799 • 1809 Franklin Blvd.
Not good with any other offer. Offer expires 1/23/87. One coupon per customer.

Catalyst Films presents...
Fear and Loathing returns to Eugene!
WHERE THE BUFFALO ROAM
THE MOVIE BASED ON THE NOVEL BY *Hunter S. Thompson*

"I hate to advocate weird chemicals, alcohol, violence or insanity to anyone but they've always worked for me"
"WHERE THE BUFFALO ROAM"
PETER BOYLE • BILL MURRAY as Dr. Hunter S. Thompson
Music by NEIL YOUNG
Friday January 16 7:30 & 9:30pm
150 GEOLOGY U of O Campus
Admission: \$2.00 adults/\$1.00 kids

The STUDENT: Perfect for any student.

- Ergonomically designed keyboard for comfort
- Portable with handle and lid case
- 40 characters of correction memory
- Relocation key for quick positioning after correcting
- Forward and reverse Index
- Automatic carriage return, underscore, centering
- 22 characters of buffer memory for fast typing spurts
- Keyboard II to access 10 nonstandard characters (bullet itemizing, footnotes, etc.)
- Micro Indexing
- Options: Spell Proof, computer printer

swintec CORPORATION
\$299 or rent-to-own for only \$25 per month.
OREGON TYPEWRITER CO.
30 E. 11th, Eugene, Oregon 342-2463