

B16 ASUO COURSE GUIDE

PREREQUISITES: Volleyball I or equivalent

SPECIAL FEES: \$20.00

DESCRIPTION: Review and refine your basic skills. Game play develops the transition from offense to defense. This course builds the foundation for multiple offensive and defensive systems.

PE-T 295 BASKETBALL II (1)

AVERAGE CLASS SIZE: 26

PREREQUISITES: Basketball I or equivalent

SPECIAL FEES: \$20.00

DESCRIPTION: Sharpen your basketball skills and get back into shape at the same time. Enjoy a review of the basics while participating in game play.

PE-T 297 SOCCER INDOOR II (1)

AVERAGE CLASS SIZE: 26

PREREQUISITES: Soccer Indoor I

SPECIAL FEES: \$20.00

DESCRIPTION: Refinement of basic skills and more! Learn aspects of combined play between players. Game involvement develops team strategies and increases knowledge of rules.

PE-T 394 VOLLEYBALL III (1)

AVERAGE CLASS SIZE: 26

PREREQUISITES: Volleyball II or equivalent

SPECIAL FEES: \$20.00

DESCRIPTION: This course is for the player competent in the skills of serving, passing, and spiking. Playing skills emphasized at this level are individual offensive systems and defensive techniques as well as team patterns and strategies.

PE-T 395 BASKETBALL III (1)

AVERAGE CLASS SIZE: 26

PREREQUISITES: Basketball II or equivalent

SPECIAL FEES: \$20.00

DESCRIPTION: Do you have sound basketball skills and fundamentals? If so, then enjoy some hoops with other good players while learning fastbreak, defensive and team strategies applied during social competition.

Professional Courses

HDEV 392 PRINCIPLES OF OUTDOOR LEADERSHIP (3)

Blanchard, 172 GRX

MEETS: 15:00-16:50 U

FORMAT: Lecture/Discussion/Outings

AVERAGE CLASS SIZE: 15

WEEKLY READING: 30 Pages

PREREQUISITES: Considerable backpacking experience including camping in cold weather and snow, plus at least some experience in teaching. The teaching does not have to be in outdoor activities.

READINGS: Blanchard and Ford, LEADERSHIP AND ADMINISTRATION OF OUTDOOR PURSUITS

DESCRIPTION: This is the central course in the Outdoor Pursuits Leadership Certification Program. The topics range from pre-trip planning and logistics to specific field leadership techniques. The

outings consist of a three day trip during Winter quarter that includes rigorous survival training, and a second outing that focuses on teaching techniques. The second trip may be taken in any term up to one calendar year later.

PEP 410G SPORT MANAGEMENT CONCEPTS (3)

Sisley, 170 GRX

MEETS: 12:30-13:50 UH

FORMAT: Lecture/Discussion

AVERAGE CLASS SIZE: 20

WEEKLY READING: 30-40 Pages

PREREQUISITES: Upper Division

EVALUATION: 10%-Project; 10%-Class Participation; 20%-Homework; 25%-Paper; 15%-Midterm; 20%-Final

READINGS: Chellachirai, SPORT MANAGEMENT MACRO PERSPECTIVES; Sisley, SPORT MANAGEMENT CONCEPTS, A COLLECTION OF READINGS

DESCRIPTION: This course covers, through reading assignments, written projects, guest speakers, and class discussion, the application of administrative theory to sport management. Major emphasis is placed on the basic functions within the administrative process, with specific application to the business, agency and institutional setting. Attention will be given to selected sport management issues.

COMMENTS: This course has gone through major revisions since it was last taught, in Winter 1985. It is required for physical education students in fitness management and sports management. Upper division students in other majors across the campus may elect the course.

Dance

DS 170 MODERN DANCE I (1)

Nelson or Heller, 230 Gerlinger

MEETS: 13:30-14:20 MW or 15:30-16:30 UH, 219 Gerlinger

FORMAT: Studio

AVERAGE CLASS SIZE: 20

SPECIAL FEES: \$20.00

EVALUATION: 75%-Attendance; 25%-Attitude/Effort

DESCRIPTION: If modern dance is not what you do when you go out dancing or what you see on "Solid Gold" what is it? Well, like ballet it is a performance dance form but modern dance encourages a freer use of the body and makes more allowances for variations in body types. Since its birth in the early part of the 20th century, modern dance has encouraged experimentation and personal expression. Come out of hibernation and let your mind and body become reacquainted this term.

COMMENTS: In class you will work on developing basic movement skills and your body's expressive range while increasing strength, flexibility, and coordination. No previous dance experience is required.

DS 172 BALLET I (1)

Werner

MEETS: 3:30 MW, 354 GRX

FORMAT: Studio/Lab

AVERAGE CLASS SIZE: 20

EVALUATION: 15%-Vocabulary Quiz; 20%-Skills Evaluation; 65%-Attendance

DESCRIPTION: This basic beginning ballet class provides an introduction and exploration of the basic vocabulary (physical and verbal) of "classical ballet" through the execution of barre and center floor exercises. Emphasis is on proper body alignment, on awareness of the origin of "turn-out" and its relation to the use of the hips, legs, and feet, on the carriage of the head and arms, and building strength and flexibility.

COMMENTS: No previous experience is necessary. Ballet slippers are required. Other sections of ballet I are available at different times with different instructors--please consult class schedule.

DS 175 JAZZ DANCE I (1)

Nelson, 230 Gerlinger

MEETS: 12:30 MW, 353 GRX; 3:30 UH, 353 GRX; 19:30 UE, 354 GRX

FORMAT: Studio

AVERAGE CLASS SIZE: 25-30

SPECIAL FEES: \$20 activity fee; \$25.00 for non-students

EVALUATION: 5%-Improvement; 5%-Attitude; 15%-Effort; 75%-Attendance

DESCRIPTION: Get down and groove to the funky rhythms of Jazz Dance! Discover the joy of high energy jazz movement which has its roots in African, disco, ethnic, and show dance. We will combine the introductory dance vocabulary with strengthening exercises, body stretches, isolations, center floor combinations, traveling, jumping and leaping, patterns, and a warm down. Students must wear comfortable dance attire which allows for complete freedom of movement. This class is designed for people with little or no dance experience.

DS 176 TAP I (1)

Werner

MEETS: 12:30 UH, 219 Gerlinger

FORMAT: Studio/Lab

AVERAGE CLASS SIZE: 12-25

EVALUATION: 15%-Project; 65%-Attendance; 20%-Final

DESCRIPTION: Tap, cl-ap, fl-ap, snuffle, and hop your way to happiness! TAP I is a very basic, beginning tap class--the emphasis is on learning basic tap steps and vocabulary and putting it all together in fun combinations. Tapping is a good way to burn off stress and extra calories--it is an aerobic, exhilarating, and self-expressive workout.

COMMENTS: Since the sounds made while tapping are important, tap shoes are required. If you wish, you may purchase clc, thick-soled shoes and have taps put on them.

DS 179 BALKAN FOLK DANCE (1)

Collen, 167 GRX

MEETS: 15:30-16:20 UH, 350 GRX

FORMAT: Lab

AVERAGE CLASS SIZE: 15

SPECIAL FEES: \$20.00

EVALUATION: 25%-2 Quizzes; 75%-Attendance

READINGS: On Reserve

DESCRIPTION: In this course students will be introduced to folk dances from Croatia, Serbia, Romania, Bulgaria, Macedonia, and Greece. We will begin with simpler and progress to more complex dances.